

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

फरवरी 2026
February 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 फरवरी 2026 Sunday, 01 February 2026			
General Awareness Programme	Personal Safety	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
Creative Activities: Art/Craft	Monkey Acrobat	English	12:15 AM 02:15 AM 04:16 AM 06:16 AM 08:16 AM 10:16 AM 12:17 PM 02:17 PM 04:17 PM 06:17 PM 08:18 PM 10:18 PM
General	What is Science?	English	12:17 AM 02:17 AM 04:17 AM 06:17 AM 08:18 AM 10:18 AM 12:18 PM 02:18 PM 04:19 PM 06:19 PM 08:19 PM 10:20 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:35 AM 02:35 AM 04:35 AM 06:35 AM 08:36 AM 10:36 AM 12:36 PM 02:37 PM 04:37 PM 06:37 PM 08:37 PM 10:38 PM
Cold Wave	Clod Wave - Preparation	हिन्दी	12:56 AM 02:56 AM 04:57 AM 06:57 AM 08:57 AM 10:57 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:59 PM 10:59 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/hindi	12:57 AM 02:58 AM 04:58 AM 06:58 AM 08:58 AM 10:59 AM 12:59 PM 02:59 PM 05:00 PM 07:00 PM 09:00 PM 11:00 PM



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Story Telling/ Value Education	बबलू की नाव	Hindi	01:05 AM 03:05 AM 05:05 AM 07:05 AM 09:06 AM 11:06 AM 01:06 PM 03:06 PM 05:07 PM 07:07 PM 09:07 PM 11:07 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:27 PM 03:28 PM 05:28 PM 07:28 PM 09:28 PM 11:29 PM
सोमवार, 02 फरवरी 2026 Monday, 02 February 2026			
General Awareness Programme	रौशनी और रंग	Hindi	12:00 AM 01:22 AM 02:44 AM 04:06 AM 05:29 AM 06:51 AM 08:13 AM 09:35 AM 10:58 AM 12:20 PM 01:42 PM 03:04 PM 04:27 PM 05:49 PM 07:11 PM 08:33 PM 09:56 PM 11:18 PM
General	Safe Use of Internet	Hindi	12:17 AM 01:39 AM 03:01 AM 04:23 AM 05:46 AM 07:08 AM 08:30 AM 09:52 AM 11:15 AM 12:37 PM 01:59 PM 03:21 PM 04:44 PM 06:06 PM 07:28 PM 08:50 PM 10:13 PM 11:35 PM
General	गांधी जयंती	Hindi	12:23 AM 01:45 AM 03:07 AM 04:30 AM 05:52 AM 07:14 AM 08:36 AM 09:59 AM 11:21 AM 12:43 PM 02:05 PM 03:28 PM 04:50 PM 06:12 PM 07:34 PM 08:57 PM 10:19 PM 11:41 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:27 AM 01:49 AM 03:11 AM 04:33 AM 05:56 AM 07:18 AM 08:40 AM 10:02 AM 11:25 AM 12:47 PM 02:09 PM 03:31 PM 04:54 PM 06:16 PM 07:38 PM 09:00 PM 10:23 PM 11:45 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	हिन्दी	12:49 AM 02:11 AM 03:33 AM 04:56 AM 06:18 AM 07:40 AM 09:02 AM 10:25 AM 11:47 AM 01:09 PM 02:31 PM 03:54 PM 05:16 PM 06:38 PM 08:00 PM 09:23 PM 10:45 PM



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General	Health and Sanitisation	Hindi	12:51 AM 02:13 AM 03:35 AM 04:57 AM 06:20 AM 07:42 AM 09:04 AM 10:26 AM 11:49 AM 01:11 PM 02:33 PM 03:55 PM 05:18 PM 06:40 PM 08:02 PM 09:24 PM 10:47 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	12:57 AM 02:20 AM 03:42 AM 05:04 AM 06:26 AM 07:49 AM 09:11 AM 10:33 AM 11:55 AM 01:18 PM 02:40 PM 04:02 PM 05:24 PM 06:47 PM 08:09 PM 09:31 PM 10:53 PM
मंगलवार, 03 फरवरी 2026 Tuesday, 03 February 2026			
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/hindi	12:00 AM 02:05 AM 04:11 AM 06:16 AM 08:22 AM 10:27 AM 12:33 PM 02:39 PM 04:44 PM 06:50 PM 08:55 PM 11:01 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	हिन्दी	12:16 AM 02:21 AM 04:27 AM 06:32 AM 08:38 AM 10:44 AM 12:49 PM 02:55 PM 05:00 PM 07:06 PM 09:11 PM 11:17 PM
General	E-Waste Management: Block 1	English	12:16 AM 02:22 AM 04:28 AM 06:33 AM 08:39 AM 10:44 AM 12:50 PM 02:55 PM 05:01 PM 07:07 PM 09:12 PM 11:18 PM
General	E-Waste Management: Block 5	English	12:29 AM 02:34 AM 04:40 AM 06:45 AM 08:51 AM 10:57 AM 01:02 PM 03:08 PM 05:13 PM 07:19 PM 09:24 PM 11:30 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	12:52 AM 02:57 AM 05:03 AM 07:08 AM 09:14 AM 11:20 AM 01:25 PM 03:31 PM 05:36 PM 07:42 PM 09:48 PM 11:53 PM
General Awareness Programme	रौशनी और रंग	Hindi	01:09 AM 03:15 AM 05:20 AM 07:26 AM 09:31 AM 11:37 AM 01:42 PM 03:48 PM 05:54 PM 07:59 PM 10:05 PM



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General	Safe Use of Internet	Hindi	01:25 AM 03:30 AM 05:36 AM 07:42 AM 09:47 AM 11:53 AM 01:58 PM 04:04 PM 06:10 PM 08:15 PM 10:21 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:31 AM 03:37 AM 05:42 AM 07:48 AM 09:53 AM 11:59 AM 02:05 PM 04:10 PM 06:16 PM 08:21 PM 10:27 PM
बुधवार, 04 फरवरी 2026 Wednesday, 04 February 2026			
General	Air pollution - I	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:07 PM 10:08 PM
General English	Episode 12 Disagreeing 1	English	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:29 AM 10:30 AM 12:30 PM 02:31 PM 04:32 PM 06:33 PM 08:34 PM 10:34 PM
General	I will work & work with courage	English	12:40 AM 02:40 AM 04:41 AM 06:42 AM 08:43 AM 10:43 AM 12:44 PM 02:45 PM 04:46 PM 06:47 PM 08:47 PM 10:48 PM
General	Air pollution - II	English	12:42 AM 02:43 AM 04:44 AM 06:45 AM 08:46 AM 10:46 AM 12:47 PM 02:48 PM 04:49 PM 06:49 PM 08:50 PM 10:51 PM
General	Values and Types of Wetlands Part -2	English	01:12 AM 03:13 AM 05:14 AM 07:15 AM 09:15 AM 11:16 AM 01:17 PM 03:18 PM 05:19 PM 07:19 PM 09:20 PM 11:21 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	हिन्दी	01:20 AM 03:21 AM 05:22 AM 07:23 AM 09:23 AM 11:24 AM 01:25 PM 03:26 PM 05:27 PM 07:27 PM 09:28 PM 11:29 PM



General	आओ सैर करें - नालंदा	Hindi	01:21 AM 03:22 AM 05:23 AM 07:24 AM 09:24 AM 11:25 AM 01:26 PM 03:27 PM 05:28 PM 07:28 PM 09:29 PM 11:30 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:28 AM 07:29 AM 09:29 AM 11:30 AM 01:31 PM 03:32 PM 05:32 PM 07:33 PM 09:34 PM 11:35 PM
बृहस्पतिवार, 05 फरवरी 2026 Thursday, 05 February 2026			
General	E-Waste Management: Block 4.1	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM
Vocational Video	Changing tap washer	English/hindi	12:16 AM 02:16 AM 04:17 AM 06:17 AM 08:18 AM 10:18 AM 12:19 PM 02:19 PM 04:20 PM 06:20 PM 08:20 PM 10:21 PM
General	Air pollution - II	English	12:23 AM 02:23 AM 04:24 AM 06:24 AM 08:25 AM 10:25 AM 12:26 PM 02:26 PM 04:26 PM 06:27 PM 08:27 PM 10:28 PM
General Awareness Programme	Personal Safety	English	12:50 AM 02:51 AM 04:51 AM 06:52 AM 08:52 AM 10:53 AM 12:53 PM 02:53 PM 04:54 PM 06:54 PM 08:55 PM 10:55 PM
Creative Activities: Art/Craft	Aero Bird - An Elegant Flapping Bird Of Paradise	English	01:05 AM 03:05 AM 05:06 AM 07:06 AM 09:06 AM 11:07 AM 01:07 PM 03:08 PM 05:08 PM 07:09 PM 09:09 PM 11:09 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	01:07 AM 03:08 AM 05:08 AM 07:09 AM 09:09 AM 11:09 AM 01:10 PM 03:10 PM 05:11 PM 07:11 PM 09:12 PM 11:12 PM
General English	Episode 1 Greeting a Friend	English	01:08 AM 03:09 AM 05:09 AM 07:10 AM 09:10 AM 11:10 AM 01:11 PM 03:11 PM 05:12 PM 07:12 PM 09:13 PM 11:13 PM



Creative Activities: Art/Craft	Origami (Kaga3 Kala)-5	Hindi	01:16 AM 03:17 AM 05:17 AM 07:18 AM 09:18 AM 11:19 AM 01:19 PM 03:19 PM 05:20 PM 07:20 PM 09:21 PM 11:21 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:28 AM 11:28 AM 01:28 PM 03:29 PM 05:29 PM 07:30 PM 09:30 PM 11:31 PM
शुक्रवार, 06 फरवरी 2026 Friday, 06 February 2026			
General Awareness Programme	Migratory Birds	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:04 PM
Physical Education	प्राणायाम और ध्यान	Hindi	12:03 AM 02:04 AM 04:04 AM 06:05 AM 08:05 AM 10:05 AM 12:06 PM 02:06 PM 04:07 PM 06:07 PM 08:08 PM 10:08 PM
General	E-Waste Management: Film 4	English	12:34 AM 02:34 AM 04:35 AM 06:35 AM 08:36 AM 10:36 AM 12:37 PM 02:37 PM 04:37 PM 06:38 PM 08:38 PM 10:39 PM
Vocational Video	Identification of trees	English/hindi	12:46 AM 02:47 AM 04:47 AM 06:47 AM 08:48 AM 10:48 AM 12:49 PM 02:49 PM 04:50 PM 06:50 PM 08:51 PM 10:51 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	12:57 AM 02:57 AM 04:57 AM 06:58 AM 08:58 AM 10:59 AM 12:59 PM 03:00 PM 05:00 PM 07:01 PM 09:01 PM 11:01 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-2	Hindi	12:57 AM 02:58 AM 04:58 AM 06:59 AM 08:59 AM 11:00 AM 01:00 PM 03:01 PM 05:01 PM 07:02 PM 09:02 PM 11:02 PM



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General English	Episode 4 Meeting People: Pleased to meet you	English	01:12 AM 03:13 AM 05:13 AM 07:14 AM 09:14 AM 11:15 AM 01:15 PM 03:16 PM 05:16 PM 07:17 PM 09:17 PM 11:17 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:28 AM 11:28 AM 01:29 PM 03:29 PM 05:29 PM 07:30 PM 09:30 PM 11:31 PM
शनिवार, 07 फरवरी 2026 Saturday, 07 February 2026			
Vocational Video	Plumbing Tools	English/hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:06 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:15 AM 02:16 AM 04:16 AM 06:17 AM 08:17 AM 10:18 AM 12:18 PM 02:19 PM 04:19 PM 06:20 PM 08:21 PM 10:21 PM
General	Vakrasana	English	12:32 AM 02:33 AM 04:33 AM 06:34 AM 08:34 AM 10:35 AM 12:35 PM 02:36 PM 04:36 PM 06:37 PM 08:38 PM 10:38 PM
General	Pawanmuktasana	English	12:35 AM 02:36 AM 04:37 AM 06:37 AM 08:38 AM 10:38 AM 12:39 PM 02:39 PM 04:40 PM 06:40 PM 08:41 PM 10:42 PM
Vocational Video	Changing tap washer	English/hindi	12:39 AM 02:39 AM 04:40 AM 06:40 AM 08:41 AM 10:41 AM 12:42 PM 02:42 PM 04:43 PM 06:43 PM 08:44 PM 10:45 PM
General Awareness Programme	Migratory Birds	English	12:45 AM 02:46 AM 04:47 AM 06:47 AM 08:48 AM 10:48 AM 12:49 PM 02:49 PM 04:50 PM 06:50 PM 08:51 PM 10:51 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:48 AM 02:48 AM 04:49 AM 06:50 AM 08:50 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:54 PM



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General Awareness Programme	भोजन यात्रा- ग्रास से विकास तक	Hindi	12:49 AM 02:49 AM 04:50 AM 06:50 AM 08:51 AM 10:51 AM 12:52 PM 02:53 PM 04:53 PM 06:54 PM 08:54 PM 10:55 PM
General	Gender Equality	English	01:01 AM 03:01 AM 05:02 AM 07:02 AM 09:03 AM 11:03 AM 01:04 PM 03:05 PM 05:05 PM 07:06 PM 09:06 PM 11:07 PM
Vocational Video	Identification of trees	English/hindi	01:08 AM 03:08 AM 05:09 AM 07:09 AM 09:10 AM 11:11 AM 01:11 PM 03:12 PM 05:12 PM 07:13 PM 09:13 PM 11:14 PM
Story Telling/ Value Education	Story Telling: Meena - 12 I am Meena	Hindi	01:18 AM 03:19 AM 05:19 AM 07:20 AM 09:20 AM 11:21 AM 01:22 PM 03:22 PM 05:23 PM 07:23 PM 09:24 PM 11:24 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:36 AM 03:36 AM 05:37 AM 07:37 AM 09:38 AM 11:38 AM 01:39 PM 03:39 PM 05:40 PM 07:41 PM 09:41 PM 11:42 PM
रविवार, 08 फरवरी 2026 Sunday, 08 February 2026			
General	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
General	E-Waste Management: Block 3	English	12:07 AM 02:08 AM 04:08 AM 06:08 AM 08:08 AM 10:08 AM 12:08 PM 02:08 PM 04:08 PM 06:08 PM 08:08 PM 10:08 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:26 PM 10:26 PM
General Awareness Programme	Life cycle of a Plant	Hindi	12:26 AM 02:26 AM 04:26 AM 06:27 AM 08:27 AM 10:27 AM 12:27 PM 02:27 PM 04:27 PM 06:27 PM 08:27 PM 10:27 PM



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General Awareness Programme	Personal Safety	English	12:43 AM 02:43 AM 04:43 AM 06:43 AM 08:43 AM 10:43 AM 12:43 PM 02:43 PM 04:43 PM 06:43 PM 08:43 PM 10:43 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:57 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:57 PM 10:57 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	01:21 AM 03:22 AM 05:22 AM 07:22 AM 09:22 AM 11:22 AM 01:22 PM 03:22 PM 05:22 PM 07:22 PM 09:22 PM 11:22 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:35 AM 03:35 AM 05:35 AM 07:35 AM 09:35 AM 11:35 AM 01:35 PM 03:35 PM 05:35 PM 07:35 PM 09:35 PM 11:35 PM
सोमवार, 09 फरवरी 2026 Monday, 09 February 2026			
Vocational Video	Plumbing Tools	English/hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:15 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM
Cold Wave	Coldwave – Do's and don'ts of a cold wave for people residing in hilly regions	English	12:32 AM 02:32 AM 04:32 AM 06:32 AM 08:32 AM 10:32 AM 12:32 PM 02:32 PM 04:32 PM 06:32 PM 08:32 PM 10:32 PM
Physical Education	प्राणायाम और ध्यान	Hindi	12:33 AM 02:33 AM 04:33 AM 06:33 AM 08:33 AM 10:33 AM 12:33 PM 02:33 PM 04:33 PM 06:33 PM 08:33 PM 10:33 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:04 AM 03:04 AM 05:04 AM 07:04 AM 09:04 AM 11:04 AM 01:04 PM 03:04 PM 05:04 PM 07:04 PM 09:04 PM 11:04 PM



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Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:25 PM
General English	Episode 5 Giving Advice 1	English	01:45 AM 03:45 AM 05:45 AM 07:45 AM 09:45 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:45 PM 09:45 PM 11:45 PM
Creative Activities: Art/Craft	Which Holds More	English	01:58 AM 03:58 AM 05:58 AM 07:58 AM 09:58 AM 11:58 AM 01:58 PM 03:58 PM 05:59 PM 07:59 PM 09:59 PM 11:59 PM
मंगलवार, 10 फरवरी 2026 Tuesday, 10 February 2026			
General	जादुई किताब	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:08 PM 08:09 PM 10:09 PM
General Awareness Programme	Life cycle of a Plant	Hindi	12:17 AM 02:18 AM 04:18 AM 06:19 AM 08:20 AM 10:21 AM 12:22 PM 02:23 PM 04:24 PM 06:25 PM 08:26 PM 10:27 PM
Physical Education	योग - त्रिकोणासन	Hindi	12:33 AM 02:34 AM 04:35 AM 06:36 AM 08:37 AM 10:37 AM 12:38 PM 02:39 PM 04:40 PM 06:41 PM 08:42 PM 10:43 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	12:49 AM 02:50 AM 04:51 AM 06:52 AM 08:53 AM 10:54 AM 12:55 PM 02:56 PM 04:56 PM 06:57 PM 08:58 PM 10:59 PM
General	Parts of Flower	English/hindi	01:24 AM 03:25 AM 05:26 AM 07:27 AM 09:28 AM 11:29 AM 01:30 PM 03:31 PM 05:32 PM 07:33 PM 09:33 PM 11:34 PM
Physical Education	चक्रासन	Hindi	01:30 AM 03:30 AM 05:31 AM 07:32 AM 09:33 AM 11:34 AM 01:35 PM 03:36 PM 05:37 PM 07:38 PM 09:39 PM 11:39 PM



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Cold Wave	Cold Wave - Chilblains	हिन्दी	01:42 AM 03:43 AM 05:44 AM 07:44 AM 09:45 AM 11:46 AM 01:47 PM 03:48 PM 05:49 PM 07:50 PM 09:51 PM 11:52 PM
Story Telling/ Value Education	Khel Khel Main Animation	Hindi	01:43 AM 03:44 AM 05:45 AM 07:46 AM 09:46 AM 11:47 AM 01:48 PM 03:49 PM 05:50 PM 07:51 PM 09:52 PM 11:53 PM
General English	Episode 7 Making Requests 1	English	01:49 AM 03:50 AM 05:51 AM 07:52 AM 09:53 AM 11:54 AM 01:55 PM 03:56 PM 05:57 PM 07:57 PM 09:58 PM 11:59 PM
बुधवार, 11 फरवरी 2026 Wednesday, 11 February 2026			
General English	Episode 4 Meeting People: Pleased to meet you	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
General	जादुई किताब	Hindi	12:19 AM 02:20 AM 04:20 AM 06:20 AM 08:20 AM 10:20 AM 12:20 PM 02:20 PM 04:20 PM 06:20 PM 08:20 PM 10:20 PM
General Awareness Programme	Levers Around Us	English	12:35 AM 02:35 AM 04:36 AM 06:36 AM 08:36 AM 10:36 AM 12:36 PM 02:36 PM 04:36 PM 06:36 PM 08:36 PM 10:36 PM
General	Gender Equality	Hindi	12:43 AM 02:43 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:44 PM 06:44 PM 08:44 PM 10:44 PM
General	Values and Types of Wetlands Part -1	English	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:51 PM 04:51 PM 06:51 PM 08:52 PM 10:52 PM
Vocational Video	Ten plants for home decoration	English/hindi	12:57 AM 02:58 AM 04:58 AM 06:58 AM 08:58 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:58 PM 10:58 PM



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Dish TV Channel #2029

General	Air pollution - II	English	01:11 AM 03:11 AM 05:11 AM 07:11 AM 09:11 AM 11:11 AM 01:12 PM 03:12 PM 05:12 PM 07:12 PM 09:12 PM 11:12 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान वरिष्ठ नागरिक क्या करें - क्या ना करें	हिन्दी	01:36 AM 03:36 AM 05:36 AM 07:36 AM 09:36 AM 11:36 AM 01:36 PM 03:36 PM 05:37 PM 07:37 PM 09:37 PM 11:37 PM
Story Telling/ Value Education	Story Telling: Meena - 10 Take care of Girl	Hindi	01:37 AM 03:37 AM 05:37 AM 07:37 AM 09:37 AM 11:37 AM 01:37 PM 03:37 PM 05:37 PM 07:38 PM 09:38 PM 11:38 PM
Vocational Video	Seed Germination	English/hindi	01:49 AM 03:49 AM 05:49 AM 07:49 AM 09:49 AM 11:49 AM 01:50 PM 03:50 PM 05:50 PM 07:50 PM 09:50 PM 11:50 PM
Creative Activities: Art/Craft	Loops to Square	English	01:56 AM 03:56 AM 05:56 AM 07:56 AM 09:56 AM 11:56 AM 01:56 PM 03:56 PM 05:56 PM 07:56 PM 09:57 PM 11:57 PM
बृहस्पतिवार, 12 फरवरी 2026 Thursday, 12 February 2026			
Story Telling/ Value Education	Story Telling: Meena - 11 It's to be a Boy	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:02 PM 04:02 PM 06:02 PM 08:03 PM 10:03 PM
General	जादुई किताब	Hindi	12:13 AM 02:14 AM 04:14 AM 06:14 AM 08:15 AM 10:15 AM 12:15 PM 02:16 PM 04:16 PM 06:16 PM 08:17 PM 10:17 PM
General Awareness Programme	विटामिन ए की कहानी	Hindi	12:29 AM 02:30 AM 04:30 AM 06:30 AM 08:31 AM 10:31 AM 12:31 PM 02:32 PM 04:32 PM 06:32 PM 08:33 PM 10:33 PM
Creative Activities: Art/Craft	Loops to Square	English	12:41 AM 02:41 AM 04:42 AM 06:42 AM 08:42 AM 10:42 AM 12:43 PM 02:43 PM 04:43 PM 06:44 PM 08:44 PM 10:44 PM



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Dish TV Channel #2029

Creative Activities: Art/Craft	Origami (Kaga3 Kala) -6	Hindi	12:43 AM 02:43 AM 04:44 AM 06:44 AM 08:44 AM 10:45 AM 12:45 PM 02:45 PM 04:46 PM 06:46 PM 08:46 PM 10:47 PM
Story Telling/ Value Education	Story Telling: Meena - 3 Saving the life	Hindi	01:00 AM 03:00 AM 05:00 AM 07:01 AM 09:01 AM 11:01 AM 01:02 PM 03:02 PM 05:02 PM 07:03 PM 09:03 PM 11:03 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	हिन्दी	01:13 AM 03:14 AM 05:14 AM 07:14 AM 09:15 AM 11:15 AM 01:15 PM 03:15 PM 05:16 PM 07:16 PM 09:16 PM 11:17 PM
General	E-Waste Management: Block 5	English	01:14 AM 03:14 AM 05:15 AM 07:15 AM 09:15 AM 11:16 AM 01:16 PM 03:16 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:35 AM 03:36 AM 05:36 AM 07:36 AM 09:37 AM 11:37 AM 01:37 PM 03:38 PM 05:38 PM 07:38 PM 09:39 PM 11:39 PM
शुक्रवार, 13 फरवरी 2026 Friday, 13 February 2026			
General English	Episode 10 Agreeing 2	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:03 PM
General	E-Waste Management: Film 4	English	12:17 AM 02:17 AM 04:18 AM 06:18 AM 08:18 AM 10:19 AM 12:19 PM 02:19 PM 04:19 PM 06:20 PM 08:20 PM 10:20 PM



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Dish TV Channel #2029

General	Surya_Namaskar	English	12:24 AM 02:25 AM 04:25 AM 06:25 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:27 PM 06:27 PM 08:27 PM 10:28 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	12:31 AM 02:31 AM 04:32 AM 06:32 AM 08:32 AM 10:33 AM 12:33 PM 02:33 PM 04:33 PM 06:34 PM 08:34 PM 10:34 PM
Vocational Video	Ten plants for home decoration	English/hindi	12:37 AM 02:37 AM 04:38 AM 06:38 AM 08:38 AM 10:39 AM 12:39 PM 02:39 PM 04:39 PM 06:40 PM 08:40 PM 10:40 PM
General	जादुई किताब	Hindi	12:51 AM 02:51 AM 04:51 AM 06:52 AM 08:52 AM 10:52 AM 12:52 PM 02:53 PM 04:53 PM 06:53 PM 08:54 PM 10:54 PM
Story Telling/ Value Education	बुद्धिर्यस्य बलमतस्य	Hindi	01:07 AM 03:07 AM 05:07 AM 07:07 AM 09:08 AM 11:08 AM 01:08 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:10 PM
General Awareness Programme	Panni Quinn and Polar Bear	English	01:16 AM 03:16 AM 05:16 AM 07:17 AM 09:17 AM 11:17 AM 01:18 PM 03:18 PM 05:18 PM 07:18 PM 09:19 PM 11:19 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:27 PM 03:28 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
शनिवार, 14 फरवरी 2026 Saturday, 14 February 2026			
General English	Episode 1 Greeting a Friend	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
General	E-Waste Management: Block 5	English	12:09 AM 02:10 AM 04:10 AM 06:11 AM 08:12 AM 10:13 AM 12:13 PM 02:14 PM 04:15 PM 06:16 PM 08:16 PM 10:17 PM



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Dish TV Channel #2029

Story Telling/ Value Education	एक अनेक और एकता	Hindi	12:32 AM 02:33 AM 04:34 AM 06:35 AM 08:35 AM 10:36 AM 12:37 PM 02:38 PM 04:38 PM 06:39 PM 08:40 PM 10:41 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	हिन्दी	12:39 AM 02:40 AM 04:41 AM 06:42 AM 08:42 AM 10:43 AM 12:44 PM 02:45 PM 04:45 PM 06:46 PM 08:47 PM 10:48 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:40 AM 02:41 AM 04:42 AM 06:43 AM 08:43 AM 10:44 AM 12:45 PM 02:46 PM 04:46 PM 06:47 PM 08:48 PM 10:49 PM
General Awareness Programme	Migratory Birds	English	12:57 AM 02:58 AM 04:59 AM 07:00 AM 09:00 AM 11:01 AM 01:02 PM 03:03 PM 05:03 PM 07:04 PM 09:05 PM 11:06 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	01:00 AM 03:01 AM 05:01 AM 07:02 AM 09:03 AM 11:04 AM 01:04 PM 03:05 PM 05:06 PM 07:07 PM 09:07 PM 11:08 PM
General	आओ सैर करें - राजघाट	Hindi	01:17 AM 03:18 AM 05:19 AM 07:19 AM 09:20 AM 11:21 AM 01:22 PM 03:22 PM 05:23 PM 07:24 PM 09:25 PM 11:25 PM
Hindi	वसंत, पाठ-8: यह सबसे कठिन समय नहीं	Hindi	01:22 AM 03:23 AM 05:24 AM 07:25 AM 09:25 AM 11:26 AM 01:27 PM 03:28 PM 05:28 PM 07:29 PM 09:30 PM 11:31 PM
General English	Episode 11 Agreeing 3	English	01:50 AM 03:51 AM 05:52 AM 07:52 AM 09:53 AM 11:54 AM 01:55 PM 03:55 PM 05:56 PM 07:57 PM 09:58 PM 11:58 PM
रविवार, 15 फरवरी 2026 Sunday, 15 February 2026			
General English	Episode 2 Greeting an Acquaintance	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM



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Dish TV Channel #2029

General	Surya_Namaskar	English	12:10 AM 02:10 AM 04:11 AM 06:12 AM 08:13 AM 10:14 AM 12:14 PM 02:15 PM 04:16 PM 06:17 PM 08:18 PM 10:19 PM
Cold Wave	Coldwave _ Do's and don'ts of a cold wave for people residing in hilly regions	English	12:16 AM 02:17 AM 04:18 AM 06:19 AM 08:20 AM 10:20 AM 12:21 PM 02:22 PM 04:23 PM 06:24 PM 08:24 PM 10:25 PM
Vocational Video	Hand tools	English/hindi	12:17 AM 02:18 AM 04:19 AM 06:20 AM 08:20 AM 10:21 AM 12:22 PM 02:23 PM 04:24 PM 06:25 PM 08:25 PM 10:26 PM
Story Telling/ Value Education	Story Telling: Meena - 3 Saving the life	Hindi	12:32 AM 02:33 AM 04:34 AM 06:35 AM 08:36 AM 10:36 AM 12:37 PM 02:38 PM 04:39 PM 06:40 PM 08:41 PM 10:41 PM
General	Safe Use of Internet	Hindi	12:46 AM 02:47 AM 04:47 AM 06:48 AM 08:49 AM 10:50 AM 12:51 PM 02:52 PM 04:52 PM 06:53 PM 08:54 PM 10:55 PM
General	E-Waste Management: Block 5	English	12:52 AM 02:53 AM 04:54 AM 06:54 AM 08:55 AM 10:56 AM 12:57 PM 02:58 PM 04:58 PM 06:59 PM 09:00 PM 11:01 PM
Creative Activities: Art/Craft	Pencil Drawdio	English	01:13 AM 03:14 AM 05:15 AM 07:16 AM 09:17 AM 11:17 AM 01:18 PM 03:19 PM 05:20 PM 07:21 PM 09:22 PM 11:22 PM
General Awareness Programme	Life cycle of a Plant	Hindi	01:17 AM 03:18 AM 05:19 AM 07:20 AM 09:20 AM 11:21 AM 01:22 PM 03:23 PM 05:24 PM 07:25 PM 09:25 PM 11:26 PM
General	Trikonasana	English	01:34 AM 03:34 AM 05:35 AM 07:36 AM 09:37 AM 11:38 AM 01:38 PM 03:39 PM 05:40 PM 07:41 PM 09:42 PM 11:42 PM

Vocational Video	कक्षा 8 घर पर बनाए हर्बल शेम्पू	Hindi	01:36 AM 03:37 AM 05:38 AM 07:38 AM 09:39 AM 11:40 AM 01:41 PM 03:42 PM 05:42 PM 07:43 PM 09:44 PM 11:45 PM
सोमवार, 16 फरवरी 2026 Monday, 16 February 2026			
Creative Activities: Art/Craft	Shell Sack - Bag to Separately Hold Peels and Fruit	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:02 PM
General English	Episode 13 Disagreeing 2	English	12:04 AM 02:04 AM 04:04 AM 06:04 AM 08:05 AM 10:05 AM 12:05 PM 02:05 PM 04:05 PM 06:05 PM 08:06 PM 10:06 PM
General	आओ सैर करें - नालंदा	Hindi	12:21 AM 02:21 AM 04:21 AM 06:21 AM 08:21 AM 10:21 AM 12:22 PM 02:22 PM 04:22 PM 06:22 PM 08:22 PM 10:23 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:27 PM 02:27 PM 04:27 PM 06:27 PM 08:27 PM 10:28 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	हिन्दी	12:45 AM 02:45 AM 04:46 AM 06:46 AM 08:46 AM 10:46 AM 12:46 PM 02:46 PM 04:47 PM 06:47 PM 08:47 PM 10:47 PM
General Awareness Programme	Life cycle of a Plant	Hindi	12:46 AM 02:46 AM 04:47 AM 06:47 AM 08:47 AM 10:47 AM 12:47 PM 02:48 PM 04:48 PM 06:48 PM 08:48 PM 10:48 PM
General	E-Waste Management: Block 5	English	01:03 AM 03:03 AM 05:03 AM 07:03 AM 09:03 AM 11:03 AM 01:04 PM 03:04 PM 05:04 PM 07:04 PM 09:04 PM 11:05 PM
Vocational Video	Identification of trees	English/hindi	01:24 AM 03:24 AM 05:24 AM 07:24 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:26 PM 09:26 PM 11:26 PM



General	Safety and Security	English	01:34 AM 03:35 AM 05:35 AM 07:35 AM 09:35 AM 11:35 AM 01:35 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:40 AM 05:40 AM 07:41 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:41 PM 07:42 PM 09:42 PM 11:42 PM
मंगलवार, 17 फरवरी 2026 Tuesday, 17 February 2026			
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Story Telling/ Value Education	Story Telling: Meena - 6 too young to Marry	Hindi	12:18 AM 02:18 AM 04:18 AM 06:18 AM 08:18 AM 10:18 AM 12:19 PM 02:19 PM 04:19 PM 06:19 PM 08:19 PM 10:19 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	12:31 AM 02:31 AM 04:32 AM 06:32 AM 08:32 AM 10:32 AM 12:32 PM 02:32 PM 04:32 PM 06:32 PM 08:32 PM 10:32 PM
General English	Episode 12 Disagreeing 1	English	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:52 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
General English	Episode 13 Disagreeing 2	English	01:05 AM 03:05 AM 05:05 AM 07:05 AM 09:05 AM 11:05 AM 01:05 PM 03:05 PM 05:06 PM 07:06 PM 09:06 PM 11:06 PM
General Awareness Programme	विटामिन ए की कहानी	Hindi	01:20 AM 03:20 AM 05:20 AM 07:20 AM 09:20 AM 11:20 AM 01:20 PM 03:20 PM 05:20 PM 07:20 PM 09:20 PM 11:20 PM



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General Awareness Programme	रौशनी और रंग	Hindi	01:32 AM 03:32 AM 05:32 AM 07:32 AM 09:32 AM 11:32 AM 01:32 PM 03:32 PM 05:32 PM 07:32 PM 09:33 PM 11:33 PM
General	E-Waste Management: Block 4.2	English	01:48 AM 03:48 AM 05:48 AM 07:48 AM 09:48 AM 11:48 AM 01:48 PM 03:48 PM 05:48 PM 07:48 PM 09:48 PM 11:49 PM
बुधवार, 18 फरवरी 2026 Wednesday, 18 February 2026			
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-5	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	12:10 AM 02:10 AM 04:11 AM 06:11 AM 08:11 AM 10:11 AM 12:12 PM 02:12 PM 04:12 PM 06:12 PM 08:13 PM 10:13 PM
General	Air pollution - II	English	12:11 AM 02:11 AM 04:12 AM 06:12 AM 08:12 AM 10:12 AM 12:13 PM 02:13 PM 04:13 PM 06:13 PM 08:14 PM 10:14 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 -Dance-Classical(Gir I)Delhi	English/hindi	12:36 AM 02:36 AM 04:37 AM 06:37 AM 08:37 AM 10:37 AM 12:38 PM 02:38 PM 04:38 PM 06:38 PM 08:39 PM 10:39 PM
General Awareness Programme	Petrol Pump	English	12:41 AM 02:41 AM 04:42 AM 06:42 AM 08:42 AM 10:42 AM 12:43 PM 02:43 PM 04:43 PM 06:43 PM 08:44 PM 10:44 PM
General	Values and Types of Wetlands Part -2	English	12:55 AM 02:56 AM 04:56 AM 06:56 AM 08:56 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:58 PM 08:58 PM 10:58 PM
General	Safety and Security	Hindi	01:03 AM 03:04 AM 05:04 AM 07:04 AM 09:04 AM 11:05 AM 01:05 PM 03:05 PM 05:05 PM 07:06 PM 09:06 PM 11:06 PM



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Dish TV Channel #2029

General English	Episode 10 Agreeing 2	English	01:09 AM 03:09 AM 05:10 AM 07:10 AM 09:10 AM 11:10 AM 01:11 PM 03:11 PM 05:11 PM 07:11 PM 09:12 PM 11:12 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:26 AM 09:27 AM 11:27 AM 01:27 PM 03:27 PM 05:28 PM 07:28 PM 09:28 PM 11:28 PM
बृहस्पतिवार, 19 फरवरी 2026 Thursday, 19 February 2026			
Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:01 PM 10:01 PM
Vocational Video	Hand tools	English/hindi	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:36 AM 10:36 AM 12:36 PM 02:36 PM 04:37 PM 06:37 PM 08:37 PM 10:37 PM
General Awareness Programme	Personal Safety	English	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
Creative Activities: Art/Craft	Aero Bird - An Elegant Flapping Bird Of Paradise	English	01:05 AM 03:05 AM 05:05 AM 07:06 AM 09:06 AM 11:06 AM 01:06 PM 03:06 PM 05:06 PM 07:06 PM 09:06 PM 11:06 PM
General Awareness Programme	Plastic Bag Demon	English	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM
General Awareness Programme	Petrol Pump	English	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:16 AM 11:16 AM 01:16 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	हिन्दी	01:29 AM 03:29 AM 05:29 AM 07:30 AM 09:30 AM 11:30 AM 01:30 PM 03:30 PM 05:30 PM 07:30 PM 09:30 PM 11:30 PM



General	Emotional Well-Being and Mental Health	English	01:30 AM 03:30 AM 05:30 AM 07:31 AM 09:31 AM 11:31 AM 01:31 PM 03:31 PM 05:31 PM 07:31 PM 09:31 PM 11:31 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:35 AM 03:35 AM 05:35 AM 07:35 AM 09:36 AM 11:36 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
शुक्रवार, 20 फरवरी 2026 Friday, 20 February 2026			
General	Air pollution - I	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:01 PM 08:01 PM 10:01 PM
Vocational Video	Identification of trees	English/hindi	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:27 PM 04:27 PM 06:27 PM 08:27 PM 10:27 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	12:36 AM 02:36 AM 04:36 AM 06:37 AM 08:37 AM 10:37 AM 12:37 PM 02:37 PM 04:37 PM 06:37 PM 08:37 PM 10:37 PM
General English	Episode 3 Greeting Strangers	English	12:53 AM 02:54 AM 04:54 AM 06:54 AM 08:54 AM 10:54 AM 12:54 PM 02:54 PM 04:54 PM 06:55 PM 08:55 PM 10:55 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	01:05 AM 03:06 AM 05:06 AM 07:06 AM 09:06 AM 11:06 AM 01:06 PM 03:06 PM 05:06 PM 07:06 PM 09:07 PM 11:07 PM
General	Surya_Namaskar	English	01:06 AM 03:06 AM 05:07 AM 07:07 AM 09:07 AM 11:07 AM 01:07 PM 03:07 PM 05:07 PM 07:07 PM 09:08 PM 11:08 PM
General Awareness Programme	Life cycle of a Plant	Hindi	01:13 AM 03:13 AM 05:13 AM 07:13 AM 09:14 AM 11:14 AM 01:14 PM 03:14 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM

Vocational Video	Preparing ORS at Home	English/hindi	01:29 AM 03:30 AM 05:30 AM 07:30 AM 09:30 AM 11:30 AM 01:30 PM 03:30 PM 05:30 PM 07:30 PM 09:31 PM 11:31 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:35 AM 03:35 AM 05:35 AM 07:36 AM 09:36 AM 11:36 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
शनिवार, 21 फरवरी 2026 Saturday, 21 February 2026			
General	Air pollution - II	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:58 PM 03:58 PM 05:58 PM 07:58 PM 09:58 PM 11:58 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	12:26 AM 02:25 AM 04:25 AM 06:25 AM 08:25 AM 10:25 AM 12:25 PM 02:25 PM 04:24 PM 06:24 PM 08:24 PM 10:24 PM
General English	Episode 9 Agreeing 1	English	12:27 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:25 PM 06:25 PM 08:25 PM 10:25 PM
Creative Activities: Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	12:38 AM 02:38 AM 04:37 AM 06:37 AM 08:37 AM 10:37 AM 12:37 PM 02:37 PM 04:37 PM 06:36 PM 08:36 PM 10:36 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-4	Hindi	12:53 AM 02:53 AM 04:53 AM 06:53 AM 08:53 AM 10:53 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
General	E-Waste Management: Block 2	English	01:10 AM 03:10 AM 05:10 AM 07:10 AM 09:09 AM 11:09 AM 01:09 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:08 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:25 AM 01:24 PM 03:24 PM 05:24 PM 07:24 PM 09:24 PM 11:24 PM



रविवार, 22 फरवरी 2026
Sunday, 22 February 2026

General	Air pollution - II	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
General	Gender Equality	Hindi	12:26 AM 02:26 AM 04:27 AM 06:27 AM 08:27 AM 10:28 AM 12:28 PM 02:29 PM 04:29 PM 06:30 PM 08:30 PM 10:31 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	12:33 AM 02:33 AM 04:34 AM 06:34 AM 08:35 AM 10:35 AM 12:36 PM 02:36 PM 04:37 PM 06:37 PM 08:38 PM 10:38 PM
Vocational Video	Ten plants for home decoration	English/hindi	12:34 AM 02:34 AM 04:35 AM 06:35 AM 08:36 AM 10:36 AM 12:37 PM 02:37 PM 04:38 PM 06:38 PM 08:39 PM 10:39 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-5	Hindi	12:50 AM 02:50 AM 04:51 AM 06:51 AM 08:51 AM 10:52 AM 12:52 PM 02:53 PM 04:53 PM 06:54 PM 08:54 PM 10:55 PM
Story Telling/ Value Education	Story Telling: Meena - 3 Saving the life	Hindi	12:59 AM 03:00 AM 05:00 AM 07:00 AM 09:01 AM 11:01 AM 01:02 PM 03:02 PM 05:03 PM 07:03 PM 09:04 PM 11:04 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:13 AM 03:14 AM 05:14 AM 07:15 AM 09:15 AM 11:16 AM 01:16 PM 03:17 PM 05:17 PM 07:17 PM 09:18 PM 11:18 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:36 AM 03:36 AM 05:36 AM 07:37 AM 09:37 AM 11:38 AM 01:38 PM 03:39 PM 05:39 PM 07:40 PM 09:40 PM 11:41 PM



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सोमवार, 23 फरवरी 2026
Monday, 23 February 2026

General English	Episode 9 Agreeing 1	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
General Awareness Programme	Personal Safety	English	12:13 AM 02:13 AM 04:14 AM 06:15 AM 08:16 AM 10:16 AM 12:17 PM 02:18 PM 04:19 PM 06:19 PM 08:20 PM 10:21 PM
General	What is Science?	English	12:27 AM 02:28 AM 04:29 AM 06:29 AM 08:30 AM 10:31 AM 12:32 PM 02:32 PM 04:33 PM 06:34 PM 08:35 PM 10:35 PM
Creative Activities: Art/Craft	Shell Sack - Bag to Separately Hold Peels and Fruit	English	12:45 AM 02:46 AM 04:47 AM 06:47 AM 08:48 AM 10:49 AM 12:50 PM 02:50 PM 04:51 PM 06:52 PM 08:53 PM 10:53 PM
Creative Activities: Art/Craft	Which Holds More	English	12:48 AM 02:49 AM 04:50 AM 06:50 AM 08:51 AM 10:52 AM 12:53 PM 02:53 PM 04:54 PM 06:55 PM 08:56 PM 10:56 PM
General	Values and Types of Wetlands Part -1	English	12:49 AM 02:50 AM 04:51 AM 06:52 AM 08:52 AM 10:53 AM 12:54 PM 02:55 PM 04:55 PM 06:56 PM 08:57 PM 10:58 PM
सामान्य	आज़ादी की अमृत कहानियाँ (तन्वी जगदीश-सागर)	हिन्दी	12:58 AM 02:59 AM 04:59 AM 07:00 AM 09:01 AM 11:02 AM 01:02 PM 03:03 PM 05:04 PM 07:05 PM 09:05 PM 11:06 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music- Classical(Boy)KVS	English/hindi	01:00 AM 03:01 AM 05:02 AM 07:02 AM 09:03 AM 11:04 AM 01:05 PM 03:05 PM 05:06 PM 07:07 PM 09:08 PM 11:08 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala) -6	Hindi	01:07 AM 03:07 AM 05:08 AM 07:09 AM 09:10 AM 11:10 AM 01:11 PM 03:12 PM 05:13 PM 07:13 PM 09:14 PM 11:15 PM



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Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिन्दी	01:22 AM 03:23 AM 05:24 AM 07:25 AM 09:25 AM 11:26 AM 01:27 PM 03:28 PM 05:28 PM 07:29 PM 09:30 PM 11:31 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	01:23 AM 03:24 AM 05:25 AM 07:26 AM 09:26 AM 11:27 AM 01:28 PM 03:29 PM 05:29 PM 07:30 PM 09:31 PM 11:32 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:41 AM 03:41 AM 05:42 AM 07:43 AM 09:44 AM 11:44 AM 01:45 PM 03:46 PM 05:47 PM 07:47 PM 09:48 PM 11:49 PM
मंगलवार, 24 फरवरी 2026 Tuesday, 24 February 2026			
General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:05 PM 08:05 PM 10:06 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	12:13 AM 02:13 AM 04:14 AM 06:14 AM 08:15 AM 10:15 AM 12:16 PM 02:17 PM 04:17 PM 06:18 PM 08:18 PM 10:19 PM
Story Telling/ Value Education	बबलू की नाव	Hindi	12:32 AM 02:33 AM 04:33 AM 06:34 AM 08:35 AM 10:35 AM 12:36 PM 02:36 PM 04:37 PM 06:37 PM 08:38 PM 10:39 PM
General	Air pollution - II	English	12:54 AM 02:54 AM 04:55 AM 06:55 AM 08:56 AM 10:56 AM 12:57 PM 02:57 PM 04:58 PM 06:59 PM 08:59 PM 11:00 PM
General	E-Waste Management: Block 2	English	01:18 AM 03:19 AM 05:20 AM 07:20 AM 09:21 AM 11:21 AM 01:22 PM 03:22 PM 05:23 PM 07:24 PM 09:24 PM 11:25 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala) -6	Hindi	01:33 AM 03:33 AM 05:34 AM 07:35 AM 09:35 AM 11:36 AM 01:36 PM 03:37 PM 05:37 PM 07:38 PM 09:39 PM 11:39 PM

Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	हिन्दी	01:49 AM 03:49 AM 05:50 AM 07:50 AM 09:51 AM 11:51 AM 01:52 PM 03:53 PM 05:53 PM 07:54 PM 09:54 PM 11:55 PM
Vocational Video	Identification of trees	English/hindi	01:50 AM 03:50 AM 05:51 AM 07:51 AM 09:52 AM 11:53 AM 01:53 PM 03:54 PM 05:54 PM 07:55 PM 09:55 PM 11:56 PM
बुधवार, 25 फरवरी 2026 Wednesday, 25 February 2026			
Vocational Video	Changing tap washer	English/hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:02 PM 04:02 PM 06:02 PM 08:03 PM 10:03 PM
General Awareness Programme	Personal Safety	English	12:08 AM 02:08 AM 04:08 AM 06:09 AM 08:09 AM 10:09 AM 12:10 PM 02:10 PM 04:10 PM 06:11 PM 08:11 PM 10:11 PM
General English	Episode 12 Disagreeing 1	English	12:23 AM 02:23 AM 04:23 AM 06:24 AM 08:24 AM 10:24 AM 12:25 PM 02:25 PM 04:25 PM 06:26 PM 08:26 PM 10:26 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala)-2	Hindi	12:37 AM 02:37 AM 04:37 AM 06:38 AM 08:38 AM 10:38 AM 12:39 PM 02:39 PM 04:39 PM 06:39 PM 08:40 PM 10:40 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	12:52 AM 02:52 AM 04:52 AM 06:53 AM 08:53 AM 10:53 AM 12:54 PM 02:54 PM 04:54 PM 06:54 PM 08:55 PM 10:55 PM
General English	Episode 13 Disagreeing 2	English	12:53 AM 02:53 AM 04:53 AM 06:54 AM 08:54 AM 10:54 AM 12:55 PM 02:55 PM 04:55 PM 06:55 PM 08:56 PM 10:56 PM
Creative Activities: Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	01:11 AM 03:11 AM 05:12 AM 07:12 AM 09:12 AM 11:13 AM 01:13 PM 03:13 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM



Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:28 PM 07:29 PM 09:29 PM 11:29 PM
बृहस्पतिवार, 26 फरवरी 2026 Thursday, 26 February 2026			
Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:01 AM 12:02 PM 02:02 PM 04:02 PM 06:03 PM 08:03 PM 10:03 PM
General English	Episode 5 Giving Advice 1	English	12:36 AM 02:36 AM 04:37 AM 06:37 AM 08:37 AM 10:38 AM 12:38 PM 02:38 PM 04:39 PM 06:39 PM 08:39 PM 10:40 PM
General English	Episode 6 Giving Advice 2	English	12:50 AM 02:50 AM 04:50 AM 06:51 AM 08:51 AM 10:51 AM 12:52 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:53 PM
General Awareness Programme	Life cycle of a Plant	Hindi	01:02 AM 03:03 AM 05:03 AM 07:03 AM 09:04 AM 11:04 AM 01:04 PM 03:05 PM 05:05 PM 07:05 PM 09:06 PM 11:06 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	01:19 AM 03:19 AM 05:19 AM 07:20 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:21 PM 07:22 PM 09:22 PM 11:22 PM
General	Health and Sanitisation	English	01:19 AM 03:20 AM 05:20 AM 07:20 AM 09:21 AM 11:21 AM 01:21 PM 03:22 PM 05:22 PM 07:22 PM 09:23 PM 11:23 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:28 PM 07:29 PM 09:29 PM 11:29 PM
शुक्रवार, 27 फरवरी 2026 Friday, 27 February 2026			
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM



General	E-Waste Management: Block 4.2	English	12:18 AM 02:18 AM 04:19 AM 06:20 AM 08:21 AM 10:21 AM 12:22 PM 02:23 PM 04:24 PM 06:24 PM 08:25 PM 10:26 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:30 AM 02:30 AM 04:31 AM 06:32 AM 08:33 AM 10:33 AM 12:34 PM 02:35 PM 04:36 PM 06:36 PM 08:37 PM 10:38 PM
Cold Wave	Coldwave – Do's and don'ts of a cold wave for people residing in hilly regions	English	12:43 AM 02:44 AM 04:45 AM 06:45 AM 08:46 AM 10:47 AM 12:48 PM 02:48 PM 04:49 PM 06:50 PM 08:51 PM 10:51 PM
General	What is Science?	English	12:44 AM 02:45 AM 04:46 AM 06:46 AM 08:47 AM 10:48 AM 12:49 PM 02:49 PM 04:50 PM 06:51 PM 08:52 PM 10:52 PM
General	Safe Use of Internet	Hindi	01:04 AM 03:05 AM 05:05 AM 07:06 AM 09:07 AM 11:08 AM 01:08 PM 03:09 PM 05:10 PM 07:11 PM 09:11 PM 11:12 PM
Story Telling/ Value Education	Story Telling: Meena – 3 Saving the life	Hindi	01:10 AM 03:11 AM 05:12 AM 07:13 AM 09:13 AM 11:14 AM 01:15 PM 03:16 PM 05:16 PM 07:17 PM 09:18 PM 11:19 PM
General	Shalabhasana	English	01:24 AM 03:25 AM 05:25 AM 07:26 AM 09:27 AM 11:28 AM 01:28 PM 03:29 PM 05:30 PM 07:31 PM 09:31 PM 11:32 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:28 AM 07:28 AM 09:29 AM 11:30 AM 01:31 PM 03:31 PM 05:32 PM 07:33 PM 09:34 PM 11:34 PM
शनिवार, 28 फरवरी 2026 Saturday, 28 February 2026			
Vocational Video	Plumbing Tools	English/hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:03 AM 12:03 PM 02:04 PM 04:05 PM 06:05 PM 08:06 PM 10:07 PM



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General English	Episode 7 Making Requests 1	English	12:15 AM 02:16 AM 04:16 AM 06:17 AM 08:18 AM 10:18 AM 12:19 PM 02:20 PM 04:20 PM 06:21 PM 08:22 PM 10:22 PM
Story Telling/ Value Education	Story Telling: Meena - 4 Who is afraid of Bully	Hindi	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:29 AM 10:29 AM 12:30 PM 02:31 PM 04:31 PM 06:32 PM 08:33 PM 10:33 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:38 AM 02:39 AM 04:40 AM 06:40 AM 08:41 AM 10:42 AM 12:42 PM 02:43 PM 04:44 PM 06:44 PM 08:45 PM 10:46 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English/hindi	12:52 AM 02:52 AM 04:53 AM 06:54 AM 08:54 AM 10:55 AM 12:56 PM 02:56 PM 04:57 PM 06:58 PM 08:58 PM 10:59 PM
General	What is Science?	English	12:59 AM 03:00 AM 05:00 AM 07:01 AM 09:02 AM 11:02 AM 01:03 PM 03:04 PM 05:04 PM 07:05 PM 09:06 PM 11:06 PM
Creative Activities: Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	01:17 AM 03:18 AM 05:19 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:22 PM 05:22 PM 07:23 PM 09:24 PM 11:24 PM
Cold Wave	Cold Wave - Chilblains	हिन्दी	01:32 AM 03:33 AM 05:33 AM 07:34 AM 09:35 AM 11:35 AM 01:36 PM 03:37 PM 05:37 PM 07:38 PM 09:38 PM 11:39 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:34 AM 03:34 AM 05:35 AM 07:36 AM 09:36 AM 11:37 AM 01:38 PM 03:38 PM 05:39 PM 07:40 PM 09:40 PM 11:41 PM
General	Emotional Well-Being and Mental Health	Hindi	01:55 AM 03:56 AM 05:56 AM 07:57 AM 09:58 AM 11:58 AM 01:59 PM 04:00 PM 06:00 PM 08:01 PM 10:02 PM



DD Free Dish Channel #30



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