

कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 6

कक्षा - 6 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 6

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत	इतिहास	हिन्दी	संस्कृत	राजनीति विज्ञान
English	Geography	History	English	Political Science	Mathematics	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 6

जुलाई 2024
July 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 जुलाई 2024 Monday, 01 July 2024			
General	Montage of the channel	English	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:40 PM
General	General Information & Time Table	English	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:07 PM 05:38 PM 08:09 PM 10:40 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	12:01 AM 02:32 AM 05:03 AM 07:34 AM 10:05 AM 12:36 PM 03:07 PM 05:39 PM 08:10 PM 10:41 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:08 AM 02:39 AM 05:10 AM 07:41 AM 10:12 AM 12:43 PM 03:14 PM 05:45 PM 08:17 PM 10:48 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:09 AM 02:40 AM 05:11 AM 07:42 AM 10:13 AM 12:44 PM 03:16 PM 05:47 PM 08:18 PM 10:49 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:24 AM 02:55 AM 05:26 AM 07:57 AM 10:28 AM 12:59 PM 03:30 PM 06:02 PM 08:33 PM 11:04 PM
General	एक प्रयास प्लास्टिक प्रदुषण कम करने का	हिन्दी	12:28 AM 02:59 AM 05:30 AM 08:01 AM 10:32 AM 01:03 PM 03:34 PM 06:05 PM 08:36 PM 11:08 PM
General Awareness	Air Pollution	English	12:40 AM 03:11 AM 05:42 AM 08:13 AM 10:45 AM 01:16 PM 03:47 PM 06:18 PM 08:49 PM 11:20 PM
General Awareness	क्यों और कैसे	हिन्दी	01:05 AM 03:36 AM 06:07 AM 08:38 AM 11:10 AM 01:41 PM 04:12 PM 06:43 PM 09:14 PM 11:45 PM



General	Growing up Healthy	English	01:29 AM 04:00 AM 06:31 AM 09:02 AM 11:33 AM 02:04 PM 04:35 PM 07:06 PM 09:38 PM
Art & Craft	3D Popup House Amazing Popup Greeting Card English	English	01:33 AM 04:04 AM 06:35 AM 09:06 AM 11:37 AM 02:08 PM 04:40 PM 07:11 PM 09:42 PM
General	Ransomware Attack	English	01:37 AM 04:08 AM 06:39 AM 09:10 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:45 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:15 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	01:58 AM 04:29 AM 07:00 AM 09:31 AM 12:02 PM 02:33 PM 05:04 PM 07:36 PM 10:07 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	हिन्दी	02:04 AM 04:35 AM 07:06 AM 09:37 AM 12:09 PM 02:40 PM 05:11 PM 07:42 PM 10:13 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	02:07 AM 04:38 AM 07:10 AM 09:41 AM 12:12 PM 02:43 PM 05:14 PM 07:45 PM 10:16 PM
Creative Activities: Art & Craft	Striking Swan	English	02:13 AM 04:44 AM 07:15 AM 09:46 AM 12:17 PM 02:48 PM 05:19 PM 07:50 PM 10:21 PM
General Awareness	Arpan-Personal safety	English	02:14 AM 04:46 AM 07:17 AM 09:48 AM 12:19 PM 02:50 PM 05:21 PM 07:52 PM 10:23 PM
मंगलवार, 02 जुलाई 2024 Tuesday, 02 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
General	General Information & Time Table	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
General Awareness	क्यों और कैसे	हिन्दी	12:01 AM 02:31 AM 05:02 AM 07:32 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:34 PM



Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:59 PM
General	Emotional well being and mental health	English	12:26 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
General	Online Game Fraud	English	12:31 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
General Awareness	Air Pollution	English	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:15 PM 03:46 PM 06:16 PM 08:47 PM 11:17 PM
General	Ardha Chakrasana	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
General Awareness	Arpan-Personal safety	English	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
General	General Information & Time Table	English	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:58 PM
Health, Physical Education/Yoga/ Sports	Discus Throw	English	01:25 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:58 PM 04:28 PM 06:58 PM 09:29 PM 11:59 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:43 AM 04:13 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:53 PM
General	I will bring glory to my Nation	English	01:56 AM 04:26 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General	आजादी की अमृत कहानियाँ (तन्वी जगदीश- सागर)	हिन्दी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM



Vocational Videos	गृह सज्जा हेतु पौधे	हिन्दी	02:03 AM 04:34 AM 07:04 AM 09:34 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:07 PM
General	अर्थ चक्रासन	हिन्दी	02:27 AM 04:57 AM 07:28 AM 09:58 AM 12:29 PM 02:59 PM 05:30 PM 08:00 PM 10:30 PM
General	Montage of the channel	English	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi/English	02:29 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
बुधवार, 03 जुलाई 2024 Wednesday, 03 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
General	General Information & Time Table	English	12:00 AM 02:31 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
General Awareness	बात पते की	हिन्दी	12:01 AM 02:31 AM 05:02 AM 07:33 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:36 PM
General	Bhujagasana	English	12:15 AM 02:46 AM 05:17 AM 07:47 AM 10:18 AM 12:49 PM 03:19 PM 05:50 PM 08:21 PM 10:51 PM
Storytelling/Value Education	बस के नीचे बाघ	हिन्दी	12:18 AM 02:49 AM 05:19 AM 07:50 AM 10:20 AM 12:51 PM 03:22 PM 05:52 PM 08:23 PM 10:54 PM
General	भुजंगासन	हिन्दी	12:24 AM 02:54 AM 05:25 AM 07:56 AM 10:26 AM 12:57 PM 03:28 PM 05:58 PM 08:29 PM 11:00 PM
General	MOTHER EARTH Prakriti English Subtitles	English	12:26 AM 02:57 AM 05:28 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:01 PM 08:31 PM 11:02 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:28 AM 02:59 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM



General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:18 PM 08:48 PM 11:19 PM
Vocational Videos	गमले में पौधा लगाने की विधि	हिन्दी	12:45 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM
General Awareness	Water A Wonderfull Molecule	English	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:08 AM 01:39 PM 04:09 PM 06:40 PM 09:11 PM 11:41 PM
General	Growing up Healthy	English	01:26 AM 03:56 AM 06:27 AM 08:58 AM 11:28 AM 01:59 PM 04:29 PM 07:00 PM 09:31 PM
General	Introduction to plasto, our hero and marine pollution	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:37 AM 04:08 AM 06:38 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:12 PM 09:42 PM
General	जेंडर समानता	हिन्दी	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:19 PM 09:49 PM
General	Growth & Health	English	01:51 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:25 PM 04:55 PM 07:26 PM 09:57 PM
General Awareness	क्यों और कैसे	हिन्दी	01:56 AM 04:26 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:30 PM 10:01 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	02:25 AM 04:56 AM 07:26 AM 09:57 AM 12:28 PM 02:58 PM 05:29 PM 08:00 PM 10:30 PM
बृहस्पतिवार, 04 जुलाई 2024 Thursday, 04 July 2024			
General	Montage of the channel	English	12:00 AM 02:19 AM 04:39 AM 06:58 AM 09:18 AM 11:37 AM 01:57 PM 04:17 PM 06:36 PM 08:56 PM 11:15 PM



General	General Information & Time Table	English	12:00 AM 02:19 AM 04:39 AM 06:59 AM 09:18 AM 11:38 AM 01:57 PM 04:17 PM 06:37 PM 08:56 PM 11:16 PM
General	आज़ादी की अमृत कहानियाँ (टेस्सी थॉमस-अम्बर)	हिन्दी	12:01 AM 02:20 AM 04:40 AM 06:59 AM 09:19 AM 11:39 AM 01:58 PM 04:18 PM 06:37 PM 08:57 PM 11:17 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:03 AM 02:23 AM 04:42 AM 07:02 AM 09:21 AM 11:41 AM 02:01 PM 04:20 PM 06:40 PM 08:59 PM 11:19 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:10 AM 02:29 AM 04:49 AM 07:08 AM 09:28 AM 11:48 AM 02:07 PM 04:27 PM 06:46 PM 09:06 PM 11:26 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:22 AM 02:41 AM 05:01 AM 07:21 AM 09:40 AM 12:00 PM 02:19 PM 04:39 PM 06:59 PM 09:18 PM 11:38 PM
General	निपुण भारत	हिन्दी	12:25 AM 02:45 AM 05:04 AM 07:24 AM 09:43 AM 12:03 PM 02:23 PM 04:42 PM 07:02 PM 09:21 PM 11:41 PM
General	Catfishing Fraud	English	12:27 AM 02:46 AM 05:06 AM 07:26 AM 09:45 AM 12:05 PM 02:24 PM 04:44 PM 07:03 PM 09:23 PM 11:43 PM
General	Fun With Magnet	English	12:28 AM 02:47 AM 05:07 AM 07:27 AM 09:46 AM 12:06 PM 02:25 PM 04:45 PM 07:05 PM 09:24 PM 11:44 PM
General	I will bring glory to my Nation	English	12:31 AM 02:51 AM 05:10 AM 07:30 AM 09:49 AM 12:09 PM 02:28 PM 04:48 PM 07:08 PM 09:27 PM 11:47 PM
General	Energy Saving	English	12:36 AM 02:56 AM 05:15 AM 07:35 AM 09:55 AM 12:14 PM 02:34 PM 04:53 PM 07:13 PM 09:32 PM 11:52 PM



General Awareness	Water A Wonderful Molecule	English	12:38 AM 02:57 AM 05:17 AM 07:37 AM 09:56 AM 12:16 PM 02:35 PM 04:55 PM 07:15 PM 09:34 PM 11:54 PM
Vocational Videos	टूल बॉक्स	हिन्दी	12:58 AM 03:18 AM 05:37 AM 07:57 AM 10:16 AM 12:36 PM 02:55 PM 05:15 PM 07:35 PM 09:54 PM
General	Ransomware Attack	English	01:03 AM 03:23 AM 05:43 AM 08:02 AM 10:22 AM 12:41 PM 03:01 PM 05:20 PM 07:40 PM 10:00 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:04 AM 03:24 AM 05:44 AM 08:03 AM 10:23 AM 12:42 PM 03:02 PM 05:21 PM 07:41 PM 10:01 PM
General	E-Waste	English	01:06 AM 03:26 AM 05:45 AM 08:05 AM 10:25 AM 12:44 PM 03:04 PM 05:23 PM 07:43 PM 10:03 PM
General	Real life situations- garbage burning and what to do	English	01:08 AM 03:28 AM 05:47 AM 08:07 AM 10:26 AM 12:46 PM 03:05 PM 05:25 PM 07:45 PM 10:04 PM
General	आज़ादी की अमृत कहानियाँ (पूनम नौटियाल - जीवन)	हिन्दी	01:32 AM 03:52 AM 06:11 AM 08:31 AM 10:50 AM 01:10 PM 03:29 PM 05:49 PM 08:09 PM 10:28 PM
General	Introduction to MISSION LIFE	English	01:34 AM 03:54 AM 06:13 AM 08:33 AM 10:53 AM 01:12 PM 03:32 PM 05:51 PM 08:11 PM 10:31 PM
General	भद्रासन	हिन्दी	01:37 AM 03:56 AM 06:16 AM 08:35 AM 10:55 AM 01:15 PM 03:34 PM 05:54 PM 08:13 PM 10:33 PM
General	Bhujagasana	English	01:39 AM 03:59 AM 06:18 AM 08:38 AM 10:57 AM 01:17 PM 03:36 PM 05:56 PM 08:16 PM 10:35 PM
General	zoological-Survey-of-india	English	01:41 AM 04:01 AM 06:21 AM 08:40 AM 11:00 AM 01:19 PM 03:39 PM 05:59 PM 08:18 PM 10:38 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	हिन्दी	01:44 AM 04:03 AM 06:23 AM 08:43 AM 11:02 AM 01:22 PM 03:41 PM 06:01 PM 08:21 PM 10:40 PM



Vocational Videos	चेंजिंग टैप वॉटर	हिन्दी	02:12 AM 04:32 AM 06:51 AM 09:11 AM 11:31 AM 01:50 PM 04:10 PM 06:29 PM 08:49 PM 11:08 PM
शुक्रवार, 05 जुलाई 2024 Friday, 05 July 2024			
General	Montage of the channel	English	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:10 AM 12:12 PM 02:14 PM 04:16 PM 06:18 PM 08:20 PM 10:22 PM
General	General Information & Time Table	English	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:10 AM 12:12 PM 02:14 PM 04:16 PM 06:19 PM 08:21 PM 10:23 PM
सामान्य	Healthy Lifestyle Adopted	English	12:01 AM 02:03 AM 04:05 AM 06:07 AM 08:09 AM 10:11 AM 12:13 PM 02:15 PM 04:17 PM 06:19 PM 08:21 PM 10:23 PM
General	पारस्परिक संबंध	हिन्दी	12:01 AM 02:03 AM 04:05 AM 06:07 AM 08:10 AM 10:12 AM 12:14 PM 02:16 PM 04:18 PM 06:20 PM 08:22 PM 10:24 PM
Art & Craft	विटामिन ए की कहानी	हिन्दी	12:07 AM 02:09 AM 04:11 AM 06:13 AM 08:15 AM 10:17 AM 12:19 PM 02:21 PM 04:23 PM 06:25 PM 08:27 PM 10:29 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM 02:20 AM 04:22 AM 06:24 AM 08:26 AM 10:28 AM 12:30 PM 02:33 PM 04:35 PM 06:37 PM 08:39 PM 10:41 PM
General	Montage of the channel	English	12:32 AM 02:34 AM 04:36 AM 06:38 AM 08:40 AM 10:42 AM 12:44 PM 02:46 PM 04:48 PM 06:50 PM 08:52 PM 10:54 PM
General	General Information & Time Table	English	12:32 AM 02:34 AM 04:36 AM 06:38 AM 08:40 AM 10:42 AM 12:44 PM 02:47 PM 04:49 PM 06:51 PM 08:53 PM 10:55 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	12:33 AM 02:35 AM 04:37 AM 06:39 AM 08:41 AM 10:43 AM 12:45 PM



			02:47 PM 04:49 PM 06:51 PM 08:54 PM 10:56 PM
Creative Activities: Art & Craft	Paper Glider	English	12:40 AM 02:42 AM 04:44 AM 06:46 AM 08:48 AM 10:50 AM 12:52 PM 02:54 PM 04:56 PM 06:58 PM 09:00 PM 11:02 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	12:43 AM 02:45 AM 04:47 AM 06:49 AM 08:51 AM 10:53 AM 12:55 PM 02:57 PM 04:59 PM 07:01 PM 09:03 PM 11:05 PM
Storytelling/Value Education	नट खट चूहा	हिन्दी	12:49 AM 02:51 AM 04:53 AM 06:55 AM 08:57 AM 10:59 AM 01:01 PM 03:03 PM 05:05 PM 07:07 PM 09:09 PM 11:11 PM
General	योग ओलंपियाड	हिन्दी	01:02 AM 03:04 AM 05:06 AM 07:09 AM 09:11 AM 11:13 AM 01:15 PM 03:17 PM 05:19 PM 07:21 PM 09:23 PM 11:25 PM
General	Nadishodhan Pranayam	English	01:07 AM 03:09 AM 05:11 AM 07:13 AM 09:15 AM 11:17 AM 01:19 PM 03:21 PM 05:23 PM 07:25 PM 09:27 PM 11:30 PM
General	नाडीशोधन प्राणायाम	हिन्दी	01:10 AM 03:12 AM 05:14 AM 07:16 AM 09:19 AM 11:21 AM 01:23 PM 03:25 PM 05:27 PM 07:29 PM 09:31 PM 11:33 PM
General	Women Change the World	English	01:14 AM 03:16 AM 05:18 AM 07:20 AM 09:22 AM 11:24 AM 01:26 PM 03:28 PM 05:30 PM 07:32 PM 09:34 PM 11:36 PM
General	Waste Reduced	English	01:19 AM 03:22 AM 05:24 AM 07:26 AM 09:28 AM 11:30 AM 01:32 PM 03:34 PM 05:36 PM 07:38 PM 09:40 PM 11:42 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:21 AM 03:23 AM 05:25 AM 07:27 AM 09:29 AM 11:31 AM 01:33 PM 03:35 PM 05:37 PM 07:39 PM 09:42 PM 11:44 PM
Disaster management	Lightning - बिजली से कैसे बचें	Hindi/English	01:25 AM 03:27 AM 05:29 AM 07:31 AM 09:33 AM 11:35 AM 01:37 PM



			03:39 PM 05:41 PM 07:43 PM 09:46 PM 11:48 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:26 AM 03:28 AM 05:30 AM 07:32 AM 09:34 AM 11:36 AM 01:38 PM 03:40 PM 05:42 PM 07:44 PM 09:47 PM 11:49 PM
Vocational Videos	चेंजिंग टैप वॉटर	हिन्दी	01:41 AM 03:43 AM 05:46 AM 07:48 AM 09:50 AM 11:52 AM 01:54 PM 03:56 PM 05:58 PM 08:00 PM 10:02 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:48 AM 03:50 AM 05:52 AM 07:55 AM 09:57 AM 11:59 AM 02:01 PM 04:03 PM 06:05 PM 08:07 PM 10:09 PM
General	Montage of the channel	English	01:52 AM 03:54 AM 05:56 AM 07:58 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:08 PM 08:10 PM 10:12 PM
Creative Activities: Art & Craft	Curious Rat	English	01:52 AM 03:54 AM 05:56 AM 07:58 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:09 PM 08:11 PM 10:13 PM
Disaster management	हिमस्खलन के संकेत	हिन्दी	01:53 AM 03:55 AM 05:57 AM 07:59 AM 10:02 AM 12:04 PM 02:06 PM 04:08 PM 06:10 PM 08:12 PM 10:14 PM
Art & Craft	छोटा है या बड़ा	हिन्दी	01:55 AM 03:57 AM 05:59 AM 08:01 AM 10:03 AM 12:05 PM 02:07 PM 04:09 PM 06:12 PM 08:14 PM 10:16 PM
General	zoological-Survey-of-india	English	01:59 AM 04:01 AM 06:03 AM 08:05 AM 10:07 AM 12:09 PM 02:12 PM 04:14 PM 06:16 PM 08:18 PM 10:20 PM
शनिवार, 06 जुलाई 2024 Saturday, 06 July 2024			
General	Montage of the channel	English	12:00 AM 02:01 AM 04:03 AM 06:05 AM 08:07 AM 10:08 AM 12:10 PM 02:12 PM 04:14 PM 06:15 PM 08:17 PM 10:19 PM



General	General Information & Time Table	English	12:00 AM 02:02 AM 04:03 AM 06:05 AM 08:07 AM 10:09 AM 12:10 PM 02:12 PM 04:14 PM 06:16 PM 08:17 PM 10:19 PM
General	Value and responsible Citizenship	English	12:01 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:09 AM 12:11 PM 02:13 PM 04:15 PM 06:16 PM 08:18 PM 10:20 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	12:06 AM 02:07 AM 04:09 AM 06:11 AM 08:13 AM 10:14 AM 12:16 PM 02:18 PM 04:20 PM 06:21 PM 08:23 PM 10:25 PM
Art & Craft	3DPopupHouseAmazingPopupGreeting CardEnglish	English	12:10 AM 02:11 AM 04:13 AM 06:15 AM 08:17 AM 10:18 AM 12:20 PM 02:22 PM 04:24 PM 06:25 PM 08:27 PM 10:29 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	12:13 AM 02:15 AM 04:17 AM 06:19 AM 08:20 AM 10:22 AM 12:24 PM 02:26 PM 04:27 PM 06:29 PM 08:31 PM 10:33 PM
Vocational Videos	Seed Germination	English	12:16 AM 02:18 AM 04:19 AM 06:21 AM 08:23 AM 10:25 AM 12:26 PM 02:28 PM 04:30 PM 06:32 PM 08:33 PM 10:35 PM
General	Gender Equality	English	12:23 AM 02:24 AM 04:26 AM 06:28 AM 08:30 AM 10:31 AM 12:33 PM 02:35 PM 04:37 PM 06:38 PM 08:40 PM 10:42 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:30 AM 02:32 AM 04:33 AM 06:35 AM 08:37 AM 10:39 AM 12:40 PM 02:42 PM 04:44 PM 06:46 PM 08:47 PM 10:49 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाए अपनाएँ	हिन्दी	12:36 AM 02:38 AM 04:40 AM 06:42 AM 08:43 AM 10:45 AM 12:47 PM 02:49 PM 04:50 PM 06:52 PM 08:54 PM 10:56 PM
General	Montage of the channel	English	12:38 AM 02:40 AM 04:42 AM 06:43 AM 08:45 AM 10:47 AM 12:49 PM 02:50 PM 04:52 PM 06:54 PM 08:56 PM 10:57 PM



General	Padahastana	English	12:39 AM 02:40 AM 04:42 AM 06:44 AM 08:46 AM 10:47 AM 12:49 PM 02:51 PM 04:53 PM 06:54 PM 08:56 PM 10:58 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:41 AM 02:43 AM 04:44 AM 06:46 AM 08:48 AM 10:50 AM 12:51 PM 02:53 PM 04:55 PM 06:57 PM 08:58 PM 11:00 PM
General	पारस्परिक संबंध	हिन्दी	12:54 AM 02:56 AM 04:58 AM 07:00 AM 09:01 AM 11:03 AM 01:05 PM 03:07 PM 05:08 PM 07:10 PM 09:12 PM 11:14 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Arunachal Pradesh	English	01:00 AM 03:02 AM 05:03 AM 07:05 AM 09:07 AM 11:09 AM 01:10 PM 03:12 PM 05:14 PM 07:16 PM 09:17 PM 11:19 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:06 AM 03:08 AM 05:09 AM 07:11 AM 09:13 AM 11:15 AM 01:16 PM 03:18 PM 05:20 PM 07:22 PM 09:23 PM 11:25 PM
General	Waste Reduced	English	01:09 AM 03:11 AM 05:13 AM 07:14 AM 09:16 AM 11:18 AM 01:20 PM 03:21 PM 05:23 PM 07:25 PM 09:27 PM 11:28 PM
General Awareness	Water A Wonderfull Molecule	English	01:11 AM 03:12 AM 05:14 AM 07:16 AM 09:18 AM 11:19 AM 01:21 PM 03:23 PM 05:25 PM 07:26 PM 09:28 PM 11:30 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:31 AM 03:32 AM 05:34 AM 07:36 AM 09:38 AM 11:39 AM 01:41 PM 03:43 PM 05:45 PM 07:46 PM 09:48 PM 11:50 PM
General	पादहस्तासन	हिन्दी	01:51 AM 03:53 AM 05:54 AM 07:56 AM 09:58 AM 12:00 PM 02:01 PM 04:03 PM 06:05 PM 08:07 PM 10:08 PM
General	ISL Launch Video Academic terms	English	01:53 AM 03:55 AM 05:57 AM 07:59 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:07 PM 08:09 PM 10:11 PM



General	Interpersonal Relationships	English	01:57 AM 03:58 AM 06:00 AM 08:02 AM 10:04 AM 12:05 PM 02:07 PM 04:09 PM 06:11 PM 08:12 PM 10:14 PM
रविवार, 07 जुलाई 2024 Sunday, 07 July 2024			
General	Montage of the channel	English	12:00 AM 02:05 AM 04:10 AM 06:15 AM 08:21 AM 10:26 AM 12:31 PM 02:36 PM 04:42 PM 06:47 PM 08:52 PM 10:58 PM
General	General Information & Time Table	English	12:00 AM 02:05 AM 04:10 AM 06:16 AM 08:21 AM 10:26 AM 12:32 PM 02:37 PM 04:42 PM 06:47 PM 08:53 PM 10:58 PM
General	Ransomware Attack	English	12:01 AM 02:06 AM 04:11 AM 06:17 AM 08:22 AM 10:27 AM 12:32 PM 02:38 PM 04:43 PM 06:48 PM 08:54 PM 10:59 PM
Storytelling/Value Education	राख की रस्सी	हिन्दी	12:02 AM 02:07 AM 04:12 AM 06:18 AM 08:23 AM 10:28 AM 12:33 PM 02:39 PM 04:44 PM 06:49 PM 08:55 PM 11:00 PM
General Awareness	क्यों और कैसे	हिन्दी	12:15 AM 02:20 AM 04:25 AM 06:31 AM 08:36 AM 10:41 AM 12:46 PM 02:52 PM 04:57 PM 07:02 PM 09:08 PM 11:13 PM
General	Safe use of internet	English	12:39 AM 02:44 AM 04:49 AM 06:55 AM 09:00 AM 11:05 AM 01:10 PM 03:16 PM 05:21 PM 07:26 PM 09:32 PM 11:37 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:45 AM 02:50 AM 04:55 AM 07:01 AM 09:06 AM 11:11 AM 01:16 PM 03:22 PM 05:27 PM 07:32 PM 09:38 PM 11:43 PM
Health, Physical Education/Yoga/ Sports	त्रिकोणासन	हिन्दी	12:48 AM 02:54 AM 04:59 AM 07:04 AM 09:10 AM 11:15 AM 01:20 PM 03:25 PM 05:31 PM 07:36 PM 09:41 PM 11:47 PM
Vocational Videos	प्लवंग टूल	हिन्दी	01:05 AM 03:10 AM 05:15 AM 07:21 AM 09:26 AM 11:31 AM 01:36 PM



			03:42 PM 05:47 PM 07:52 PM 09:58 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:19 AM 03:24 AM 05:30 AM 07:35 AM 09:40 AM 11:45 AM 01:51 PM 03:56 PM 06:01 PM 08:07 PM 10:12 PM
General	Pawanmuktasana	English	01:29 AM 03:35 AM 05:40 AM 07:45 AM 09:51 AM 11:56 AM 02:01 PM 04:06 PM 06:12 PM 08:17 PM 10:22 PM
सामान्य	Sustainable Food Systems Adopted	English	01:32 AM 03:38 AM 05:43 AM 07:48 AM 09:54 AM 11:59 AM 02:04 PM 04:09 PM 06:15 PM 08:20 PM 10:25 PM
General	Safe use of internet	English	01:33 AM 03:38 AM 05:44 AM 07:49 AM 09:54 AM 11:59 AM 02:05 PM 04:10 PM 06:15 PM 08:21 PM 10:26 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:39 AM 03:44 AM 05:50 AM 07:55 AM 10:00 AM 12:05 PM 02:11 PM 04:16 PM 06:21 PM 08:26 PM 10:32 PM
General	Introduction to waste segregation & dry and wet bins	English	01:46 AM 03:51 AM 05:56 AM 08:02 AM 10:07 AM 12:12 PM 02:18 PM 04:23 PM 06:28 PM 08:33 PM 10:39 PM
General	आजादी की अमृत कहानियाँ (बसंती देवी - जल)	हिन्दी	01:59 AM 04:05 AM 06:10 AM 08:15 AM 10:21 AM 12:26 PM 02:31 PM 04:36 PM 06:42 PM 08:47 PM 10:52 PM
General	पवनमुक्तासन	हिन्दी	02:02 AM 04:07 AM 06:12 AM 08:18 AM 10:23 AM 12:28 PM 02:33 PM 04:39 PM 06:44 PM 08:49 PM 10:55 PM
सोमवार, 08 जुलाई 2024 Monday, 08 July 2024			
General	Montage of the channel	English	12:00 AM 02:08 AM 04:16 AM 06:24 AM 08:33 AM 10:41 AM 12:49 PM 02:58 PM 05:06 PM 07:14 PM 09:23 PM 11:31 PM



General	General Information & Time Table	English	12:00 AM 02:08 AM 04:17 AM 06:25 AM 08:33 AM 10:41 AM 12:50 PM 02:58 PM 05:06 PM 07:15 PM 09:23 PM 11:31 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:01 AM 02:09 AM 04:17 AM 06:26 AM 08:34 AM 10:42 AM 12:51 PM 02:59 PM 05:07 PM 07:16 PM 09:24 PM 11:32 PM
Storytelling/Value Education	दान का हिसाब	हिन्दी	12:06 AM 02:15 AM 04:23 AM 06:31 AM 08:40 AM 10:48 AM 12:56 PM 03:05 PM 05:13 PM 07:21 PM 09:29 PM 11:38 PM
Disaster management	Cyclone - Secure your house	English	12:23 AM 02:31 AM 04:39 AM 06:48 AM 08:56 AM 11:04 AM 01:13 PM 03:21 PM 05:29 PM 07:38 PM 09:46 PM 11:54 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:24 AM 02:32 AM 04:40 AM 06:49 AM 08:57 AM 11:05 AM 01:14 PM 03:22 PM 05:30 PM 07:39 PM 09:47 PM 11:55 PM
General	इन्ोवेटिव टीचर	हिन्दी	12:25 AM 02:34 AM 04:42 AM 06:50 AM 08:59 AM 11:07 AM 01:15 PM 03:24 PM 05:32 PM 07:40 PM 09:48 PM 11:57 PM
Disaster management	Earthquake resistant house	English	12:41 AM 02:49 AM 04:57 AM 07:06 AM 09:14 AM 11:22 AM 01:31 PM 03:39 PM 05:47 PM 07:56 PM 10:04 PM
Vocational Videos	Preparing ORS at Home	English	12:42 AM 02:51 AM 04:59 AM 07:07 AM 09:16 AM 11:24 AM 01:32 PM 03:41 PM 05:49 PM 07:57 PM 10:06 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:48 AM 02:56 AM 05:05 AM 07:13 AM 09:21 AM 11:30 AM 01:38 PM 03:46 PM 05:55 PM 08:03 PM 10:11 PM
Creative Activities: Art & Craft	Paper Glider	English	12:50 AM 02:58 AM 05:06 AM 07:15 AM 09:23 AM 11:31 AM 01:40 PM 03:48 PM 05:56 PM 08:04 PM 10:13 PM



Creative Activities: Art & Craft	Monkey Acrobat	English	12:53 AM 03:01 AM 05:09 AM 07:18 AM 09:26 AM 11:34 AM 01:42 PM 03:51 PM 05:59 PM 08:07 PM 10:16 PM
General	Introduction to plasto, our hero and marine pollution	English	12:54 AM 03:02 AM 05:11 AM 07:19 AM 09:27 AM 11:36 AM 01:44 PM 03:52 PM 06:01 PM 08:09 PM 10:17 PM
General	Montage of the channel	English	01:01 AM 03:10 AM 05:18 AM 07:26 AM 09:35 AM 11:43 AM 01:51 PM 04:00 PM 06:08 PM 08:16 PM 10:25 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	01:02 AM 03:10 AM 05:18 AM 07:27 AM 09:35 AM 11:43 AM 01:52 PM 04:00 PM 06:08 PM 08:17 PM 10:25 PM
Art & Craft	नाटक खेलाना आसान है- 2	हिन्दी	01:05 AM 03:13 AM 05:22 AM 07:30 AM 09:38 AM 11:47 AM 01:55 PM 04:03 PM 06:12 PM 08:20 PM 10:28 PM
General	Emotional well being and mental health	English	01:20 AM 03:28 AM 05:36 AM 07:45 AM 09:53 AM 12:01 PM 02:10 PM 04:18 PM 06:26 PM 08:35 PM 10:43 PM
General	Prashast App Launch	English	01:25 AM 03:33 AM 05:41 AM 07:50 AM 09:58 AM 12:06 PM 02:15 PM 04:23 PM 06:31 PM 08:40 PM 10:48 PM
General	Diksha Initiatives Promo for G20	English	01:26 AM 03:35 AM 05:43 AM 07:51 AM 10:00 AM 12:08 PM 02:16 PM 04:25 PM 06:33 PM 08:41 PM 10:49 PM
सामान्य	Water Saved	English	01:34 AM 03:42 AM 05:51 AM 07:59 AM 10:07 AM 12:16 PM 02:24 PM 04:32 PM 06:40 PM 08:49 PM 10:57 PM
General	Setu Bandhasana	English	01:35 AM 03:43 AM 05:52 AM 08:00 AM 10:08 AM 12:17 PM 02:25 PM 04:33 PM 06:42 PM 08:50 PM 10:58 PM



General	हिंसा और चोटों के खिलाफ सुरक्षा	हिन्दी	01:38 AM 03:46 AM 05:54 AM 08:03 AM 10:11 AM 12:19 PM 02:27 PM 04:36 PM 06:44 PM 08:52 PM 11:01 PM
General	सरदार वल्लभ भाई पटेल	हिन्दी	01:43 AM 03:52 AM 06:00 AM 08:08 AM 10:17 AM 12:25 PM 02:33 PM 04:41 PM 06:50 PM 08:58 PM 11:06 PM
Art & Craft	विटामिन ए की कहानी	हिन्दी	01:47 AM 03:55 AM 06:03 AM 08:12 AM 10:20 AM 12:28 PM 02:37 PM 04:45 PM 06:53 PM 09:01 PM 11:10 PM
General	सेतुबंधासन	हिन्दी	01:58 AM 04:06 AM 06:15 AM 08:23 AM 10:31 AM 12:40 PM 02:48 PM 04:56 PM 07:05 PM 09:13 PM 11:21 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	02:01 AM 04:09 AM 06:17 AM 08:26 AM 10:34 AM 12:42 PM 02:50 PM 04:59 PM 07:07 PM 09:15 PM 11:24 PM
General	राष्ट्रगान	हिन्दी	02:07 AM 04:15 AM 06:23 AM 08:32 AM 10:40 AM 12:48 PM 02:57 PM 05:05 PM 07:13 PM 09:22 PM 11:30 PM
मंगलवार, 09 जुलाई 2024 Tuesday, 09 July 2024			
General	Montage of the channel	English	12:00 AM 02:19 AM 04:39 AM 06:59 AM 09:19 AM 11:39 AM 01:59 PM 04:19 PM 06:39 PM 08:59 PM 11:19 PM
General	General Information & Time Table	English	12:00 AM 02:20 AM 04:40 AM 07:00 AM 09:20 AM 11:40 AM 02:00 PM 04:20 PM 06:40 PM 09:00 PM 11:20 PM
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:01 AM 02:21 AM 04:41 AM 07:01 AM 09:21 AM 11:41 AM 02:01 PM 04:21 PM 06:41 PM 09:01 PM 11:21 PM
सामान्य	Water Saved	English	12:13 AM 02:33 AM 04:53 AM 07:13 AM 09:33 AM 11:53 AM 02:13 PM



			04:33 PM 06:53 PM 09:13 PM 11:33 PM
General	Values and Types of Wetlands Part -1	English	12:14 AM 02:34 AM 04:54 AM 07:14 AM 09:34 AM 11:54 AM 02:14 PM 04:34 PM 06:54 PM 09:14 PM 11:34 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM 02:41 AM 05:01 AM 07:21 AM 09:41 AM 12:01 PM 02:21 PM 04:41 PM 07:01 PM 09:21 PM 11:40 PM
General	Jadui Pitara-Theme Song	English	12:22 AM 02:42 AM 05:02 AM 07:22 AM 09:42 AM 12:02 PM 02:22 PM 04:42 PM 07:02 PM 09:22 PM 11:42 PM
Vocational Videos	प्लबिंग टूल	हिन्दी	12:37 AM 02:57 AM 05:17 AM 07:37 AM 09:57 AM 12:17 PM 02:37 PM 04:57 PM 07:17 PM 09:37 PM 11:57 PM
General	Fun With Magnet	English	12:52 AM 03:12 AM 05:32 AM 07:52 AM 10:12 AM 12:32 PM 02:52 PM 05:11 PM 07:31 PM 09:51 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:55 AM 03:15 AM 05:35 AM 07:55 AM 10:15 AM 12:35 PM 02:55 PM 05:15 PM 07:35 PM 09:55 PM
General	Montage of the channel	English	12:58 AM 03:18 AM 05:38 AM 07:58 AM 10:18 AM 12:38 PM 02:58 PM 05:18 PM 07:38 PM 09:58 PM
General	Gender Equality	English	12:58 AM 03:18 AM 05:38 AM 07:58 AM 10:18 AM 12:38 PM 02:58 PM 05:18 PM 07:38 PM 09:58 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:06 AM 03:26 AM 05:46 AM 08:06 AM 10:26 AM 12:46 PM 03:06 PM 05:26 PM 07:46 PM 10:05 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:07 AM 03:27 AM 05:47 AM 08:07 AM 10:27 AM 12:47 PM 03:07 PM 05:27 PM 07:47 PM 10:07 PM
General	Micro Improvement	English	01:15 AM 03:34 AM 05:54 AM 08:14 AM 10:34 AM 12:54 PM 03:14 PM 05:34 PM 07:54 PM 10:14 PM



General Awareness	Water A Wonderfull Molecule	English	01:16 AM 03:36 AM 05:56 AM 08:16 AM 10:36 AM 12:56 PM 03:16 PM 05:36 PM 07:56 PM 10:16 PM
General	आज़ादी की अमृत कहानियाँ (बसन्ती देवी - जल)	हिन्दी	01:36 AM 03:56 AM 06:16 AM 08:36 AM 10:56 AM 01:16 PM 03:36 PM 05:56 PM 08:16 PM 10:36 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:38 AM 03:58 AM 06:18 AM 08:38 AM 10:58 AM 01:18 PM 03:38 PM 05:58 PM 08:18 PM 10:38 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:41 AM 04:01 AM 06:21 AM 08:41 AM 11:01 AM 01:21 PM 03:41 PM 06:01 PM 08:21 PM 10:41 PM
General	Shalabhasana	English	01:47 AM 04:07 AM 06:27 AM 08:47 AM 11:07 AM 01:27 PM 03:47 PM 06:07 PM 08:27 PM 10:47 PM
General	शलभासन	हिन्दी	01:49 AM 04:09 AM 06:29 AM 08:49 AM 11:09 AM 01:29 PM 03:49 PM 06:09 PM 08:29 PM 10:49 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:51 AM 04:11 AM 06:31 AM 08:51 AM 11:11 AM 01:31 PM 03:51 PM 06:11 PM 08:31 PM 10:51 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:53 AM 04:13 AM 06:33 AM 08:53 AM 11:13 AM 01:33 PM 03:53 PM 06:13 PM 08:33 PM 10:53 PM
General English	Episode 1 Greeting a Friend	English	01:55 AM 04:15 AM 06:35 AM 08:55 AM 11:15 AM 01:35 PM 03:55 PM 06:15 PM 08:35 PM 10:55 PM
सामान्य	Healthy Lifestyle Adopted	English	02:03 AM 04:23 AM 06:43 AM 09:03 AM 11:23 AM 01:43 PM 04:03 PM 06:23 PM 08:43 PM 11:03 PM
General	Micro Improvement	English	02:04 AM 04:24 AM 06:44 AM 09:04 AM 11:24 AM 01:44 PM 04:04 PM 06:24 PM 08:44 PM 11:04 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	02:05 AM 04:25 AM 06:45 AM 09:05 AM 11:25 AM 01:45 PM 04:05 PM 06:25 PM 08:45 PM 11:05 PM



General	Values and Types of Wetlands Part -2	English	02:11 AM 04:31 AM 06:51 AM 09:11 AM 11:31 AM 01:51 PM 04:11 PM 06:31 PM 08:51 PM 11:11 PM
बुधवार, 10 जुलाई 2024 Wednesday, 10 July 2024			
General	Montage of the channel	English	12:00 AM 02:14 AM 04:29 AM 06:44 AM 08:59 AM 11:13 AM 01:28 PM 03:43 PM 05:58 PM 08:13 PM 10:27 PM
General	General Information & Time Table	English	12:00 AM 02:15 AM 04:29 AM 06:44 AM 08:59 AM 11:14 AM 01:29 PM 03:43 PM 05:58 PM 08:13 PM 10:28 PM
Disaster management	Earthquake - What to do when outside during an earthquake	English	12:01 AM 02:16 AM 04:30 AM 06:45 AM 09:00 AM 11:15 AM 01:29 PM 03:44 PM 05:59 PM 08:14 PM 10:29 PM
Storytelling/Value Education	बस के नीचे बाघ	हिन्दी	12:03 AM 02:17 AM 04:32 AM 06:47 AM 09:02 AM 11:16 AM 01:31 PM 03:46 PM 06:01 PM 08:16 PM 10:30 PM
General	Nutrition_Health and Sanitation	English	12:08 AM 02:23 AM 04:38 AM 06:53 AM 09:08 AM 11:22 AM 01:37 PM 03:52 PM 06:07 PM 08:21 PM 10:36 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	हिन्दी	12:15 AM 02:30 AM 04:44 AM 06:59 AM 09:14 AM 11:29 AM 01:43 PM 03:58 PM 06:13 PM 08:28 PM 10:43 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:16 AM 02:31 AM 04:46 AM 07:01 AM 09:15 AM 11:30 AM 01:45 PM 04:00 PM 06:14 PM 08:29 PM 10:44 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi/english	12:20 AM 02:35 AM 04:49 AM 07:04 AM 09:19 AM 11:34 AM 01:49 PM 04:03 PM 06:18 PM 08:33 PM 10:48 PM
Vocational Videos	Preparing ORS at Home	English	12:20 AM 02:35 AM 04:50 AM 07:05 AM 09:20 AM 11:34 AM 01:49 PM 04:04 PM 06:19 PM 08:33 PM 10:48 PM



Creative Activities: Art & Craft	Double Spiral from Square	English	12:26 AM 02:41 AM 04:56 AM 07:11 AM 09:25 AM 11:40 AM 01:55 PM 04:10 PM 06:24 PM 08:39 PM 10:54 PM
Creative Activities: Art & Craft	Curlicue Origami	English	12:30 AM 02:45 AM 05:00 AM 07:14 AM 09:29 AM 11:44 AM 01:59 PM 04:13 PM 06:28 PM 08:43 PM 10:58 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:33 AM 02:48 AM 05:03 AM 07:18 AM 09:32 AM 11:47 AM 02:02 PM 04:17 PM 06:32 PM 08:46 PM 11:01 PM
General	Emotional well being and mental health	English	12:36 AM 02:51 AM 05:06 AM 07:21 AM 09:36 AM 11:50 AM 02:05 PM 04:20 PM 06:35 PM 08:50 PM 11:04 PM
General	Montage of the channel	English	12:41 AM 02:56 AM 05:11 AM 07:26 AM 09:41 AM 11:55 AM 02:10 PM 04:25 PM 06:40 PM 08:54 PM 11:09 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:42 AM 02:57 AM 05:11 AM 07:26 AM 09:41 AM 11:56 AM 02:11 PM 04:25 PM 06:40 PM 08:55 PM 11:10 PM
General	Values and Types of Wetlands Part -1	English	12:47 AM 03:02 AM 05:17 AM 07:31 AM 09:46 AM 12:01 PM 02:16 PM 04:31 PM 06:45 PM 09:00 PM 11:15 PM
General English	Episode 2 Greeting an Acquaintance	English	12:54 AM 03:09 AM 05:23 AM 07:38 AM 09:53 AM 12:08 PM 02:22 PM 04:37 PM 06:52 PM 09:07 PM 11:22 PM
General	उपभोक्ता संरक्षण	हिन्दी	01:03 AM 03:17 AM 05:32 AM 07:47 AM 10:02 AM 12:16 PM 02:31 PM 04:46 PM 07:01 PM 09:16 PM 11:30 PM
Storytelling/Value Education	राख की रस्सी	हिन्दी	01:07 AM 03:22 AM 05:37 AM 07:52 AM 10:07 AM 12:21 PM 02:36 PM 04:51 PM 07:06 PM 09:21 PM 11:35 PM



General Awareness	Water A Wonderful Molecule	English	01:20 AM 03:35 AM 05:50 AM 08:05 AM 10:20 AM 12:34 PM 02:49 PM 05:04 PM 07:19 PM 09:33 PM 11:48 PM
General	Shashankasana	English	01:41 AM 03:55 AM 06:10 AM 08:25 AM 10:40 AM 12:54 PM 03:09 PM 05:24 PM 07:39 PM 09:54 PM
General	शशकासन	हिन्दी	01:43 AM 03:58 AM 06:12 AM 08:27 AM 10:42 AM 12:57 PM 03:12 PM 05:26 PM 07:41 PM 09:56 PM
General	Introduction to waste segregation & dry and wet bins	English	01:45 AM 04:00 AM 06:15 AM 08:30 AM 10:44 AM 12:59 PM 03:14 PM 05:29 PM 07:43 PM 09:58 PM
General	सरदार वल्लभ भाई पटेल	हिन्दी	01:59 AM 04:14 AM 06:28 AM 08:43 AM 10:58 AM 01:13 PM 03:28 PM 05:42 PM 07:57 PM 10:12 PM
General	Growing up Healthy	English	02:02 AM 04:17 AM 06:32 AM 08:47 AM 11:01 AM 01:16 PM 03:31 PM 05:46 PM 08:01 PM 10:15 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	02:06 AM 04:21 AM 06:36 AM 08:51 AM 11:06 AM 01:20 PM 03:35 PM 05:50 PM 08:05 PM 10:19 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:12 AM 04:27 AM 06:42 AM 08:56 AM 11:11 AM 01:26 PM 03:41 PM 05:55 PM 08:10 PM 10:25 PM
बृहस्पतिवार, 11 जुलाई 2024 Thursday, 11 July 2024			
General	Montage of the channel	English	12:00 AM 02:13 AM 04:27 AM 06:40 AM 08:54 AM 11:07 AM 01:21 PM 03:35 PM 05:48 PM 08:02 PM 10:15 PM
General	General Information & Time Table	English	12:00 AM 02:13 AM 04:27 AM 06:41 AM 08:54 AM 11:08 AM 01:21 PM 03:35 PM 05:49 PM 08:02 PM 10:16 PM
Storytelling/Value Education	नट खट चूहा	हिन्दी	12:01 AM 02:14 AM 04:28 AM 06:41 AM 08:55 AM 11:09 AM 01:22 PM 03:36 PM 05:49 PM 08:03 PM 10:17 PM



General Awareness	क्षेत्रफल	हिन्दी	12:14 AM 02:28 AM 04:42 AM 06:55 AM 09:09 AM 11:22 AM 01:36 PM 03:49 PM 06:03 PM 08:17 PM 10:30 PM
Science (Activities)	Ingredients used to prepare food items and their sources (ch-2)	English	12:40 AM 02:53 AM 05:07 AM 07:20 AM 09:34 AM 11:48 AM 02:01 PM 04:15 PM 06:28 PM 08:42 PM 10:56 PM
General English	Episode 3 Greeting Strangers	English	12:43 AM 02:57 AM 05:11 AM 07:24 AM 09:38 AM 11:51 AM 02:05 PM 04:18 PM 06:32 PM 08:46 PM 10:59 PM
General	Surya Namaskar	English	12:55 AM 03:09 AM 05:23 AM 07:36 AM 09:50 AM 12:03 PM 02:17 PM 04:30 PM 06:44 PM 08:58 PM 11:11 PM
Art & Craft	A Sunrise at Ganga Sagar	English	01:02 AM 03:16 AM 05:29 AM 07:43 AM 09:56 AM 12:10 PM 02:24 PM 04:37 PM 06:51 PM 09:04 PM 11:18 PM
Science (Activities)	Tests for components of food (Ch-2)	English	01:17 AM 03:31 AM 05:44 AM 07:58 AM 10:11 AM 12:25 PM 02:38 PM 04:52 PM 07:06 PM 09:19 PM 11:33 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:22 AM 03:35 AM 05:49 AM 08:02 AM 10:16 AM 12:30 PM 02:43 PM 04:57 PM 07:10 PM 09:24 PM 11:38 PM
General	सूर्य नमस्कार	हिन्दी	01:32 AM 03:46 AM 05:59 AM 08:13 AM 10:26 AM 12:40 PM 02:54 PM 05:07 PM 07:21 PM 09:34 PM 11:48 PM
सामान्य	Sustainable Food Systems Adopted	English	01:39 AM 03:52 AM 06:06 AM 08:20 AM 10:33 AM 12:47 PM 03:00 PM 05:14 PM 07:28 PM 09:41 PM 11:55 PM
General	Safe use of internet	English	01:39 AM 03:53 AM 06:07 AM 08:20 AM 10:34 AM 12:47 PM 03:01 PM 05:14 PM 07:28 PM 09:42 PM 11:55 PM



General	वैष्णव जन तो तेने कहिए	हिन्दी	01:45 AM 03:59 AM 06:13 AM 08:26 AM 10:40 AM 12:53 PM 03:07 PM 05:20 PM 07:34 PM 09:48 PM
General	Introduction to waste segregation & dry and wet bins	English	01:52 AM 04:06 AM 06:19 AM 08:33 AM 10:47 AM 01:00 PM 03:14 PM 05:27 PM 07:41 PM 09:54 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	02:06 AM 04:19 AM 06:33 AM 08:47 AM 11:00 AM 01:14 PM 03:27 PM 05:41 PM 07:55 PM 10:08 PM
शुक्रवार, 12 जुलाई 2024 Friday, 12 July 2024			
General	Montage of the channel	English	12:00 AM 02:13 AM 04:27 AM 06:41 AM 08:55 AM 11:09 AM 01:23 PM 03:37 PM 05:51 PM 08:05 PM 10:19 PM
General	General Information & Time Table	English	12:00 AM 02:14 AM 04:28 AM 06:42 AM 08:56 AM 11:10 AM 01:24 PM 03:38 PM 05:52 PM 08:05 PM 10:19 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:01 AM 02:15 AM 04:29 AM 06:43 AM 08:57 AM 11:10 AM 01:24 PM 03:38 PM 05:52 PM 08:06 PM 10:20 PM
Creative Activities: Art & Craft	Cubical Dance	English	12:13 AM 02:27 AM 04:41 AM 06:55 AM 09:09 AM 11:23 AM 01:37 PM 03:51 PM 06:05 PM 08:18 PM 10:32 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	हिन्दी	12:16 AM 02:30 AM 04:44 AM 06:58 AM 09:12 AM 11:26 AM 01:40 PM 03:54 PM 06:08 PM 08:22 PM 10:36 PM
Science (Activities)	Activity 3- Winnowing (ch-5)	English	12:23 AM 02:37 AM 04:51 AM 07:05 AM 09:19 AM 11:33 AM 01:47 PM 04:00 PM 06:14 PM 08:28 PM 10:42 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:24 AM 02:38 AM 04:52 AM 07:06 AM 09:20 AM 11:34 AM 01:48 PM 04:02 PM 06:16 PM 08:30 PM 10:44 PM



General	Gender Equality	English	12:37 AM 02:51 AM 05:05 AM 07:19 AM 09:33 AM 11:47 AM 02:01 PM 04:15 PM 06:29 PM 08:43 PM 10:57 PM
General	Safety & Security	English	12:45 AM 02:59 AM 05:13 AM 07:26 AM 09:40 AM 11:54 AM 02:08 PM 04:22 PM 06:36 PM 08:50 PM 11:04 PM
Disaster management	Flood - What To Do During Floods	English	12:50 AM 03:04 AM 05:18 AM 07:32 AM 09:46 AM 12:00 PM 02:14 PM 04:28 PM 06:42 PM 08:56 PM 11:10 PM
General	Montage of the channel	English	12:51 AM 03:05 AM 05:19 AM 07:33 AM 09:47 AM 12:01 PM 02:15 PM 04:29 PM 06:43 PM 08:57 PM 11:11 PM
General Awareness	Air Pollution	English	12:52 AM 03:06 AM 05:20 AM 07:34 AM 09:47 AM 12:01 PM 02:15 PM 04:29 PM 06:43 PM 08:57 PM 11:11 PM
General	General Information & Time Table	English	01:17 AM 03:31 AM 05:45 AM 07:59 AM 10:13 AM 12:26 PM 02:40 PM 04:54 PM 07:08 PM 09:22 PM 11:36 PM
General	आज़ादी की कहानी	हिन्दी	01:18 AM 03:31 AM 05:45 AM 07:59 AM 10:13 AM 12:27 PM 02:41 PM 04:55 PM 07:09 PM 09:23 PM 11:37 PM
Disaster management	Flood - बाढ़ के दौरान क्या करें और क्या न करें	Hindi/english	01:26 AM 03:40 AM 05:54 AM 08:08 AM 10:22 AM 12:36 PM 02:50 PM 05:04 PM 07:18 PM 09:32 PM 11:46 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	01:27 AM 03:41 AM 05:55 AM 08:09 AM 10:23 AM 12:37 PM 02:51 PM 05:05 PM 07:19 PM 09:33 PM 11:47 PM
General	Growth & Health	English	01:29 AM 03:43 AM 05:57 AM 08:11 AM 10:25 AM 12:39 PM 02:52 PM 05:06 PM 07:20 PM 09:34 PM 11:48 PM



General	एक प्रयास प्लास्टिक प्रदूषण कम करने का	हिन्दी	01:33 AM 03:47 AM 06:01 AM 08:15 AM 10:29 AM 12:43 PM 02:57 PM 05:11 PM 07:25 PM 09:38 PM 11:52 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:45 AM 03:59 AM 06:13 AM 08:27 AM 10:41 AM 12:55 PM 03:09 PM 05:23 PM 07:37 PM 09:51 PM
General	Tadasana	English	02:06 AM 04:20 AM 06:34 AM 08:48 AM 11:01 AM 01:15 PM 03:29 PM 05:43 PM 07:57 PM 10:11 PM
General	Diksha Promo with Subtitle	English	02:08 AM 04:22 AM 06:36 AM 08:50 AM 11:04 AM 01:18 PM 03:32 PM 05:46 PM 08:00 PM 10:14 PM
General	ताड़ासन	हिन्दी	02:11 AM 04:25 AM 06:39 AM 08:53 AM 11:07 AM 01:21 PM 03:35 PM 05:49 PM 08:03 PM 10:17 PM
शनिवार, 13 जुलाई 2024 Saturday, 13 July 2024			
General	Montage of the channel	English	12:00 AM 02:24 AM 04:49 AM 07:14 AM 09:39 AM 12:04 PM 02:29 PM 04:54 PM 07:19 PM 09:44 PM
General	General Information & Time Table	English	12:00 AM 02:25 AM 04:50 AM 07:15 AM 09:40 AM 12:04 PM 02:29 PM 04:54 PM 07:19 PM 09:44 PM
General	RBI Digital Payments Awareness Week: चुटकी में	Hindi/english	12:01 AM 02:26 AM 04:51 AM 07:15 AM 09:40 AM 12:05 PM 02:30 PM 04:55 PM 07:20 PM 09:45 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	12:01 AM 02:26 AM 04:51 AM 07:16 AM 09:41 AM 12:06 PM 02:31 PM 04:56 PM 07:20 PM 09:45 PM
General	Trikonasana	English	12:04 AM 02:29 AM 04:54 AM 07:19 AM 09:43 AM 12:08 PM 02:33 PM 04:58 PM 07:23 PM 09:48 PM
General	त्रिकोणासन	हिन्दी	12:06 AM 02:31 AM 04:56 AM 07:21 AM 09:46 AM 12:11 PM 02:36 PM 05:01 PM 07:26 PM 09:51 PM



General English	Episode 5 Giving Advice 1	English	12:09 AM 02:34 AM 04:59 AM 07:24 AM 09:49 AM 12:14 PM 02:38 PM 05:03 PM 07:28 PM 09:53 PM
General	Prevention and Management of Substance Misuse	English	12:23 AM 02:48 AM 05:12 AM 07:37 AM 10:02 AM 12:27 PM 02:52 PM 05:17 PM 07:42 PM 10:07 PM
Science (Activities)	Science Activities: Floating-Sinking-Part1	English	12:28 AM 02:53 AM 05:18 AM 07:43 AM 10:08 AM 12:32 PM 02:57 PM 05:22 PM 07:47 PM 10:12 PM
Vocational Videos	IDENTIFICATION OF TREES	English	12:45 AM 03:10 AM 05:35 AM 08:00 AM 10:25 AM 12:50 PM 03:15 PM 05:40 PM 08:04 PM 10:29 PM
General Awareness	Air Pollution	English	12:56 AM 03:21 AM 05:45 AM 08:10 AM 10:35 AM 01:00 PM 03:25 PM 05:50 PM 08:15 PM 10:40 PM
सामान्य	Sustainable Food Systems Adopted	English	01:21 AM 03:46 AM 06:10 AM 08:35 AM 11:00 AM 01:25 PM 03:50 PM 06:15 PM 08:40 PM 11:05 PM
General Awareness	Arpan-Personal safety	English	01:21 AM 03:46 AM 06:11 AM 08:36 AM 11:01 AM 01:26 PM 03:51 PM 06:15 PM 08:40 PM 11:05 PM
General	Safe use of internet	English	01:36 AM 04:00 AM 06:25 AM 08:50 AM 11:15 AM 01:40 PM 04:05 PM 06:30 PM 08:55 PM 11:20 PM
Vocational Videos	हैंड टूल	हिन्दी	01:41 AM 04:06 AM 06:31 AM 08:56 AM 11:21 AM 01:46 PM 04:11 PM 06:36 PM 09:01 PM 11:26 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:57 AM 04:22 AM 06:46 AM 09:11 AM 11:36 AM 02:01 PM 04:26 PM 06:51 PM 09:16 PM 11:41 PM
General	Introduction to waste segregation & dry and wet bins	English	02:04 AM 04:28 AM 06:53 AM 09:18 AM 11:43 AM 02:08 PM 04:33 PM 06:58 PM 09:23 PM 11:48 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	02:17 AM 04:42 AM 07:07 AM 09:32 AM 11:57 AM 02:22 PM 04:47 PM 07:12 PM 09:36 PM
रविवार, 14 जुलाई 2024 Sunday, 14 July 2024			



General	Montage of the channel	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General	General Information & Time Table	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Storytelling/Value Education	राख की रस्सी	हिन्दी	12:01 AM 02:31 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General	भावनात्मक कल्याण और मानसिक स्वास्थ्य	हिन्दी	12:14 AM 02:44 AM 05:14 AM 07:45 AM 10:15 AM 12:46 PM 03:16 PM 05:46 PM 08:17 PM 10:47 PM
General English	Episode 6 Giving Advice 2	English	12:19 AM 02:49 AM 05:19 AM 07:50 AM 10:20 AM 12:50 PM 03:21 PM 05:51 PM 08:22 PM 10:52 PM
Creative Activities: Art & Craft	String Mosquito	English	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:34 PM 11:05 PM
General	Energy Saving	English	12:33 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:04 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
General	स्वस्थ बढ़ना	हिन्दी	12:34 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
General	Fun With Magnet	English	12:39 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:10 PM 03:41 PM 06:11 PM 08:41 PM 11:12 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:42 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:13 PM 03:44 PM 06:14 PM 08:44 PM 11:15 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	12:48 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:50 PM 06:21 PM 08:51 PM 11:22 PM
Disaster management	Cyclone - Secure your house	English	01:05 AM 03:35 AM 06:06 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:07 AM 01:38 PM 04:08 PM 06:39 PM 09:09 PM 11:39 PM



General	Micro Improvement	English	01:13 AM 03:44 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:46 PM
General Awareness	Water A Wonderfull Molecule	English	01:15 AM 03:45 AM 06:15 AM 08:46 AM 11:16 AM 01:47 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM
General	आजादी की अमृत कहानियाँ (बसंती देवी - जल)	हिन्दी	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:07 PM 09:38 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:39 AM 02:09 PM 04:39 PM 07:10 PM 09:40 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:39 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:42 PM
General	Ustrasana	English	01:45 AM 04:16 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
General	उष्ट्रासन	हिन्दी	01:48 AM 04:19 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:50 PM 07:21 PM 09:51 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:51 AM 04:22 AM 06:52 AM 09:22 AM 11:53 AM 02:23 PM 04:53 PM 07:24 PM 09:54 PM
Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi/english	01:53 AM 04:24 AM 06:54 AM 09:24 AM 11:55 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
General	AR-VR PMeVidya APP	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:56 AM 02:26 PM 04:56 PM 07:27 PM 09:57 PM
सामान्य	Healthy Lifestyle Adopted	English	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General Awareness	क्यों और कैसे	हिन्दी	01:57 AM 04:27 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:29 PM 10:00 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	हिन्दी	02:21 AM 04:51 AM 07:21 AM 09:52 AM 12:22 PM 02:53 PM 05:23 PM 07:53 PM 10:24 PM



General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	02:24 AM 04:54 AM 07:25 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
सोमवार, 15 जुलाई 2024 Monday, 15 July 2024			
General	Montage of the channel	English	12:00 AM 02:32 AM 05:04 AM 07:36 AM 10:08 AM 12:40 PM 03:12 PM 05:44 PM 08:16 PM 10:48 PM
General	General Information & Time Table	English	12:00 AM 02:32 AM 05:04 AM 07:36 AM 10:08 AM 12:40 PM 03:12 PM 05:44 PM 08:17 PM 10:49 PM
Creative Activities: Art & Craft	Curious Rat	English	12:01 AM 02:33 AM 05:05 AM 07:37 AM 10:09 AM 12:41 PM 03:13 PM 05:45 PM 08:17 PM 10:49 PM
General Awareness	क्यों और कैसे	हिन्दी	12:02 AM 02:34 AM 05:06 AM 07:38 AM 10:10 AM 12:42 PM 03:15 PM 05:47 PM 08:19 PM 10:51 PM
Storytelling/Value Education	दान का हिसाब	हिन्दी	12:26 AM 02:58 AM 05:30 AM 08:02 AM 10:34 AM 01:06 PM 03:39 PM 06:11 PM 08:43 PM 11:15 PM
General	Values and Types of Wetlands Part -2	English	12:43 AM 03:15 AM 05:47 AM 08:19 AM 10:51 AM 01:23 PM 03:55 PM 06:27 PM 08:59 PM 11:31 PM
Creative Activities: Art & Craft	Mango Leaf Purse	English	12:51 AM 03:23 AM 05:55 AM 08:27 AM 10:59 AM 01:31 PM 04:03 PM 06:35 PM 09:07 PM 11:39 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:53 AM 03:25 AM 05:57 AM 08:29 AM 11:01 AM 01:33 PM 04:05 PM 06:37 PM 09:09 PM 11:42 PM
Creative Activities: Art & Craft	Resonating Petals	English	01:06 AM 03:38 AM 06:11 AM 08:43 AM 11:15 AM 01:47 PM 04:19 PM 06:51 PM 09:23 PM 11:55 PM
General	Vajrasana	English	01:08 AM 03:40 AM 06:12 AM 08:44 AM 11:16 AM 01:48 PM 04:20 PM 06:52 PM 09:24 PM 11:56 PM
General	ISL APP LAUNCH VIDEO	English	01:10 AM 03:42 AM 06:14 AM 08:47 AM 11:19 AM 01:51 PM 04:23 PM 06:55 PM 09:27 PM 11:59 PM



General	वज्रासन	हिन्दी	01:13 AM 03:45 AM 06:17 AM 08:49 AM 11:21 AM 01:53 PM 04:25 PM 06:58 PM 09:30 PM
General	Introduction to plasto, our hero and marine pollution	English	01:16 AM 03:48 AM 06:20 AM 08:52 AM 11:24 AM 01:56 PM 04:28 PM 07:00 PM 09:32 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:23 AM 03:55 AM 06:27 AM 08:59 AM 11:31 AM 02:03 PM 04:35 PM 07:07 PM 09:40 PM
General	Value and responsible Citizenship	English	01:29 AM 04:01 AM 06:33 AM 09:05 AM 11:37 AM 02:09 PM 04:41 PM 07:13 PM 09:45 PM
General	Montage of the channel	English	01:34 AM 04:06 AM 06:38 AM 09:10 AM 11:42 AM 02:14 PM 04:46 PM 07:18 PM 09:50 PM
General	General Information & Time Table	English	01:34 AM 04:06 AM 06:38 AM 09:10 AM 11:43 AM 02:15 PM 04:47 PM 07:19 PM 09:51 PM
General	Gender Equality	English	01:35 AM 04:07 AM 06:39 AM 09:11 AM 11:43 AM 02:15 PM 04:48 PM 07:20 PM 09:52 PM
General	Catfishing Fraud	English	01:42 AM 04:14 AM 06:46 AM 09:18 AM 11:51 AM 02:23 PM 04:55 PM 07:27 PM 09:59 PM
General English	Episode 7 Making Requests 1	English	01:43 AM 04:15 AM 06:47 AM 09:20 AM 11:52 AM 02:24 PM 04:56 PM 07:28 PM 10:00 PM
General Awareness	Arpan-Personal safety	English	01:54 AM 04:26 AM 06:59 AM 09:31 AM 12:03 PM 02:35 PM 05:07 PM 07:39 PM 10:11 PM
General	हिंदी शब्दकोष	हिन्दी	02:09 AM 04:41 AM 07:13 AM 09:45 AM 12:17 PM 02:49 PM 05:21 PM 07:53 PM 10:25 PM
General	Safety & Security	English	02:26 AM 04:58 AM 07:30 AM 10:02 AM 12:34 PM 03:06 PM 05:38 PM 08:11 PM 10:43 PM
मंगलवार, 16 जुलाई 2024 Tuesday, 16 July 2024			



General	Montage of the channel	English	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:40 PM
General	General Information & Time Table	English	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:07 PM 05:38 PM 08:09 PM 10:40 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	12:01 AM 02:32 AM 05:03 AM 07:34 AM 10:05 AM 12:36 PM 03:07 PM 05:39 PM 08:10 PM 10:41 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:08 AM 02:39 AM 05:10 AM 07:41 AM 10:12 AM 12:43 PM 03:14 PM 05:45 PM 08:17 PM 10:48 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:09 AM 02:40 AM 05:11 AM 07:42 AM 10:13 AM 12:44 PM 03:16 PM 05:47 PM 08:18 PM 10:49 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:24 AM 02:55 AM 05:26 AM 07:57 AM 10:28 AM 12:59 PM 03:30 PM 06:02 PM 08:33 PM 11:04 PM
General	एक प्रयास प्लास्टिक प्रदुषण कम करने का	हिन्दी	12:28 AM 02:59 AM 05:30 AM 08:01 AM 10:32 AM 01:03 PM 03:34 PM 06:05 PM 08:36 PM 11:08 PM
General Awareness	Air Pollution	English	12:40 AM 03:11 AM 05:42 AM 08:13 AM 10:45 AM 01:16 PM 03:47 PM 06:18 PM 08:49 PM 11:20 PM
General Awareness	क्यों और कैसे	हिन्दी	01:05 AM 03:36 AM 06:07 AM 08:38 AM 11:10 AM 01:41 PM 04:12 PM 06:43 PM 09:14 PM 11:45 PM
General	Growing up Healthy	English	01:29 AM 04:00 AM 06:31 AM 09:02 AM 11:33 AM 02:04 PM 04:35 PM 07:06 PM 09:38 PM
Art & Craft	3DPopupHouseAmazingPopupGreeting CardEnglish	English	01:33 AM 04:04 AM 06:35 AM 09:06 AM 11:37 AM 02:08 PM 04:40 PM 07:11 PM 09:42 PM
General	Ransomware Attack	English	01:37 AM 04:08 AM 06:39 AM 09:10 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:45 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:15 PM 09:46 PM



Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	01:58 AM 04:29 AM 07:00 AM 09:31 AM 12:02 PM 02:33 PM 05:04 PM 07:36 PM 10:07 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	हिन्दी	02:04 AM 04:35 AM 07:06 AM 09:37 AM 12:09 PM 02:40 PM 05:11 PM 07:42 PM 10:13 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	02:07 AM 04:38 AM 07:10 AM 09:41 AM 12:12 PM 02:43 PM 05:14 PM 07:45 PM 10:16 PM
Creative Activities: Art & Craft	Striking Swan	English	02:13 AM 04:44 AM 07:15 AM 09:46 AM 12:17 PM 02:48 PM 05:19 PM 07:50 PM 10:21 PM
General Awareness	Arpan-Personal safety	English	02:14 AM 04:46 AM 07:17 AM 09:48 AM 12:19 PM 02:50 PM 05:21 PM 07:52 PM 10:23 PM
बुधवार, 17 जुलाई 2024 Wednesday, 17 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
General	General Information & Time Table	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
General Awareness	क्यों और कैसे	हिन्दी	12:01 AM 02:31 AM 05:02 AM 07:32 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:34 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:59 PM
General	Emotional well being and mental health	English	12:26 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
General	Online Game Fraud	English	12:31 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM



General Awareness	Air Pollution	English	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:15 PM 03:46 PM 06:16 PM 08:47 PM 11:17 PM
General	Ardha Chakrasana	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
General Awareness	Arpan-Personal safety	English	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
General	General Information & Time Table	English	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:58 PM
Health, Physical Education/Yoga/ Sports	Discus Throw	English	01:25 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:58 PM 04:28 PM 06:58 PM 09:29 PM 11:59 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:43 AM 04:13 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:53 PM
General	I will bring glory to my Nation	English	01:56 AM 04:26 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General	आज़ादी की अमृत कहानियाँ (तन्वी जगदीश- सागर)	हिन्दी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
Vocational Videos	गृह सज्जा हेतु पौधे	हिन्दी	02:03 AM 04:34 AM 07:04 AM 09:34 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:07 PM
General	अर्ध चक्रासन	हिन्दी	02:27 AM 04:57 AM 07:28 AM 09:58 AM 12:29 PM 02:59 PM 05:30 PM 08:00 PM 10:30 PM
General	Montage of the channel	English	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
General	RBI Digital Payments	Hindi/english	02:29 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM



	Awareness Week: हॉस्पिटल में		
बृहस्पतिवार, 18 जुलाई 2024 Thursday, 18 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
General	General Information & Time Table	English	12:00 AM 02:31 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
General Awareness	बात पते की	हिन्दी	12:01 AM 02:31 AM 05:02 AM 07:33 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:36 PM
General	Bhujagasana	English	12:15 AM 02:46 AM 05:17 AM 07:47 AM 10:18 AM 12:49 PM 03:19 PM 05:50 PM 08:21 PM 10:51 PM
Storytelling/Value Education	बस के नीचे बाघ	हिन्दी	12:18 AM 02:49 AM 05:19 AM 07:50 AM 10:20 AM 12:51 PM 03:22 PM 05:52 PM 08:23 PM 10:54 PM
General	भुजंगासन	हिन्दी	12:24 AM 02:54 AM 05:25 AM 07:56 AM 10:26 AM 12:57 PM 03:28 PM 05:58 PM 08:29 PM 11:00 PM
General	MOTHER EARTH Prakriti English Subtitles	English	12:26 AM 02:57 AM 05:28 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:01 PM 08:31 PM 11:02 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:28 AM 02:59 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:18 PM 08:48 PM 11:19 PM
Vocational Videos	गमले में पौधा लगाने की विधि	हिन्दी	12:45 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM
General Awareness	Water A Wonderfull Molecule	English	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:08 AM 01:39 PM 04:09 PM 06:40 PM 09:11 PM 11:41 PM



General	Growing up Healthy	English	01:26 AM 03:56 AM 06:27 AM 08:58 AM 11:28 AM 01:59 PM 04:29 PM 07:00 PM 09:31 PM
General	Introduction to plastic, our hero and marine pollution	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:37 AM 04:08 AM 06:38 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:12 PM 09:42 PM
General	जेंडर समानता	हिन्दी	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:19 PM 09:49 PM
General	Growth & Health	English	01:51 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:25 PM 04:55 PM 07:26 PM 09:57 PM
General Awareness	क्यों और कैसे	हिन्दी	01:56 AM 04:26 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:30 PM 10:01 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	02:25 AM 04:56 AM 07:26 AM 09:57 AM 12:28 PM 02:58 PM 05:29 PM 08:00 PM 10:30 PM
शुक्रवार, 19 जुलाई 2024 Friday, 19 July 2024			
General	Montage of the channel	English	12:00 AM 02:19 AM 04:39 AM 06:58 AM 09:18 AM 11:37 AM 01:57 PM 04:17 PM 06:36 PM 08:56 PM 11:15 PM
General	General Information & Time Table	English	12:00 AM 02:19 AM 04:39 AM 06:59 AM 09:18 AM 11:38 AM 01:57 PM 04:17 PM 06:37 PM 08:56 PM 11:16 PM
General	आज़ादी की अमृत कहानियाँ (टेस्सी थॉमस-अम्बर)	हिन्दी	12:01 AM 02:20 AM 04:40 AM 06:59 AM 09:19 AM 11:39 AM 01:58 PM 04:18 PM 06:37 PM 08:57 PM 11:17 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:03 AM 02:23 AM 04:42 AM 07:02 AM 09:21 AM 11:41 AM 02:01 PM



			04:20 PM 06:40 PM 08:59 PM 11:19 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:10 AM 02:29 AM 04:49 AM 07:08 AM 09:28 AM 11:48 AM 02:07 PM 04:27 PM 06:46 PM 09:06 PM 11:26 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:22 AM 02:41 AM 05:01 AM 07:21 AM 09:40 AM 12:00 PM 02:19 PM 04:39 PM 06:59 PM 09:18 PM 11:38 PM
General	निपुण भारत	हिन्दी	12:25 AM 02:45 AM 05:04 AM 07:24 AM 09:43 AM 12:03 PM 02:23 PM 04:42 PM 07:02 PM 09:21 PM 11:41 PM
General	Catfishing Fraud	English	12:27 AM 02:46 AM 05:06 AM 07:26 AM 09:45 AM 12:05 PM 02:24 PM 04:44 PM 07:03 PM 09:23 PM 11:43 PM
General	Fun With Magnet	English	12:28 AM 02:47 AM 05:07 AM 07:27 AM 09:46 AM 12:06 PM 02:25 PM 04:45 PM 07:05 PM 09:24 PM 11:44 PM
General	I will bring glory to my Nation	English	12:31 AM 02:51 AM 05:10 AM 07:30 AM 09:49 AM 12:09 PM 02:28 PM 04:48 PM 07:08 PM 09:27 PM 11:47 PM
General	Energy Saving	English	12:36 AM 02:56 AM 05:15 AM 07:35 AM 09:55 AM 12:14 PM 02:34 PM 04:53 PM 07:13 PM 09:32 PM 11:52 PM
General Awareness	Water A Wonderfull Molecule	English	12:38 AM 02:57 AM 05:17 AM 07:37 AM 09:56 AM 12:16 PM 02:35 PM 04:55 PM 07:15 PM 09:34 PM 11:54 PM
Vocational Videos	टूल बॉक्स	हिन्दी	12:58 AM 03:18 AM 05:37 AM 07:57 AM 10:16 AM 12:36 PM 02:55 PM 05:15 PM 07:35 PM 09:54 PM
General	Ransomware Attack	English	01:03 AM 03:23 AM 05:43 AM 08:02 AM 10:22 AM 12:41 PM 03:01 PM 05:20 PM 07:40 PM 10:00 PM



General	MOTHER EARTH Prakriti English Subtitles	English	01:04 AM 03:24 AM 05:44 AM 08:03 AM 10:23 AM 12:42 PM 03:02 PM 05:21 PM 07:41 PM 10:01 PM
General	E-Waste	English	01:06 AM 03:26 AM 05:45 AM 08:05 AM 10:25 AM 12:44 PM 03:04 PM 05:23 PM 07:43 PM 10:03 PM
General	Real life situations- garbage burning and what to do	English	01:08 AM 03:28 AM 05:47 AM 08:07 AM 10:26 AM 12:46 PM 03:05 PM 05:25 PM 07:45 PM 10:04 PM
General	आजादी की अमृत कहानियाँ (पूनम नौटियाल - जीवन)	हिन्दी	01:32 AM 03:52 AM 06:11 AM 08:31 AM 10:50 AM 01:10 PM 03:29 PM 05:49 PM 08:09 PM 10:28 PM
General	Introduction to MISSION LIFE	English	01:34 AM 03:54 AM 06:13 AM 08:33 AM 10:53 AM 01:12 PM 03:32 PM 05:51 PM 08:11 PM 10:31 PM
General	भद्रासन	हिन्दी	01:37 AM 03:56 AM 06:16 AM 08:35 AM 10:55 AM 01:15 PM 03:34 PM 05:54 PM 08:13 PM 10:33 PM
General	Bhujagasana	English	01:39 AM 03:59 AM 06:18 AM 08:38 AM 10:57 AM 01:17 PM 03:36 PM 05:56 PM 08:16 PM 10:35 PM
General	zoological-Survey- of-india	English	01:41 AM 04:01 AM 06:21 AM 08:40 AM 11:00 AM 01:19 PM 03:39 PM 05:59 PM 08:18 PM 10:38 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	हिन्दी	01:44 AM 04:03 AM 06:23 AM 08:43 AM 11:02 AM 01:22 PM 03:41 PM 06:01 PM 08:21 PM 10:40 PM
Vocational Videos	चेंजिंग टैप वॉटर	हिन्दी	02:12 AM 04:32 AM 06:51 AM 09:11 AM 11:31 AM 01:50 PM 04:10 PM 06:29 PM 08:49 PM 11:08 PM
शनिवार, 20 जुलाई 2024 Saturday, 20 July 2024			
General	Montage of the channel	English	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:10 AM 12:12 PM 02:14 PM 04:16 PM 06:18 PM 08:20 PM 10:22 PM
General	General Information & Time Table	English	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:10 AM 12:12 PM



			02:14 PM 04:16 PM 06:19 PM 08:21 PM 10:23 PM
सामान्य	Healthy Lifestyle Adopted	English	12:01 AM 02:03 AM 04:05 AM 06:07 AM 08:09 AM 10:11 AM 12:13 PM 02:15 PM 04:17 PM 06:19 PM 08:21 PM 10:23 PM
General	पारस्परिक संबंध	हिन्दी	12:01 AM 02:03 AM 04:05 AM 06:07 AM 08:10 AM 10:12 AM 12:14 PM 02:16 PM 04:18 PM 06:20 PM 08:22 PM 10:24 PM
Art & Craft	विटामिन ए की कहानी	हिन्दी	12:07 AM 02:09 AM 04:11 AM 06:13 AM 08:15 AM 10:17 AM 12:19 PM 02:21 PM 04:23 PM 06:25 PM 08:27 PM 10:29 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM 02:20 AM 04:22 AM 06:24 AM 08:26 AM 10:28 AM 12:30 PM 02:33 PM 04:35 PM 06:37 PM 08:39 PM 10:41 PM
General	Montage of the channel	English	12:32 AM 02:34 AM 04:36 AM 06:38 AM 08:40 AM 10:42 AM 12:44 PM 02:46 PM 04:48 PM 06:50 PM 08:52 PM 10:54 PM
General	General Information & Time Table	English	12:32 AM 02:34 AM 04:36 AM 06:38 AM 08:40 AM 10:42 AM 12:44 PM 02:47 PM 04:49 PM 06:51 PM 08:53 PM 10:55 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	12:33 AM 02:35 AM 04:37 AM 06:39 AM 08:41 AM 10:43 AM 12:45 PM 02:47 PM 04:49 PM 06:51 PM 08:54 PM 10:56 PM
Creative Activities: Art & Craft	Paper Glider	English	12:40 AM 02:42 AM 04:44 AM 06:46 AM 08:48 AM 10:50 AM 12:52 PM 02:54 PM 04:56 PM 06:58 PM 09:00 PM 11:02 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	12:43 AM 02:45 AM 04:47 AM 06:49 AM 08:51 AM 10:53 AM 12:55 PM 02:57 PM 04:59 PM 07:01 PM 09:03 PM 11:05 PM
Storytelling/Value Education	नट खट चूहा	हिन्दी	12:49 AM 02:51 AM 04:53 AM 06:55 AM 08:57 AM 10:59 AM 01:01 PM



			03:03 PM 05:05 PM 07:07 PM 09:09 PM 11:11 PM
General	योग ओलपियाड	हिन्दी	01:02 AM 03:04 AM 05:06 AM 07:09 AM 09:11 AM 11:13 AM 01:15 PM 03:17 PM 05:19 PM 07:21 PM 09:23 PM 11:25 PM
General	Nadishodhan Pranayam	English	01:07 AM 03:09 AM 05:11 AM 07:13 AM 09:15 AM 11:17 AM 01:19 PM 03:21 PM 05:23 PM 07:25 PM 09:27 PM 11:30 PM
General	नाडीशोधन प्राणायाम	हिन्दी	01:10 AM 03:12 AM 05:14 AM 07:16 AM 09:19 AM 11:21 AM 01:23 PM 03:25 PM 05:27 PM 07:29 PM 09:31 PM 11:33 PM
General	Women Change the World	English	01:14 AM 03:16 AM 05:18 AM 07:20 AM 09:22 AM 11:24 AM 01:26 PM 03:28 PM 05:30 PM 07:32 PM 09:34 PM 11:36 PM
General	Waste Reduced	English	01:19 AM 03:22 AM 05:24 AM 07:26 AM 09:28 AM 11:30 AM 01:32 PM 03:34 PM 05:36 PM 07:38 PM 09:40 PM 11:42 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:21 AM 03:23 AM 05:25 AM 07:27 AM 09:29 AM 11:31 AM 01:33 PM 03:35 PM 05:37 PM 07:39 PM 09:42 PM 11:44 PM
Disaster management	Lightning - बिजली से कैसे बचें	Hindi/english	01:25 AM 03:27 AM 05:29 AM 07:31 AM 09:33 AM 11:35 AM 01:37 PM 03:39 PM 05:41 PM 07:43 PM 09:46 PM 11:48 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:26 AM 03:28 AM 05:30 AM 07:32 AM 09:34 AM 11:36 AM 01:38 PM 03:40 PM 05:42 PM 07:44 PM 09:47 PM 11:49 PM
Vocational Videos	चेंजिंग टैप वॉटर	हिन्दी	01:41 AM 03:43 AM 05:46 AM 07:48 AM 09:50 AM 11:52 AM 01:54 PM 03:56 PM 05:58 PM 08:00 PM 10:02 PM



Creative Activities: Art & Craft	Cubical Dance	English	01:48 AM 03:50 AM 05:52 AM 07:55 AM 09:57 AM 11:59 AM 02:01 PM 04:03 PM 06:05 PM 08:07 PM 10:09 PM
General	Montage of the channel	English	01:52 AM 03:54 AM 05:56 AM 07:58 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:08 PM 08:10 PM 10:12 PM
Creative Activities: Art & Craft	Curious Rat	English	01:52 AM 03:54 AM 05:56 AM 07:58 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:09 PM 08:11 PM 10:13 PM
Disaster management	हिमस्खलन के संकेत	हिन्दी	01:53 AM 03:55 AM 05:57 AM 07:59 AM 10:02 AM 12:04 PM 02:06 PM 04:08 PM 06:10 PM 08:12 PM 10:14 PM
Art & Craft	छोटा है या बड़ा	हिन्दी	01:55 AM 03:57 AM 05:59 AM 08:01 AM 10:03 AM 12:05 PM 02:07 PM 04:09 PM 06:12 PM 08:14 PM 10:16 PM
General	zoological-Survey-of-india	English	01:59 AM 04:01 AM 06:03 AM 08:05 AM 10:07 AM 12:09 PM 02:12 PM 04:14 PM 06:16 PM 08:18 PM 10:20 PM
रविवार, 21 जुलाई 2024 Sunday, 21 July 2024			
General	Montage of the channel	English	12:00 AM 02:01 AM 04:03 AM 06:05 AM 08:07 AM 10:08 AM 12:10 PM 02:12 PM 04:14 PM 06:15 PM 08:17 PM 10:19 PM
General	General Information & Time Table	English	12:00 AM 02:02 AM 04:03 AM 06:05 AM 08:07 AM 10:09 AM 12:10 PM 02:12 PM 04:14 PM 06:16 PM 08:17 PM 10:19 PM
General	Value and responsible Citizenship	English	12:01 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:09 AM 12:11 PM 02:13 PM 04:15 PM 06:16 PM 08:18 PM 10:20 PM



Creative Activities: Art & Craft	Pencil Drawdio	English	12:06 AM 02:07 AM 04:09 AM 06:11 AM 08:13 AM 10:14 AM 12:16 PM 02:18 PM 04:20 PM 06:21 PM 08:23 PM 10:25 PM
Art & Craft	3D Popup House Amazing Popup Greeting Card English	English	12:10 AM 02:11 AM 04:13 AM 06:15 AM 08:17 AM 10:18 AM 12:20 PM 02:22 PM 04:24 PM 06:25 PM 08:27 PM 10:29 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	12:13 AM 02:15 AM 04:17 AM 06:19 AM 08:20 AM 10:22 AM 12:24 PM 02:26 PM 04:27 PM 06:29 PM 08:31 PM 10:33 PM
Vocational Videos	Seed Germination	English	12:16 AM 02:18 AM 04:19 AM 06:21 AM 08:23 AM 10:25 AM 12:26 PM 02:28 PM 04:30 PM 06:32 PM 08:33 PM 10:35 PM
General	Gender Equality	English	12:23 AM 02:24 AM 04:26 AM 06:28 AM 08:30 AM 10:31 AM 12:33 PM 02:35 PM 04:37 PM 06:38 PM 08:40 PM 10:42 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:30 AM 02:32 AM 04:33 AM 06:35 AM 08:37 AM 10:39 AM 12:40 PM 02:42 PM 04:44 PM 06:46 PM 08:47 PM 10:49 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाए अपनाएँ	हिन्दी	12:36 AM 02:38 AM 04:40 AM 06:42 AM 08:43 AM 10:45 AM 12:47 PM 02:49 PM 04:50 PM 06:52 PM 08:54 PM 10:56 PM
General	Montage of the channel	English	12:38 AM 02:40 AM 04:42 AM 06:43 AM 08:45 AM 10:47 AM 12:49 PM 02:50 PM 04:52 PM 06:54 PM 08:56 PM 10:57 PM
General	Padahastana	English	12:39 AM 02:40 AM 04:42 AM 06:44 AM 08:46 AM 10:47 AM 12:49 PM 02:51 PM 04:53 PM 06:54 PM 08:56 PM 10:58 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:41 AM 02:43 AM 04:44 AM 06:46 AM 08:48 AM 10:50 AM 12:51 PM 02:53 PM 04:55 PM 06:57 PM 08:58 PM 11:00 PM



General	पारस्परिक संबंध	हिन्दी	12:54 AM 02:56 AM 04:58 AM 07:00 AM 09:01 AM 11:03 AM 01:05 PM 03:07 PM 05:08 PM 07:10 PM 09:12 PM 11:14 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Arunachal Pradesh	English	01:00 AM 03:02 AM 05:03 AM 07:05 AM 09:07 AM 11:09 AM 01:10 PM 03:12 PM 05:14 PM 07:16 PM 09:17 PM 11:19 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:06 AM 03:08 AM 05:09 AM 07:11 AM 09:13 AM 11:15 AM 01:16 PM 03:18 PM 05:20 PM 07:22 PM 09:23 PM 11:25 PM
General	Waste Reduced	English	01:09 AM 03:11 AM 05:13 AM 07:14 AM 09:16 AM 11:18 AM 01:20 PM 03:21 PM 05:23 PM 07:25 PM 09:27 PM 11:28 PM
General Awareness	Water A Wonderfull Molecule	English	01:11 AM 03:12 AM 05:14 AM 07:16 AM 09:18 AM 11:19 AM 01:21 PM 03:23 PM 05:25 PM 07:26 PM 09:28 PM 11:30 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:31 AM 03:32 AM 05:34 AM 07:36 AM 09:38 AM 11:39 AM 01:41 PM 03:43 PM 05:45 PM 07:46 PM 09:48 PM 11:50 PM
General	पादहस्तासन	हिन्दी	01:51 AM 03:53 AM 05:54 AM 07:56 AM 09:58 AM 12:00 PM 02:01 PM 04:03 PM 06:05 PM 08:07 PM 10:08 PM
General	ISL Launch Video Academic terms	English	01:53 AM 03:55 AM 05:57 AM 07:59 AM 10:00 AM 12:02 PM 02:04 PM 04:06 PM 06:07 PM 08:09 PM 10:11 PM
General	Interpersonal Relationships	English	01:57 AM 03:58 AM 06:00 AM 08:02 AM 10:04 AM 12:05 PM 02:07 PM 04:09 PM 06:11 PM 08:12 PM 10:14 PM
सोमवार, 22 जुलाई 2024 Monday, 22 July 2024			
General	Montage of the channel	English	12:00 AM 02:05 AM 04:10 AM 06:15 AM 08:21 AM 10:26 AM 12:31 PM



			02:36 PM 04:42 PM 06:47 PM 08:52 PM 10:58 PM
General	General Information & Time Table	English	12:00 AM 02:05 AM 04:10 AM 06:16 AM 08:21 AM 10:26 AM 12:32 PM 02:37 PM 04:42 PM 06:47 PM 08:53 PM 10:58 PM
General	Ransomware Attack	English	12:01 AM 02:06 AM 04:11 AM 06:17 AM 08:22 AM 10:27 AM 12:32 PM 02:38 PM 04:43 PM 06:48 PM 08:54 PM 10:59 PM
Storytelling/Value Education	राख की रस्सी	हिन्दी	12:02 AM 02:07 AM 04:12 AM 06:18 AM 08:23 AM 10:28 AM 12:33 PM 02:39 PM 04:44 PM 06:49 PM 08:55 PM 11:00 PM
General Awareness	क्यों और कैसे	हिन्दी	12:15 AM 02:20 AM 04:25 AM 06:31 AM 08:36 AM 10:41 AM 12:46 PM 02:52 PM 04:57 PM 07:02 PM 09:08 PM 11:13 PM
General	Safe use of internet	English	12:39 AM 02:44 AM 04:49 AM 06:55 AM 09:00 AM 11:05 AM 01:10 PM 03:16 PM 05:21 PM 07:26 PM 09:32 PM 11:37 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:45 AM 02:50 AM 04:55 AM 07:01 AM 09:06 AM 11:11 AM 01:16 PM 03:22 PM 05:27 PM 07:32 PM 09:38 PM 11:43 PM
Health, Physical Education/Yoga/ Sports	त्रिकोणासन	हिन्दी	12:48 AM 02:54 AM 04:59 AM 07:04 AM 09:10 AM 11:15 AM 01:20 PM 03:25 PM 05:31 PM 07:36 PM 09:41 PM 11:47 PM
Vocational Videos	प्लंबिंग टूल	हिन्दी	01:05 AM 03:10 AM 05:15 AM 07:21 AM 09:26 AM 11:31 AM 01:36 PM 03:42 PM 05:47 PM 07:52 PM 09:58 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:19 AM 03:24 AM 05:30 AM 07:35 AM 09:40 AM 11:45 AM 01:51 PM 03:56 PM 06:01 PM 08:07 PM 10:12 PM
General	Pawanmuktasana	English	01:29 AM 03:35 AM 05:40 AM 07:45 AM 09:51 AM 11:56 AM 02:01 PM



			04:06 PM 06:12 PM 08:17 PM 10:22 PM
सामान्य	Sustainable Food Systems Adopted	English	01:32 AM 03:38 AM 05:43 AM 07:48 AM 09:54 AM 11:59 AM 02:04 PM 04:09 PM 06:15 PM 08:20 PM 10:25 PM
General	Safe use of internet	English	01:33 AM 03:38 AM 05:44 AM 07:49 AM 09:54 AM 11:59 AM 02:05 PM 04:10 PM 06:15 PM 08:21 PM 10:26 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:39 AM 03:44 AM 05:50 AM 07:55 AM 10:00 AM 12:05 PM 02:11 PM 04:16 PM 06:21 PM 08:26 PM 10:32 PM
General	Introduction to waste segregation & dry and wet bins	English	01:46 AM 03:51 AM 05:56 AM 08:02 AM 10:07 AM 12:12 PM 02:18 PM 04:23 PM 06:28 PM 08:33 PM 10:39 PM
General	आजादी की अमृत कहानियाँ (बसन्ती देवी - जल)	हिन्दी	01:59 AM 04:05 AM 06:10 AM 08:15 AM 10:21 AM 12:26 PM 02:31 PM 04:36 PM 06:42 PM 08:47 PM 10:52 PM
General	पवनमुक्तासन	हिन्दी	02:02 AM 04:07 AM 06:12 AM 08:18 AM 10:23 AM 12:28 PM 02:33 PM 04:39 PM 06:44 PM 08:49 PM 10:55 PM
मंगलवार, 23 जुलाई 2024 Tuesday, 23 July 2024			
General	Montage of the channel	English	12:00 AM 02:08 AM 04:16 AM 06:24 AM 08:33 AM 10:41 AM 12:49 PM 02:58 PM 05:06 PM 07:14 PM 09:23 PM 11:31 PM
General	General Information & Time Table	English	12:00 AM 02:08 AM 04:17 AM 06:25 AM 08:33 AM 10:41 AM 12:50 PM 02:58 PM 05:06 PM 07:15 PM 09:23 PM 11:31 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:01 AM 02:09 AM 04:17 AM 06:26 AM 08:34 AM 10:42 AM 12:51 PM 02:59 PM 05:07 PM 07:16 PM 09:24 PM 11:32 PM



Storytelling/Value Education	दान का हिसाब	हिन्दी	12:06 AM 02:15 AM 04:23 AM 06:31 AM 08:40 AM 10:48 AM 12:56 PM 03:05 PM 05:13 PM 07:21 PM 09:29 PM 11:38 PM
Disaster management	Cyclone - Secure your house	English	12:23 AM 02:31 AM 04:39 AM 06:48 AM 08:56 AM 11:04 AM 01:13 PM 03:21 PM 05:29 PM 07:38 PM 09:46 PM 11:54 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:24 AM 02:32 AM 04:40 AM 06:49 AM 08:57 AM 11:05 AM 01:14 PM 03:22 PM 05:30 PM 07:39 PM 09:47 PM 11:55 PM
General	इन्ोवेटिव टीचर	हिन्दी	12:25 AM 02:34 AM 04:42 AM 06:50 AM 08:59 AM 11:07 AM 01:15 PM 03:24 PM 05:32 PM 07:40 PM 09:48 PM 11:57 PM
Disaster management	Earthquake resistant house	English	12:41 AM 02:49 AM 04:57 AM 07:06 AM 09:14 AM 11:22 AM 01:31 PM 03:39 PM 05:47 PM 07:56 PM 10:04 PM
Vocational Videos	Preparing ORS at Home	English	12:42 AM 02:51 AM 04:59 AM 07:07 AM 09:16 AM 11:24 AM 01:32 PM 03:41 PM 05:49 PM 07:57 PM 10:06 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:48 AM 02:56 AM 05:05 AM 07:13 AM 09:21 AM 11:30 AM 01:38 PM 03:46 PM 05:55 PM 08:03 PM 10:11 PM
Creative Activities: Art & Craft	Paper Glider	English	12:50 AM 02:58 AM 05:06 AM 07:15 AM 09:23 AM 11:31 AM 01:40 PM 03:48 PM 05:56 PM 08:04 PM 10:13 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:53 AM 03:01 AM 05:09 AM 07:18 AM 09:26 AM 11:34 AM 01:42 PM 03:51 PM 05:59 PM 08:07 PM 10:16 PM
General	Introduction to plasto, our hero and marine pollution	English	12:54 AM 03:02 AM 05:11 AM 07:19 AM 09:27 AM 11:36 AM 01:44 PM 03:52 PM 06:01 PM 08:09 PM 10:17 PM



General	Montage of the channel	English	01:01 AM 03:10 AM 05:18 AM 07:26 AM 09:35 AM 11:43 AM 01:51 PM 04:00 PM 06:08 PM 08:16 PM 10:25 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	01:02 AM 03:10 AM 05:18 AM 07:27 AM 09:35 AM 11:43 AM 01:52 PM 04:00 PM 06:08 PM 08:17 PM 10:25 PM
Art & Craft	नाटक खेलाना आसान है- 2	हिन्दी	01:05 AM 03:13 AM 05:22 AM 07:30 AM 09:38 AM 11:47 AM 01:55 PM 04:03 PM 06:12 PM 08:20 PM 10:28 PM
General	Emotional well being and mental health	English	01:20 AM 03:28 AM 05:36 AM 07:45 AM 09:53 AM 12:01 PM 02:10 PM 04:18 PM 06:26 PM 08:35 PM 10:43 PM
General	Prashast App Launch	English	01:25 AM 03:33 AM 05:41 AM 07:50 AM 09:58 AM 12:06 PM 02:15 PM 04:23 PM 06:31 PM 08:40 PM 10:48 PM
General	Diksha Initiatives Promo for G20	English	01:26 AM 03:35 AM 05:43 AM 07:51 AM 10:00 AM 12:08 PM 02:16 PM 04:25 PM 06:33 PM 08:41 PM 10:49 PM
सामान्य	Water Saved	English	01:34 AM 03:42 AM 05:51 AM 07:59 AM 10:07 AM 12:16 PM 02:24 PM 04:32 PM 06:40 PM 08:49 PM 10:57 PM
General	Setu Bandhasana	English	01:35 AM 03:43 AM 05:52 AM 08:00 AM 10:08 AM 12:17 PM 02:25 PM 04:33 PM 06:42 PM 08:50 PM 10:58 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	हिन्दी	01:38 AM 03:46 AM 05:54 AM 08:03 AM 10:11 AM 12:19 PM 02:27 PM 04:36 PM 06:44 PM 08:52 PM 11:01 PM
General	सरदार वल्लभ भाई पटेल	हिन्दी	01:43 AM 03:52 AM 06:00 AM 08:08 AM 10:17 AM 12:25 PM 02:33 PM 04:41 PM 06:50 PM 08:58 PM 11:06 PM



Art & Craft	विटामिन ए की कहानी	हिन्दी	01:47 AM 03:55 AM 06:03 AM 08:12 AM 10:20 AM 12:28 PM 02:37 PM 04:45 PM 06:53 PM 09:01 PM 11:10 PM
General	सेतुबंधासन	हिन्दी	01:58 AM 04:06 AM 06:15 AM 08:23 AM 10:31 AM 12:40 PM 02:48 PM 04:56 PM 07:05 PM 09:13 PM 11:21 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	02:01 AM 04:09 AM 06:17 AM 08:26 AM 10:34 AM 12:42 PM 02:50 PM 04:59 PM 07:07 PM 09:15 PM 11:24 PM
General	राष्ट्रगान	हिन्दी	02:07 AM 04:15 AM 06:23 AM 08:32 AM 10:40 AM 12:48 PM 02:57 PM 05:05 PM 07:13 PM 09:22 PM 11:30 PM
बुधवार, 24 जुलाई 2024 Wednesday, 24 July 2024			
General	Montage of the channel	English	12:00 AM 02:19 AM 04:39 AM 06:59 AM 09:19 AM 11:39 AM 01:59 PM 04:19 PM 06:39 PM 08:59 PM 11:19 PM
General	General Information & Time Table	English	12:00 AM 02:20 AM 04:40 AM 07:00 AM 09:20 AM 11:40 AM 02:00 PM 04:20 PM 06:40 PM 09:00 PM 11:20 PM
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:01 AM 02:21 AM 04:41 AM 07:01 AM 09:21 AM 11:41 AM 02:01 PM 04:21 PM 06:41 PM 09:01 PM 11:21 PM
सामान्य	Water Saved	English	12:13 AM 02:33 AM 04:53 AM 07:13 AM 09:33 AM 11:53 AM 02:13 PM 04:33 PM 06:53 PM 09:13 PM 11:33 PM
General	Values and Types of Wetlands Part -1	English	12:14 AM 02:34 AM 04:54 AM 07:14 AM 09:34 AM 11:54 AM 02:14 PM 04:34 PM 06:54 PM 09:14 PM 11:34 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM 02:41 AM 05:01 AM 07:21 AM 09:41 AM 12:01 PM 02:21 PM 04:41 PM 07:01 PM 09:21 PM 11:40 PM



General	Jadui Pitara-Theme Song	English	12:22 AM 02:42 AM 05:02 AM 07:22 AM 09:42 AM 12:02 PM 02:22 PM 04:42 PM 07:02 PM 09:22 PM 11:42 PM
Vocational Videos	प्लबिंग टूल	हिन्दी	12:37 AM 02:57 AM 05:17 AM 07:37 AM 09:57 AM 12:17 PM 02:37 PM 04:57 PM 07:17 PM 09:37 PM 11:57 PM
General	Fun With Magnet	English	12:52 AM 03:12 AM 05:32 AM 07:52 AM 10:12 AM 12:32 PM 02:52 PM 05:11 PM 07:31 PM 09:51 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:55 AM 03:15 AM 05:35 AM 07:55 AM 10:15 AM 12:35 PM 02:55 PM 05:15 PM 07:35 PM 09:55 PM
General	Montage of the channel	English	12:58 AM 03:18 AM 05:38 AM 07:58 AM 10:18 AM 12:38 PM 02:58 PM 05:18 PM 07:38 PM 09:58 PM
General	Gender Equality	English	12:58 AM 03:18 AM 05:38 AM 07:58 AM 10:18 AM 12:38 PM 02:58 PM 05:18 PM 07:38 PM 09:58 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:06 AM 03:26 AM 05:46 AM 08:06 AM 10:26 AM 12:46 PM 03:06 PM 05:26 PM 07:46 PM 10:05 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:07 AM 03:27 AM 05:47 AM 08:07 AM 10:27 AM 12:47 PM 03:07 PM 05:27 PM 07:47 PM 10:07 PM
General	Micro Improvement	English	01:15 AM 03:34 AM 05:54 AM 08:14 AM 10:34 AM 12:54 PM 03:14 PM 05:34 PM 07:54 PM 10:14 PM
General Awareness	Water A Wonderfull Molecule	English	01:16 AM 03:36 AM 05:56 AM 08:16 AM 10:36 AM 12:56 PM 03:16 PM 05:36 PM 07:56 PM 10:16 PM
General	आजादी की अमृत कहानियाँ (बसन्ती देवी - जल)	हिन्दी	01:36 AM 03:56 AM 06:16 AM 08:36 AM 10:56 AM 01:16 PM 03:36 PM 05:56 PM 08:16 PM 10:36 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:38 AM 03:58 AM 06:18 AM 08:38 AM 10:58 AM 01:18 PM 03:38 PM 05:58 PM 08:18 PM 10:38 PM



General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:41 AM 04:01 AM 06:21 AM 08:41 AM 11:01 AM 01:21 PM 03:41 PM 06:01 PM 08:21 PM 10:41 PM
General	Shalabhasana	English	01:47 AM 04:07 AM 06:27 AM 08:47 AM 11:07 AM 01:27 PM 03:47 PM 06:07 PM 08:27 PM 10:47 PM
General	शलभासन	हिन्दी	01:49 AM 04:09 AM 06:29 AM 08:49 AM 11:09 AM 01:29 PM 03:49 PM 06:09 PM 08:29 PM 10:49 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:51 AM 04:11 AM 06:31 AM 08:51 AM 11:11 AM 01:31 PM 03:51 PM 06:11 PM 08:31 PM 10:51 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:53 AM 04:13 AM 06:33 AM 08:53 AM 11:13 AM 01:33 PM 03:53 PM 06:13 PM 08:33 PM 10:53 PM
General English	Episode 1 Greeting a Friend	English	01:55 AM 04:15 AM 06:35 AM 08:55 AM 11:15 AM 01:35 PM 03:55 PM 06:15 PM 08:35 PM 10:55 PM
सामान्य	Healthy Lifestyle Adopted	English	02:03 AM 04:23 AM 06:43 AM 09:03 AM 11:23 AM 01:43 PM 04:03 PM 06:23 PM 08:43 PM 11:03 PM
General	Micro Improvement	English	02:04 AM 04:24 AM 06:44 AM 09:04 AM 11:24 AM 01:44 PM 04:04 PM 06:24 PM 08:44 PM 11:04 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	02:05 AM 04:25 AM 06:45 AM 09:05 AM 11:25 AM 01:45 PM 04:05 PM 06:25 PM 08:45 PM 11:05 PM
General	Values and Types of Wetlands Part -2	English	02:11 AM 04:31 AM 06:51 AM 09:11 AM 11:31 AM 01:51 PM 04:11 PM 06:31 PM 08:51 PM 11:11 PM
बृहस्पतिवार, 25 जुलाई 2024 Thursday, 25 July 2024			
General	Montage of the channel	English	12:00 AM 02:14 AM 04:29 AM 06:44 AM 08:59 AM 11:13 AM 01:28 PM 03:43 PM 05:58 PM 08:13 PM 10:27 PM



General	General Information & Time Table	English	12:00 AM 02:15 AM 04:29 AM 06:44 AM 08:59 AM 11:14 AM 01:29 PM 03:43 PM 05:58 PM 08:13 PM 10:28 PM
Disaster management	Earthquake - What to do when outside during an earthquake	English	12:01 AM 02:16 AM 04:30 AM 06:45 AM 09:00 AM 11:15 AM 01:29 PM 03:44 PM 05:59 PM 08:14 PM 10:29 PM
Storytelling/Value Education	बस के नीचे बाघ	हिन्दी	12:03 AM 02:17 AM 04:32 AM 06:47 AM 09:02 AM 11:16 AM 01:31 PM 03:46 PM 06:01 PM 08:16 PM 10:30 PM
General	Nutrition_Health and Sanitation	English	12:08 AM 02:23 AM 04:38 AM 06:53 AM 09:08 AM 11:22 AM 01:37 PM 03:52 PM 06:07 PM 08:21 PM 10:36 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	हिन्दी	12:15 AM 02:30 AM 04:44 AM 06:59 AM 09:14 AM 11:29 AM 01:43 PM 03:58 PM 06:13 PM 08:28 PM 10:43 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:16 AM 02:31 AM 04:46 AM 07:01 AM 09:15 AM 11:30 AM 01:45 PM 04:00 PM 06:14 PM 08:29 PM 10:44 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi/english	12:20 AM 02:35 AM 04:49 AM 07:04 AM 09:19 AM 11:34 AM 01:49 PM 04:03 PM 06:18 PM 08:33 PM 10:48 PM
Vocational Videos	Preparing ORS at Home	English	12:20 AM 02:35 AM 04:50 AM 07:05 AM 09:20 AM 11:34 AM 01:49 PM 04:04 PM 06:19 PM 08:33 PM 10:48 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	12:26 AM 02:41 AM 04:56 AM 07:11 AM 09:25 AM 11:40 AM 01:55 PM 04:10 PM 06:24 PM 08:39 PM 10:54 PM
Creative Activities: Art & Craft	Curlicue Origami	English	12:30 AM 02:45 AM 05:00 AM 07:14 AM 09:29 AM 11:44 AM 01:59 PM 04:13 PM 06:28 PM 08:43 PM 10:58 PM



Creative Activities: Art & Craft	Pals Climb Peaks	English	12:33 AM 02:48 AM 05:03 AM 07:18 AM 09:32 AM 11:47 AM 02:02 PM 04:17 PM 06:32 PM 08:46 PM 11:01 PM
General	Emotional well being and mental health	English	12:36 AM 02:51 AM 05:06 AM 07:21 AM 09:36 AM 11:50 AM 02:05 PM 04:20 PM 06:35 PM 08:50 PM 11:04 PM
General	Montage of the channel	English	12:41 AM 02:56 AM 05:11 AM 07:26 AM 09:41 AM 11:55 AM 02:10 PM 04:25 PM 06:40 PM 08:54 PM 11:09 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:42 AM 02:57 AM 05:11 AM 07:26 AM 09:41 AM 11:56 AM 02:11 PM 04:25 PM 06:40 PM 08:55 PM 11:10 PM
General	Values and Types of Wetlands Part -1	English	12:47 AM 03:02 AM 05:17 AM 07:31 AM 09:46 AM 12:01 PM 02:16 PM 04:31 PM 06:45 PM 09:00 PM 11:15 PM
General English	Episode 2 Greeting an Acquaintance	English	12:54 AM 03:09 AM 05:23 AM 07:38 AM 09:53 AM 12:08 PM 02:22 PM 04:37 PM 06:52 PM 09:07 PM 11:22 PM
General	उपभोक्ता संरक्षण	हिन्दी	01:03 AM 03:17 AM 05:32 AM 07:47 AM 10:02 AM 12:16 PM 02:31 PM 04:46 PM 07:01 PM 09:16 PM 11:30 PM
Storytelling/Value Education	राख की रस्सी	हिन्दी	01:07 AM 03:22 AM 05:37 AM 07:52 AM 10:07 AM 12:21 PM 02:36 PM 04:51 PM 07:06 PM 09:21 PM 11:35 PM
General Awareness	Water A Wonderfull Molecule	English	01:20 AM 03:35 AM 05:50 AM 08:05 AM 10:20 AM 12:34 PM 02:49 PM 05:04 PM 07:19 PM 09:33 PM 11:48 PM
General	Shashankasana	English	01:41 AM 03:55 AM 06:10 AM 08:25 AM 10:40 AM 12:54 PM 03:09 PM 05:24 PM 07:39 PM 09:54 PM



General	शशकासन	हिन्दी	01:43 AM 03:58 AM 06:12 AM 08:27 AM 10:42 AM 12:57 PM 03:12 PM 05:26 PM 07:41 PM 09:56 PM
General	Introduction to waste segregation & dry and wet bins	English	01:45 AM 04:00 AM 06:15 AM 08:30 AM 10:44 AM 12:59 PM 03:14 PM 05:29 PM 07:43 PM 09:58 PM
General	सरदार वल्लभ भाई पटेल	हिन्दी	01:59 AM 04:14 AM 06:28 AM 08:43 AM 10:58 AM 01:13 PM 03:28 PM 05:42 PM 07:57 PM 10:12 PM
General	Growing up Healthy	English	02:02 AM 04:17 AM 06:32 AM 08:47 AM 11:01 AM 01:16 PM 03:31 PM 05:46 PM 08:01 PM 10:15 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	02:06 AM 04:21 AM 06:36 AM 08:51 AM 11:06 AM 01:20 PM 03:35 PM 05:50 PM 08:05 PM 10:19 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:12 AM 04:27 AM 06:42 AM 08:56 AM 11:11 AM 01:26 PM 03:41 PM 05:55 PM 08:10 PM 10:25 PM
शुक्रवार, 26 जुलाई 2024 Friday, 26 July 2024			
General	Montage of the channel	English	12:00 AM 02:13 AM 04:27 AM 06:40 AM 08:54 AM 11:07 AM 01:21 PM 03:35 PM 05:48 PM 08:02 PM 10:15 PM
General	General Information & Time Table	English	12:00 AM 02:13 AM 04:27 AM 06:41 AM 08:54 AM 11:08 AM 01:21 PM 03:35 PM 05:49 PM 08:02 PM 10:16 PM
Storytelling/Value Education	नट खट चूहा	हिन्दी	12:01 AM 02:14 AM 04:28 AM 06:41 AM 08:55 AM 11:09 AM 01:22 PM 03:36 PM 05:49 PM 08:03 PM 10:17 PM
General Awareness	क्षेत्रफल	हिन्दी	12:14 AM 02:28 AM 04:42 AM 06:55 AM 09:09 AM 11:22 AM 01:36 PM 03:49 PM 06:03 PM 08:17 PM 10:30 PM
Science (Activities)	Ingredients used to prepare food items and their sources (ch-2)	English	12:40 AM 02:53 AM 05:07 AM 07:20 AM 09:34 AM 11:48 AM 02:01 PM 04:15 PM 06:28 PM 08:42 PM 10:56 PM



General English	Episode 3 Greeting Strangers	English	12:43 AM 02:57 AM 05:11 AM 07:24 AM 09:38 AM 11:51 AM 02:05 PM 04:18 PM 06:32 PM 08:46 PM 10:59 PM
General	Surya Namaskar	English	12:55 AM 03:09 AM 05:23 AM 07:36 AM 09:50 AM 12:03 PM 02:17 PM 04:30 PM 06:44 PM 08:58 PM 11:11 PM
Art & Craft	A Sunrise at Ganga Sagar	English	01:02 AM 03:16 AM 05:29 AM 07:43 AM 09:56 AM 12:10 PM 02:24 PM 04:37 PM 06:51 PM 09:04 PM 11:18 PM
Science (Activities)	Tests for components of food (Ch-2)	English	01:17 AM 03:31 AM 05:44 AM 07:58 AM 10:11 AM 12:25 PM 02:38 PM 04:52 PM 07:06 PM 09:19 PM 11:33 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:22 AM 03:35 AM 05:49 AM 08:02 AM 10:16 AM 12:30 PM 02:43 PM 04:57 PM 07:10 PM 09:24 PM 11:38 PM
General	सूर्य नमस्कार	हिन्दी	01:32 AM 03:46 AM 05:59 AM 08:13 AM 10:26 AM 12:40 PM 02:54 PM 05:07 PM 07:21 PM 09:34 PM 11:48 PM
सामान्य	Sustainable Food Systems Adopted	English	01:39 AM 03:52 AM 06:06 AM 08:20 AM 10:33 AM 12:47 PM 03:00 PM 05:14 PM 07:28 PM 09:41 PM 11:55 PM
General	Safe use of internet	English	01:39 AM 03:53 AM 06:07 AM 08:20 AM 10:34 AM 12:47 PM 03:01 PM 05:14 PM 07:28 PM 09:42 PM 11:55 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:45 AM 03:59 AM 06:13 AM 08:26 AM 10:40 AM 12:53 PM 03:07 PM 05:20 PM 07:34 PM 09:48 PM
General	Introduction to waste segregation & dry and wet bins	English	01:52 AM 04:06 AM 06:19 AM 08:33 AM 10:47 AM 01:00 PM 03:14 PM 05:27 PM 07:41 PM 09:54 PM



Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	02:06 AM 04:19 AM 06:33 AM 08:47 AM 11:00 AM 01:14 PM 03:27 PM 05:41 PM 07:55 PM 10:08 PM
शनिवार, 27 जुलाई 2024 Saturday, 27 July 2024			
General	Montage of the channel	English	12:00 AM 02:13 AM 04:27 AM 06:41 AM 08:55 AM 11:09 AM 01:23 PM 03:37 PM 05:51 PM 08:05 PM 10:19 PM
General	General Information & Time Table	English	12:00 AM 02:14 AM 04:28 AM 06:42 AM 08:56 AM 11:10 AM 01:24 PM 03:38 PM 05:52 PM 08:05 PM 10:19 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:01 AM 02:15 AM 04:29 AM 06:43 AM 08:57 AM 11:10 AM 01:24 PM 03:38 PM 05:52 PM 08:06 PM 10:20 PM
Creative Activities: Art & Craft	Cubical Dance	English	12:13 AM 02:27 AM 04:41 AM 06:55 AM 09:09 AM 11:23 AM 01:37 PM 03:51 PM 06:05 PM 08:18 PM 10:32 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	हिन्दी	12:16 AM 02:30 AM 04:44 AM 06:58 AM 09:12 AM 11:26 AM 01:40 PM 03:54 PM 06:08 PM 08:22 PM 10:36 PM
Science (Activities)	Activity 3- Winnowing (ch-5)	English	12:23 AM 02:37 AM 04:51 AM 07:05 AM 09:19 AM 11:33 AM 01:47 PM 04:00 PM 06:14 PM 08:28 PM 10:42 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:24 AM 02:38 AM 04:52 AM 07:06 AM 09:20 AM 11:34 AM 01:48 PM 04:02 PM 06:16 PM 08:30 PM 10:44 PM
General	Gender Equality	English	12:37 AM 02:51 AM 05:05 AM 07:19 AM 09:33 AM 11:47 AM 02:01 PM 04:15 PM 06:29 PM 08:43 PM 10:57 PM
General	Safety & Security	English	12:45 AM 02:59 AM 05:13 AM 07:26 AM 09:40 AM 11:54 AM 02:08 PM



			04:22 PM 06:36 PM 08:50 PM 11:04 PM
Disaster management	Flood - What To Do During Floods	English	12:50 AM 03:04 AM 05:18 AM 07:32 AM 09:46 AM 12:00 PM 02:14 PM 04:28 PM 06:42 PM 08:56 PM 11:10 PM
General	Montage of the channel	English	12:51 AM 03:05 AM 05:19 AM 07:33 AM 09:47 AM 12:01 PM 02:15 PM 04:29 PM 06:43 PM 08:57 PM 11:11 PM
General Awareness	Air Pollution	English	12:52 AM 03:06 AM 05:20 AM 07:34 AM 09:47 AM 12:01 PM 02:15 PM 04:29 PM 06:43 PM 08:57 PM 11:11 PM
General	General Information & Time Table	English	01:17 AM 03:31 AM 05:45 AM 07:59 AM 10:13 AM 12:26 PM 02:40 PM 04:54 PM 07:08 PM 09:22 PM 11:36 PM
General	आज़ादी की कहानी	हिन्दी	01:18 AM 03:31 AM 05:45 AM 07:59 AM 10:13 AM 12:27 PM 02:41 PM 04:55 PM 07:09 PM 09:23 PM 11:37 PM
Disaster management	Flood - बाढ़ के दौरान क्या करें और क्या न करें	Hindi/english	01:26 AM 03:40 AM 05:54 AM 08:08 AM 10:22 AM 12:36 PM 02:50 PM 05:04 PM 07:18 PM 09:32 PM 11:46 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	01:27 AM 03:41 AM 05:55 AM 08:09 AM 10:23 AM 12:37 PM 02:51 PM 05:05 PM 07:19 PM 09:33 PM 11:47 PM
General	Growth & Health	English	01:29 AM 03:43 AM 05:57 AM 08:11 AM 10:25 AM 12:39 PM 02:52 PM 05:06 PM 07:20 PM 09:34 PM 11:48 PM
General	एक प्रयास प्लास्टिक प्रदूषण कम करने का	हिन्दी	01:33 AM 03:47 AM 06:01 AM 08:15 AM 10:29 AM 12:43 PM 02:57 PM 05:11 PM 07:25 PM 09:38 PM 11:52 PM



Vocational Videos	वृक्षों की पहचान एवं महत्व	हिन्दी	01:45 AM 03:59 AM 06:13 AM 08:27 AM 10:41 AM 12:55 PM 03:09 PM 05:23 PM 07:37 PM 09:51 PM
General	Tadasana	English	02:06 AM 04:20 AM 06:34 AM 08:48 AM 11:01 AM 01:15 PM 03:29 PM 05:43 PM 07:57 PM 10:11 PM
General	Diksha Promo with Subtitle	English	02:08 AM 04:22 AM 06:36 AM 08:50 AM 11:04 AM 01:18 PM 03:32 PM 05:46 PM 08:00 PM 10:14 PM
General	ताड़ासन	हिन्दी	02:11 AM 04:25 AM 06:39 AM 08:53 AM 11:07 AM 01:21 PM 03:35 PM 05:49 PM 08:03 PM 10:17 PM
रविवार, 28 जुलाई 2024 Sunday, 28 July 2024			
General	Montage of the channel	English	12:00 AM 02:24 AM 04:49 AM 07:14 AM 09:39 AM 12:04 PM 02:29 PM 04:54 PM 07:19 PM 09:44 PM
General	General Information & Time Table	English	12:00 AM 02:25 AM 04:50 AM 07:15 AM 09:40 AM 12:04 PM 02:29 PM 04:54 PM 07:19 PM 09:44 PM
General	RBI Digital Payments Awareness Week: चुटकी में	Hindi/english	12:01 AM 02:26 AM 04:51 AM 07:15 AM 09:40 AM 12:05 PM 02:30 PM 04:55 PM 07:20 PM 09:45 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	12:01 AM 02:26 AM 04:51 AM 07:16 AM 09:41 AM 12:06 PM 02:31 PM 04:56 PM 07:20 PM 09:45 PM
General	Trikonasana	English	12:04 AM 02:29 AM 04:54 AM 07:19 AM 09:43 AM 12:08 PM 02:33 PM 04:58 PM 07:23 PM 09:48 PM
General	त्रिकोणासन	हिन्दी	12:06 AM 02:31 AM 04:56 AM 07:21 AM 09:46 AM 12:11 PM 02:36 PM 05:01 PM 07:26 PM 09:51 PM
General English	Episode 5 Giving Advice 1	English	12:09 AM 02:34 AM 04:59 AM 07:24 AM 09:49 AM 12:14 PM 02:38 PM 05:03 PM 07:28 PM 09:53 PM
General	Prevention and Management of Substance Misuse	English	12:23 AM 02:48 AM 05:12 AM 07:37 AM 10:02 AM 12:27 PM 02:52 PM 05:17 PM 07:42 PM 10:07 PM



Science (Activities)	Science Activities: Floating-Sinking-Part1	English	12:28 AM 02:53 AM 05:18 AM 07:43 AM 10:08 AM 12:32 PM 02:57 PM 05:22 PM 07:47 PM 10:12 PM
Vocational Videos	IDENTIFICATION OF TREES	English	12:45 AM 03:10 AM 05:35 AM 08:00 AM 10:25 AM 12:50 PM 03:15 PM 05:40 PM 08:04 PM 10:29 PM
General Awareness	Air Pollution	English	12:56 AM 03:21 AM 05:45 AM 08:10 AM 10:35 AM 01:00 PM 03:25 PM 05:50 PM 08:15 PM 10:40 PM
सामान्य	Sustainable Food Systems Adopted	English	01:21 AM 03:46 AM 06:10 AM 08:35 AM 11:00 AM 01:25 PM 03:50 PM 06:15 PM 08:40 PM 11:05 PM
General Awareness	Arpan-Personal safety	English	01:21 AM 03:46 AM 06:11 AM 08:36 AM 11:01 AM 01:26 PM 03:51 PM 06:15 PM 08:40 PM 11:05 PM
General	Safe use of internet	English	01:36 AM 04:00 AM 06:25 AM 08:50 AM 11:15 AM 01:40 PM 04:05 PM 06:30 PM 08:55 PM 11:20 PM
Vocational Videos	हैंड टूल	हिन्दी	01:41 AM 04:06 AM 06:31 AM 08:56 AM 11:21 AM 01:46 PM 04:11 PM 06:36 PM 09:01 PM 11:26 PM
General	वैष्णव जन तो तेने कहिए	हिन्दी	01:57 AM 04:22 AM 06:46 AM 09:11 AM 11:36 AM 02:01 PM 04:26 PM 06:51 PM 09:16 PM 11:41 PM
General	Introduction to waste segregation & dry and wet bins	English	02:04 AM 04:28 AM 06:53 AM 09:18 AM 11:43 AM 02:08 PM 04:33 PM 06:58 PM 09:23 PM 11:48 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	02:17 AM 04:42 AM 07:07 AM 09:32 AM 11:57 AM 02:22 PM 04:47 PM 07:12 PM 09:36 PM
सोमवार, 29 जुलाई 2024 Monday, 29 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General	General Information & Time Table	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM



Storytelling/Value Education	राख की रस्सी	हिन्दी	12:01 AM 02:31 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General	भावनात्मक कल्याण और मानसिक स्वास्थ्य	हिन्दी	12:14 AM 02:44 AM 05:14 AM 07:45 AM 10:15 AM 12:46 PM 03:16 PM 05:46 PM 08:17 PM 10:47 PM
General English	Episode 6 Giving Advice 2	English	12:19 AM 02:49 AM 05:19 AM 07:50 AM 10:20 AM 12:50 PM 03:21 PM 05:51 PM 08:22 PM 10:52 PM
Creative Activities: Art & Craft	String Mosquito	English	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:34 PM 11:05 PM
General	Energy Saving	English	12:33 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:04 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
General	स्वस्थ बढ़ना	हिन्दी	12:34 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
General	Fun With Magnet	English	12:39 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:10 PM 03:41 PM 06:11 PM 08:41 PM 11:12 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	हिन्दी	12:42 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:13 PM 03:44 PM 06:14 PM 08:44 PM 11:15 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	12:48 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:50 PM 06:21 PM 08:51 PM 11:22 PM
Disaster management	Cyclone - Secure your house	English	01:05 AM 03:35 AM 06:06 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:07 AM 01:38 PM 04:08 PM 06:39 PM 09:09 PM 11:39 PM
General	Micro Improvement	English	01:13 AM 03:44 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:46 PM
General Awareness	Water A Wonderfull Molecule	English	01:15 AM 03:45 AM 06:15 AM 08:46 AM 11:16 AM 01:47 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM



General	आजादी की अमृत कहानियाँ (बसन्ती देवी - जल)	हिन्दी	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:07 PM 09:38 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:39 AM 02:09 PM 04:39 PM 07:10 PM 09:40 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:39 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:42 PM
General	Ustrasana	English	01:45 AM 04:16 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
General	उष्ट्रासन	हिन्दी	01:48 AM 04:19 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:50 PM 07:21 PM 09:51 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:51 AM 04:22 AM 06:52 AM 09:22 AM 11:53 AM 02:23 PM 04:53 PM 07:24 PM 09:54 PM
Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi/english	01:53 AM 04:24 AM 06:54 AM 09:24 AM 11:55 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
General	AR-VR PMeVidya APP	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:56 AM 02:26 PM 04:56 PM 07:27 PM 09:57 PM
सामान्य	Healthy Lifestyle Adopted	English	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General Awareness	क्यों और कैसे	हिन्दी	01:57 AM 04:27 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:29 PM 10:00 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	हिन्दी	02:21 AM 04:51 AM 07:21 AM 09:52 AM 12:22 PM 02:53 PM 05:23 PM 07:53 PM 10:24 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	02:24 AM 04:54 AM 07:25 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
मंगलवार, 30 जुलाई 2024 Tuesday, 30 July 2024			



General	Montage of the channel	English	12:00 AM 02:32 AM 05:04 AM 07:36 AM 10:08 AM 12:40 PM 03:12 PM 05:44 PM 08:16 PM 10:48 PM
General	General Information & Time Table	English	12:00 AM 02:32 AM 05:04 AM 07:36 AM 10:08 AM 12:40 PM 03:12 PM 05:44 PM 08:17 PM 10:49 PM
Creative Activities: Art & Craft	Curious Rat	English	12:01 AM 02:33 AM 05:05 AM 07:37 AM 10:09 AM 12:41 PM 03:13 PM 05:45 PM 08:17 PM 10:49 PM
General Awareness	क्यों और कैसे	हिन्दी	12:02 AM 02:34 AM 05:06 AM 07:38 AM 10:10 AM 12:42 PM 03:15 PM 05:47 PM 08:19 PM 10:51 PM
Storytelling/Value Education	दान का हिसाब	हिन्दी	12:26 AM 02:58 AM 05:30 AM 08:02 AM 10:34 AM 01:06 PM 03:39 PM 06:11 PM 08:43 PM 11:15 PM
General	Values and Types of Wetlands Part -2	English	12:43 AM 03:15 AM 05:47 AM 08:19 AM 10:51 AM 01:23 PM 03:55 PM 06:27 PM 08:59 PM 11:31 PM
Creative Activities: Art & Craft	Mango Leaf Purse	English	12:51 AM 03:23 AM 05:55 AM 08:27 AM 10:59 AM 01:31 PM 04:03 PM 06:35 PM 09:07 PM 11:39 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:53 AM 03:25 AM 05:57 AM 08:29 AM 11:01 AM 01:33 PM 04:05 PM 06:37 PM 09:09 PM 11:42 PM
Creative Activities: Art & Craft	Resonating Petals	English	01:06 AM 03:38 AM 06:11 AM 08:43 AM 11:15 AM 01:47 PM 04:19 PM 06:51 PM 09:23 PM 11:55 PM
General	Vajrasana	English	01:08 AM 03:40 AM 06:12 AM 08:44 AM 11:16 AM 01:48 PM 04:20 PM 06:52 PM 09:24 PM 11:56 PM
General	ISL APP LAUNCH VIDEO	English	01:10 AM 03:42 AM 06:14 AM 08:47 AM 11:19 AM 01:51 PM 04:23 PM 06:55 PM 09:27 PM 11:59 PM
General	वज्रासन	हिन्दी	01:13 AM 03:45 AM 06:17 AM 08:49 AM 11:21 AM 01:53 PM 04:25 PM 06:58 PM 09:30 PM
General	Introduction to plasto, our hero	English	01:16 AM 03:48 AM 06:20 AM 08:52 AM 11:24 AM 01:56 PM 04:28 PM 07:00 PM 09:32 PM



	and marine pollution		
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:23 AM 03:55 AM 06:27 AM 08:59 AM 11:31 AM 02:03 PM 04:35 PM 07:07 PM 09:40 PM
General	Value and responsible Citizenship	English	01:29 AM 04:01 AM 06:33 AM 09:05 AM 11:37 AM 02:09 PM 04:41 PM 07:13 PM 09:45 PM
General	Montage of the channel	English	01:34 AM 04:06 AM 06:38 AM 09:10 AM 11:42 AM 02:14 PM 04:46 PM 07:18 PM 09:50 PM
General	General Information & Time Table	English	01:34 AM 04:06 AM 06:38 AM 09:10 AM 11:43 AM 02:15 PM 04:47 PM 07:19 PM 09:51 PM
General	Gender Equality	English	01:35 AM 04:07 AM 06:39 AM 09:11 AM 11:43 AM 02:15 PM 04:48 PM 07:20 PM 09:52 PM
General	Catfishing Fraud	English	01:42 AM 04:14 AM 06:46 AM 09:18 AM 11:51 AM 02:23 PM 04:55 PM 07:27 PM 09:59 PM
General English	Episode 7 Making Requests 1	English	01:43 AM 04:15 AM 06:47 AM 09:20 AM 11:52 AM 02:24 PM 04:56 PM 07:28 PM 10:00 PM
General Awareness	Arpan-Personal safety	English	01:54 AM 04:26 AM 06:59 AM 09:31 AM 12:03 PM 02:35 PM 05:07 PM 07:39 PM 10:11 PM
General	हिंदी शब्दकोष	हिन्दी	02:09 AM 04:41 AM 07:13 AM 09:45 AM 12:17 PM 02:49 PM 05:21 PM 07:53 PM 10:25 PM
General	Safety & Security	English	02:26 AM 04:58 AM 07:30 AM 10:02 AM 12:34 PM 03:06 PM 05:38 PM 08:11 PM 10:43 PM
बुधवार, 31 जुलाई 2024 Wednesday, 31 July 2024			
General	Montage of the channel	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM



General	General Information & Time Table	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
General Awareness	क्यों और कैसे	हिन्दी	12:01 AM 02:31 AM 05:02 AM 07:32 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:34 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:59 PM
General	Emotional well being and mental health	English	12:26 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
General	Online Game Fraud	English	12:31 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
General Awareness	Air Pollution	English	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:15 PM 03:46 PM 06:16 PM 08:47 PM 11:17 PM
General	Ardha Chakrasana	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
General Awareness	Arpan-Personal safety	English	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
General	General Information & Time Table	English	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:58 PM
Health, Physical Education/Yoga/ Sports	Discus Throw	English	01:25 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:58 PM 04:28 PM 06:58 PM 09:29 PM 11:59 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:43 AM 04:13 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:53 PM



General	I will bring glory to my Nation	English	01:56 AM 04:26 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General	आज़ादी की अमृत कहानियाँ (तन्वी जगदीश- सागर)	हिन्दी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
Vocational Videos	गृह सज्जा हेतु पौधे	हिन्दी	02:03 AM 04:34 AM 07:04 AM 09:34 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:07 PM
General	अर्ध चक्रासन	हिन्दी	02:27 AM 04:57 AM 07:28 AM 09:58 AM 12:29 PM 02:59 PM 05:30 PM 08:00 PM 10:30 PM
General	Montage of the channel	English	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi/english	02:29 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM

