

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 8

### कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #30



8800440559



Jio TV



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Dish TV Channel #2029

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

**जनवरी 2024**
**January 2024**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 जनवरी 2024 Monday, 01 January 2024			
Art, Music, Dance	Nature in Dance Movements	Hindi/ English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Science	पाठ-8 कोशिका - संरचना एवं प्रकार्य	Hindi	12:15 AM    02:45 AM    05:15 AM    07:45 AM    10:15 AM    12:45 PM    03:15 PM    05:45 PM    08:15 PM    10:45 PM
Geography	पाठ 5: उद्योग, भाग-1	Hindi	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
English It So Happened	Chapter-1 How the Camel got his hump	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
Thunderstorm and Lighting	Thunderstorm and Lighting	English	01:18 AM    03:48 AM    06:18 AM    08:48 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:18 PM    11:48 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिन्दी	01:19 AM    03:49 AM    06:19 AM    08:49 AM    11:19 AM    01:49 PM    04:19 PM    06:49 PM    09:19 PM    11:49 PM
Mathematics	Chapter-2, Linear Equations in One Variable	English	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:20 AM    01:50 PM    04:20 PM    06:50 PM    09:20 PM    11:50 PM



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Vocational Video	Identification of trees	English/hindi	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
Art, Music, Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English/hindi	01:51 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
General	आओ सैर करें - नालंदा	Hindi	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
General	Air pollution - I	English	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
<b>मंगलवार, 02 जनवरी 2024</b> <b>Tuesday, 02 January 2024</b>			
Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 1	Hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:28 PM    07:58 PM    10:28 PM
General	Air pollution - II	English	12:30 AM    03:00 AM    05:30 AM    08:00 AM    10:30 AM    01:00 PM    03:29 PM    05:59 PM    08:29 PM    10:59 PM
Hindi	दूर्वा पाठ-17: वह सुबह कभी तो आएगी	Hindi	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:24 PM    03:54 PM    06:24 PM    08:54 PM    11:24 PM
Geography	Chapter-1: Resources, Part-3 (Conservation of Resources)	English	01:15 AM    03:45 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:14 PM    06:44 PM    09:14 PM    11:43 PM
General	Azadi ki Amrit Kahaniyan: (Poonam Nautiyal: Jeevan)	English	01:24 AM    03:54 AM    06:24 AM    08:54 AM    11:24 AM    01:54 PM    04:24 PM    06:53 PM    09:23 PM    11:53 PM
General	What is Science?	English	01:27 AM    03:57 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:55 PM



Science	Chapter 5- Coal And Petroleum	English	01:45 AM    04:15 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Vocational Video	Hand tools	English/hindi	02:03 AM    04:33 AM    07:03 AM    09:32 AM    12:02 PM    02:32 PM    05:02 PM    07:32 PM    10:02 PM
Art, Music, Dance	Nature in Dance Movements	Hindi/English	02:18 AM    04:48 AM    07:18 AM    09:48 AM    12:18 PM    02:47 PM    05:17 PM    07:47 PM    10:17 PM
Art, Music, Dance	Navras DEAA Dance Emotions	Hindi/English	02:26 AM    04:55 AM    07:25 AM    09:55 AM    12:25 PM    02:55 PM    05:25 PM    07:54 PM    10:24 PM
<b>बुधवार, 03 जनवरी 2024</b> <b>Wednesday, 03 January 2024</b>			
Science	पाठ-8 कोशिका - संरचना एवं प्रकार्य	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
General	What is Science?	English	12:25 AM    02:55 AM    05:25 AM    07:56 AM    10:26 AM    12:57 PM    03:27 PM    05:57 PM    08:28 PM    10:58 PM
Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:43 AM    03:13 AM    05:43 AM    08:14 AM    10:44 AM    01:15 PM    03:45 PM    06:16 PM    08:46 PM    11:16 PM
History	Ch-8: Women, Caste and Reform, Part 2	English	12:59 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:02 PM    06:32 PM    09:03 PM    11:33 PM
Story Telling	Story Telling: Meena - 1 Count your Chicken	Hindi	01:16 AM    03:46 AM    06:17 AM    08:47 AM    11:18 AM    01:48 PM    04:18 PM    06:49 PM    09:19 PM    11:50 PM
Mathematics	Chapter-2, Linear Equations in One Variable	English	01:30 AM    04:00 AM    06:30 AM    09:01 AM    11:31 AM    02:02 PM    04:32 PM    07:02 PM    09:33 PM



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General	आओ सैर करें - मणिपुर	Hindi	01:50 AM    04:21 AM    06:51 AM    09:22 AM    11:52 AM    02:22 PM    04:53 PM    07:23 PM    09:54 PM
सामान्य	आजादी की अमृत कहानियां (तन्वी जगदीश- सागर )	हिन्दी	01:56 AM    04:27 AM    06:57 AM    09:28 AM    11:58 AM    02:28 PM    04:59 PM    07:29 PM    10:00 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	01:59 AM    04:29 AM    07:00 AM    09:30 AM    12:00 PM    02:31 PM    05:01 PM    07:32 PM    10:02 PM
General	आओ सैर करें - शिमला	Hindi	02:00 AM    04:30 AM    07:01 AM    09:31 AM    12:01 PM    02:32 PM    05:02 PM    07:33 PM    10:03 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:38 PM    05:08 PM    07:38 PM    10:09 PM
<b>बृहस्पतिवार, 04 जनवरी 2024</b> <b>Thursday, 04 January 2024</b>			
Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 1	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
History	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-2	Hindi	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM 
English It So Happened	Chapter-1 How the Camel got his hump	English	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:56 AM    01:26 PM    03:56 PM    06:26 PM    08:57 PM    11:27 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:14 AM    03:44 AM    06:15 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Art/Craft	Origami (Kaga3 Kala)-5	Hindi	01:15 AM    03:45 AM    06:15 AM    08:45 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:16 PM    11:47 PM
Story Telling	Story Telling: Meena - 3 Saving the life	Hindi	01:24 AM    03:54 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM



			04:25 PM    06:56 PM    09:26 PM    11:56 PM
Science	Chapter 5- Coal And Petroleum	English	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:56 AM    04:26 AM    06:56 AM    09:26 AM    11:57 AM    02:27 PM    04:57 PM    07:27 PM    09:58 PM
<b>शुक्रवार, 05 जनवरी 2024</b> <b>Friday, 05 January 2024</b>			
Science	पाठ-8 कोशिका - संरचना एवं प्रकार्य	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	E-Waste Management: Block 5	English	12:25 AM    02:55 AM    05:25 AM    07:55 AM    10:25 AM    12:55 PM    03:25 PM    05:55 PM    08:25 PM    10:55 PM
Hindi	पाठ 3: बस की यात्रा	Hindi	12:46 AM    03:16 AM    05:46 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:47 PM    11:17 PM
Political Science	Chapter-9: Public Facilities	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    09:00 PM    11:30 PM
Story Telling	Story Telling: Meena - 4 Who is afraid of Bully	Hindi	01:18 AM    03:48 AM    06:18 AM    08:48 AM    11:18 AM    01:49 PM    04:19 PM    06:49 PM    09:19 PM    11:49 PM
Art/Craft	Why Seasons Happen	English	01:30 AM    04:00 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
Story Telling	Story Telling: Meena - 5	Hindi	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Mathematics	Chapter-2, Linear Equations in One Variable	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:47 PM



Story Telling	बुद्धिर्यस्य बलमतस्य	Hindi	02:07 AM    04:37 AM    07:07 AM    09:37 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:07 PM
Vocational Video	Ten plants for home decoration	English/hindi	02:16 AM    04:46 AM    07:16 AM    09:46 AM    12:16 PM    02:46 PM    05:17 PM    07:47 PM    10:17 PM
<b>शनिवार, 06 जनवरी 2024</b> <b>Saturday, 06 January 2024</b>			
Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 1	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	E-Waste Management: Block 4.2	English	12:30 AM    03:00 AM    05:30 AM    08:00 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:42 AM    03:12 AM    05:42 AM    08:12 AM    10:43 AM    01:13 PM    03:43 PM    06:13 PM    08:43 PM    11:13 PM
Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Tripura	Hindi/ English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:30 PM
Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: West Bengal	Hindi/ English	01:05 AM    03:35 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Geography	Chapter-1: Resources, Part-3 (Conservation of Resources)	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
General	E-Waste Management: Block 3	English	01:21 AM    03:51 AM    06:22 AM    08:52 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
General	E-Waste Management: Block 4.1	English	01:39 AM    04:10 AM    06:40 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM



Science	Chapter 5- Coal And Petroleum	English	01:55 AM    04:25 AM    06:55 AM    09:25 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:55 PM
सामान्य	आजादी की अमृत कहानियां (बसंती देवी - जल )	हिन्दी	02:13 AM    04:43 AM    07:13 AM    09:43 AM    12:13 PM    02:43 PM    05:13 PM    07:43 PM    10:13 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	हिन्दी	02:15 AM    04:45 AM    07:15 AM    09:45 AM    12:16 PM    02:46 PM    05:16 PM    07:46 PM    10:16 PM
General	आओ सैर करें - मिस्र	Hindi	02:16 AM    04:46 AM    07:16 AM    09:46 AM    12:16 PM    02:46 PM    05:16 PM    07:46 PM    10:16 PM
General	Azadi ki Amrit Kahaniyan:(Basanti Devi :Jal)	English	02:19 AM    04:49 AM    07:19 AM    09:49 AM    12:19 PM    02:50 PM    05:20 PM    07:50 PM    10:20 PM
सामान्य	आजादी की अमृत कहानियां (हर्षिणी कान्हेकर - अग्नि )	हिन्दी	02:21 AM    04:52 AM    07:22 AM    09:52 AM    12:22 PM    02:52 PM    05:22 PM    07:52 PM    10:22 PM
Vocational Video	Preparing ORS at Home	English/hindi	02:24 AM    04:54 AM    07:24 AM    09:54 AM    12:24 PM    02:54 PM    05:24 PM    07:54 PM    10:24 PM
<b>रविवार, 07 जनवरी 2024</b> <b>Sunday, 07 January 2024</b>			
Story Telling	A Sunrise at Ganga Sagar	Hindi/English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:22 AM    02:53 AM    05:23 AM    07:53 AM    10:23 AM    12:53 PM    03:23 PM    05:53 PM    08:23 PM    10:53 PM
Physical Education	योग - पद्मासन	Hindi	12:39 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
Political Science	पाठ-8: हाशियाकरण से निपटना	Hindi	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM





			03:56 PM    06:26 PM    08:56 PM    11:26 PM
Mathematics	Maths Activity: String	English	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
Art, Music, Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English/hindi	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
History	Ch-8: Women, Caste and Reform, Part 2	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
General	जादुई किताब	Hindi	01:58 AM    04:28 AM    06:59 AM    09:29 AM    11:59 AM    02:29 PM    04:59 PM    07:29 PM    09:59 PM
Vocational Video	Hand tools	English/hindi	02:14 AM    04:44 AM    07:14 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
<b>सोमवार, 08 जनवरी 2024</b> <b>Monday, 08 January 2024</b>			
Science	पाठ-9 जंतुओं में जनन	Hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:33 PM    03:04 PM    05:35 PM    08:06 PM    10:37 PM
Geography	पाठ 5: उद्योग, भाग-2	Hindi	12:22 AM    02:53 AM    05:24 AM    07:55 AM    10:26 AM    12:56 PM    03:27 PM    05:58 PM    08:29 PM    11:00 PM
English It So Happened	Chapter-3 The Selfish Giant	English	12:44 AM    03:14 AM    05:45 AM    08:16 AM    10:47 AM    01:18 PM    03:48 PM    06:19 PM    08:50 PM    11:21 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	01:17 AM    03:47 AM    06:18 AM    08:49 AM    11:20 AM    01:50 PM    04:21 PM    06:52 PM    09:23 PM    11:54 PM
General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	01:35 AM    04:05 AM    06:36 AM    09:07 AM    11:38 AM    02:09 PM    04:39 PM    07:10 PM    09:41 PM



General	E-Waste Management: Block 3	English	01:47 AM    04:17 AM    06:48 AM    09:19 AM    11:50 AM    02:20 PM    04:51 PM    07:22 PM    09:53 PM
General	E-Waste Management: Block 4.1	English	02:05 AM    04:35 AM    07:06 AM    09:37 AM    12:08 PM    02:38 PM    05:09 PM    07:40 PM    10:11 PM
Vocational Video	Identification of trees	English/hindi	02:20 AM    04:51 AM    07:21 AM    09:52 AM    12:23 PM    02:54 PM    05:25 PM    07:55 PM    10:26 PM
<b>मंगलवार, 09 जनवरी 2024</b> <b>Tuesday, 09 January 2024</b>			
Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 2	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:01 PM    10:31 PM
Hindi	दूर्वा पाठ-02:दो गौरैया	Hindi	12:36 AM    03:06 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
Art, Music, Dance	Nature in Dance Movements	Hindi/English	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:08 PM    11:38 PM
Geography	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 2	English	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:45 PM    04:15 PM    06:45 PM    09:15 PM    11:45 PM
Cold Wave	Clod Wave - Preparation	हिन्दी	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:33 PM    07:03 PM    09:33 PM
General Awareness Programme	Personal Safety	English	01:33 AM    04:03 AM    06:33 AM    09:03 AM    11:34 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Science	Chapter 6- Combustion And Flame	English	01:47 AM    04:17 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:18 PM    09:48 PM



Vocational Video	Hand tools	English/hindi	02:14 AM    04:45 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:16 PM
<b>बुधवार, 10 जनवरी 2024</b> <b>Wednesday, 10 January 2024</b>			
Science	पाठ-9 जंतुओं में जनन	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
General Awareness	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	Hindi	12:27 AM    02:58 AM    05:28 AM    07:58 AM    10:28 AM    12:58 PM    03:28 PM    05:59 PM    08:29 PM    10:59 PM
Sanskrit	पाठ 1: सुभाषितानि, भाग 3	Sanskrit/hindi	12:33 AM    03:03 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:05 PM
History	Chapter-8: Women, Caste and Reform, Part 3	English	12:58 AM    03:28 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    09:00 PM    11:30 PM
Art, Music, Dance	Kala Utsav - 2022 -Dance Folk(Girl)Tripura	English/hindi	01:21 AM    03:51 AM    06:21 AM    08:52 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	01:25 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:27 PM    11:57 PM
EVS	SOIL POLLUTION	English	01:43 AM    04:14 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:45 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM    04:35 AM    07:06 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
<b>बृहस्पतिवार, 11 जनवरी 2024</b> <b>Thursday, 11 January 2024</b>			



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Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 2	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
Art, Music, Dance	Nature in Dance Movements	Hindi/English	12:36 AM    03:07 AM    05:37 AM    08:08 AM    10:38 AM    01:08 PM    03:39 PM    06:09 PM    08:40 PM    11:10 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	12:44 AM    03:14 AM    05:44 AM    08:15 AM    10:45 AM    01:16 PM    03:46 PM    06:17 PM    08:47 PM    11:17 PM
History	पाठ 6: बुनकर; लोहा बनाने वाले और फैक्ट्री मालिक	Hindi	12:44 AM    03:15 AM    05:45 AM    08:16 AM    10:46 AM    01:17 PM    03:47 PM    06:17 PM    08:48 PM    11:18 PM
English It So Happened	Chapter-3 The Selfish Giant	English	01:15 AM    03:45 AM    06:16 AM    08:46 AM    11:16 AM    01:47 PM    04:17 PM    06:48 PM    09:18 PM    11:48 PM
Science	Chapter 6- Combustion And Flame	English	01:48 AM    04:18 AM    06:48 AM    09:19 AM    11:49 AM    02:20 PM    04:50 PM    07:21 PM    09:51 PM
Vocational Video	Hand tools	English/hindi	02:15 AM    04:45 AM    07:16 AM    09:46 AM    12:16 PM    02:47 PM    05:17 PM    07:48 PM    10:18 PM
शुक्रवार, 12 जनवरी 2024 Friday, 12 January 2024			
Science	पाठ-9 जंतुओं में जनन	Hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
Hindi	पाठ 4: दीवानों की हस्ती	Hindi	12:22 AM    02:52 AM    05:22 AM    07:52 AM    10:22 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
EVS	AIR CONVERSATION	English	12:42 AM    03:12 AM    05:42 AM    08:12 AM    10:42 AM    01:12 PM



			03:42 PM    06:12 PM    08:42 PM    11:12 PM
EVS	CLIMATE CHANGE	English	01:03 AM    03:33 AM    06:03 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
Political Science	Chapter -10 Law and Social Justice	English	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:55 PM    04:25 PM    06:55 PM    09:25 PM    11:55 PM
General Awareness Programme	ज़रा सोचिये	Hindi/English	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:46 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	01:51 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Tripura	Hindi/English	02:09 AM    04:39 AM    07:09 AM    09:39 AM    12:09 PM    02:39 PM    05:09 PM    07:39 PM    10:09 PM
Vocational Video	Ten plants for home decoration	English/hindi	02:16 AM    04:46 AM    07:16 AM    09:46 AM    12:16 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
<b>शनिवार, 13 जनवरी 2024</b> <b>Saturday, 13 January 2024</b>			
Mathematics	पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 2	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Sanskrit	पाठ 1: सुभाषितानि, भाग 3	Sanskrit/hindi	12:36 AM    03:06 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:08 PM    08:38 PM    11:08 PM
Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Himachal Pradesh	Hindi/English	01:01 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM



Geography	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 2	English	01:07 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	हिन्दी	01:25 AM    03:55 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:57 PM    09:27 PM    11:57 PM
Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:27 AM    01:57 PM    04:27 PM    06:57 PM    09:27 PM    11:58 PM
Science	Chapter 6- Combustion And Flame	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
General Awareness Programme	Life cycle of a Plant	Hindi	02:08 AM    04:38 AM    07:08 AM    09:38 AM    12:08 PM    02:39 PM    05:09 PM    07:39 PM    10:09 PM
Vocational Video	Preparing ORS at Home	English/hindi	02:24 AM    04:54 AM    07:24 AM    09:55 AM    12:25 PM    02:55 PM    05:25 PM    07:55 PM    10:26 PM
<b>रविवार, 14 जनवरी 2024</b> <b>Sunday, 14 January 2024</b>			
Physical Education	चक्रासन	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
Art, Music, Dance	Kala Utsav - 2022 -Dance Folk(Boy)Tamil Nadu	English/hindi	12:20 AM    02:50 AM    05:20 AM    07:51 AM    10:21 AM    12:51 PM    03:22 PM    05:52 PM    08:22 PM    10:53 PM
Political Science	पाठ-9 जनसुविधाएँ	Hindi	12:26 AM    02:56 AM    05:26 AM    07:57 AM    10:27 AM    12:57 PM    03:28 PM    05:58 PM    08:28 PM    10:59 PM
General	E-Waste Management: Block 5	English	12:50 AM    03:20 AM    05:51 AM    08:21 AM    10:51 AM    01:22 PM



			03:52 PM    06:22 PM    08:52 PM    11:23 PM
Mathematics	Maths Activity: 12 Piece Paper Flexagon	English	01:11 AM    03:42 AM    06:12 AM    08:42 AM    11:13 AM    01:43 PM    04:13 PM    06:44 PM    09:14 PM    11:44 PM
History	Chapter-8: Women, Caste and Reform, Part 3	English	01:18 AM    03:49 AM    06:19 AM    08:49 AM    11:20 AM    01:50 PM    04:20 PM    06:51 PM    09:21 PM    11:51 PM
General	Gender Equality	Hindi	01:41 AM    04:12 AM    06:42 AM    09:12 AM    11:43 AM    02:13 PM    04:43 PM    07:13 PM    09:44 PM
General	Gender Equality	English	01:49 AM    04:19 AM    06:49 AM    09:20 AM    11:50 AM    02:20 PM    04:51 PM    07:21 PM    09:51 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:56 AM    04:26 AM    06:56 AM    09:27 AM    11:57 AM    02:27 PM    04:58 PM    07:28 PM    09:58 PM
<b>सोमवार, 15 जनवरी 2024</b> <b>Monday, 15 January 2024</b>			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	हिन्दी	12:25 AM    02:56 AM    05:26 AM    07:57 AM    10:27 AM    12:58 PM    03:28 PM    05:59 PM    08:29 PM    11:00 PM
Art and Craft	Toys from Trash: Face Fraud	Hindi	12:26 AM    02:57 AM    05:27 AM    07:58 AM    10:28 AM    12:59 PM    03:29 PM    06:00 PM    08:30 PM    11:01 PM
Geography	पाठ 6: मानव संसाधन	Hindi	12:28 AM    02:59 AM    05:29 AM    07:59 AM    10:30 AM    01:00 PM    03:31 PM    06:01 PM    08:32 PM    11:02 PM



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EVS	Wild life Conservation	English	12:53 AM    03:24 AM    05:54 AM    08:25 AM    10:55 AM    01:26 PM    03:56 PM    06:27 PM    08:57 PM    11:27 PM
Story Telling	Story Telling: Meena - 6 too young to Marry	Hindi	01:14 AM    03:45 AM    06:15 AM    08:46 AM    11:16 AM    01:47 PM    04:17 PM    06:48 PM    09:18 PM    11:48 PM
English It So Happened	Chapter-5 Princess September	English	01:28 AM    03:58 AM    06:29 AM    08:59 AM    11:29 AM    02:00 PM    04:30 PM    07:01 PM    09:31 PM
Story Telling	Story Telling: Meena - 7 Say not to dowry	Hindi	01:44 AM    04:15 AM    06:45 AM    09:16 AM    11:46 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	01:57 AM    04:28 AM    06:58 AM    09:29 AM    11:59 AM    02:30 PM    05:00 PM    07:31 PM    10:01 PM
Vocational Video	Identification of trees	English/hindi	02:20 AM    04:50 AM    07:21 AM    09:51 AM    12:21 PM    02:52 PM    05:22 PM    07:53 PM    10:23 PM
मंगलवार, 16 जनवरी 2024 Tuesday, 16 January 2024			
Mathematics	पाठ-10: ठोस आकारों का चित्रण	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
Hindi	दूर्वा पाठ-04:ओस	Hindi	12:25 AM    02:56 AM    05:26 AM    07:56 AM    10:26 AM    12:57 PM    03:27 PM    05:57 PM    08:28 PM    10:58 PM
Story Telling	Story Telling: Meena - 10 Take care of Girl	Hindi	12:41 AM    03:11 AM    05:42 AM    08:12 AM    10:42 AM    01:13 PM    03:43 PM    06:13 PM    08:43 PM    11:14 PM
Geography	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 3	English	12:53 AM    03:24 AM    05:54 AM    08:24 AM    10:54 AM    01:25 PM    03:55 PM    06:25 PM    08:56 PM    11:26 PM





Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	हिन्दी	01:05 AM    03:35 AM    06:05 AM    08:36 AM    11:06 AM    01:36 PM    04:07 PM    06:37 PM    09:07 PM    11:38 PM
Story Telling	A Sunrise at Ganga Sagar	Hindi/ English	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:07 AM    01:37 PM    04:07 PM    06:38 PM    09:08 PM    11:38 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:20 AM    03:51 AM    06:21 AM    08:51 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:23 PM    11:53 PM
EVS	AIR CONVERSATION	English	01:36 AM    04:06 AM    06:37 AM    09:07 AM    11:37 AM    02:08 PM    04:38 PM    07:08 PM    09:39 PM
Story Telling	Story Telling: Meena - 8 Meena's three wishes	Hindi	01:56 AM    04:27 AM    06:57 AM    09:27 AM    11:58 AM    02:28 PM    04:58 PM    07:29 PM    09:59 PM
Vocational Video	Hand tools	English/hind i	02:15 AM    04:45 AM    07:15 AM    09:46 AM    12:16 PM    02:46 PM    05:16 PM    07:47 PM    10:17 PM
<b>बुधवार, 17 जनवरी 2024</b> <b>Wednesday, 17 January 2024</b>			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
EVS	Water Pollution	English	12:25 AM    02:56 AM    05:26 AM    07:57 AM    10:27 AM    12:58 PM    03:28 PM    05:58 PM    08:29 PM    10:59 PM
Sanskrit	पाठ 3: डिजीभारतम्	Sanskrit/ hindi	12:50 AM    03:20 AM    05:50 AM    08:21 AM    10:51 AM    01:22 PM    03:52 PM    06:22 PM    08:53 PM    11:23 PM
General	Health and Sanitisation	English	01:16 AM    03:47 AM    06:17 AM    08:47 AM    11:18 AM    01:48 PM    04:19



			PM    06:49 PM    09:19 PM    11:50 PM 
History	Ch-9: The Making of the National Movement: 1870s-1947, Part 1	English	01:22 AM    03:53 AM    06:23 AM    08:54 AM    11:24 AM    01:55 PM    04:25 PM    06:55 PM    09:26 PM    11:56 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	01:38 AM    04:09 AM    06:39 AM    09:09 AM    11:40 AM    02:10 PM    04:41 PM    07:11 PM    09:42 PM
Art, Music, Dance	Kala Utsav - 2022 -Dance- Classical(Girl)Delhi	English/hindi	02:00 AM    04:31 AM    07:01 AM    09:32 AM    12:02 PM    02:32 PM    05:03 PM    07:33 PM    10:04 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:38 PM    05:08 PM    07:38 PM    10:09 PM
<b>बृहस्पतिवार, 18 जनवरी 2024 Thursday, 18 January 2024</b>			
Mathematics	पाठ-10: ठोस आकारों का चित्रण	Hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
General Awareness Programme	Personal Safety	English	12:25 AM    02:55 AM    05:25 AM    07:55 AM    10:25 AM    12:55 PM    03:25 PM    05:55 PM    08:25 PM    10:55 PM
History	पाठ-7: देशी जनता को सभ्य बनाना राष्ट्र को शिक्षित करना	Hindi	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिन्दी	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
English It So Happened	Chapter-5 Princess September	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM



General	आओ सैर करें - सेवाग्राम	Hindi	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
General	Emotional Well-Being and Mental Health	English	01:33 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:08 PM    09:38 PM
Cold Wave	Clod Wave - Preparation	हिन्दी	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:55 AM    04:25 AM    06:55 AM    09:25 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:55 PM
<b>शुक्रवार, 19 जनवरी 2024</b> <b>Friday, 19 January 2024</b>			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
EVS	OUR ENVIRONMENT AND ENVIRONMENT LAWS	English	12:25 AM    02:55 AM    05:25 AM    07:55 AM    10:25 AM    12:55 PM    03:25 PM    05:55 PM    08:25 PM    10:55 PM
Hindi	पाठ 5: चिट्ठियों की अनूठी दुनिया	Hindi	12:48 AM    03:18 AM    05:48 AM    08:18 AM    10:48 AM    01:18 PM    03:48 PM    06:18 PM    08:48 PM    11:18 PM
Political Science	Unit-1, Chapter-1, The Indian Constitution, Part-1	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM



EVS	HUMAN RESOURCES AND POPULATION	English	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
Vocational Video	Ten plants for home decoration	English/hindi	02:16 AM    04:46 AM    07:16 AM    09:46 AM    12:16 PM    02:46 PM    05:16 PM    07:46 PM    10:15 PM
<b>शनिवार, 20 जनवरी 2024</b> <b>Saturday, 20 January 2024</b>			
Mathematics	पाठ-10: ठोस आकारों का चित्रण	Hindi	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:05 PM    10:35 PM
EVS	OUR NATURAL WORLD	English	12:25 AM    02:56 AM    05:27 AM    07:57 AM    10:28 AM    12:58 PM    03:29 PM    06:00 PM    08:30 PM    11:01 PM
Sanskrit	पाठ 3: डिजीभारतम्	Sanskrit/hindi	12:49 AM    03:20 AM    05:50 AM    08:21 AM    10:51 AM    01:22 PM    03:53 PM    06:23 PM    08:54 PM    11:25 PM
Geography	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 3	English	01:15 AM    03:46 AM    06:17 AM    08:47 AM    11:18 AM    01:49 PM    04:19 PM    06:50 PM    09:21 PM    11:51 PM
EVS	SOIL POLLUTION	English	01:27 AM    03:58 AM    06:28 AM    08:59 AM    11:30 AM    02:00 PM    04:31 PM    07:01 PM    09:32 PM
Avalanche	हिमस्खलन के संकेत	हिन्दी	01:49 AM    04:19 AM    06:50 AM    09:21 AM    11:51 AM    02:22 PM    04:53 PM    07:23 PM    09:54 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:51 AM    04:21 AM    06:52 AM    09:22 AM    11:53 AM    02:24 PM    04:54 PM    07:25 PM    09:56 PM
General	What is Science?	English	02:06 AM    04:37 AM    07:08 AM    09:38 AM    12:09 PM    02:39 PM    05:10 PM    07:41 PM    10:11 PM



Vocational Video	Preparing ORS at Home	English/hindi	02:24 AM    04:55 AM    07:26 AM    09:56 AM    12:27 PM    02:58 PM    05:28 PM    07:59 PM    10:29 PM
<b>रविवार, 21 जनवरी 2024</b> <b>Sunday, 21 January 2024</b>			
Physical Education	धनुरासन	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Art/Craft	Origami (Kaga3 Kala)-1	Hindi	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
Art/Craft	Origami (Kaga3 Kala)-2	Hindi	12:30 AM    03:00 AM    05:30 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
Political Science	पाठ-10 कानून और सामाजिक न्याय	Hindi	12:45 AM    03:15 AM    05:46 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM
Science	Activity 1- Combustion and Flame	English	01:15 AM    03:45 AM    06:15 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Art/Craft	Origami (Kaga3 Kala)-3	Hindi	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:21 PM    11:52 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM
History	Ch-9: The Making of the National Movement: 1870s-1947, Part 1	English	01:44 AM    04:14 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Art/Craft	Stick Transmission - How Force is Transmitted along Matchsticks	English	01:59 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
General	E-Waste Management: Block 5	English	02:01 AM    04:31 AM    07:01 AM    09:31 AM    12:02 PM    02:32 PM    05:02 PM    07:32 PM    10:02 PM



Vocational Video	Changing tap washer	English/hindi	02:23 AM    04:53 AM    07:23 AM    09:53 AM    12:23 PM    02:53 PM    05:23 PM    07:53 PM    10:23 PM
<b>सोमवार, 22 जनवरी 2024</b> <b>Monday, 22 January 2024</b>			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM
Story Telling	Story Telling: Meena - 3 Saving the life	Hindi	12:36 AM    03:06 AM    05:37 AM    08:07 AM    10:37 AM    01:08 PM    03:38 PM    06:08 PM    08:39 PM    11:09 PM
Geography	पाठ 1: संसाधन	Hindi	12:49 AM    03:20 AM    05:50 AM    08:20 AM    10:51 AM    01:21 PM    03:52 PM    06:22 PM    08:52 PM    11:23 PM
English It So Happened	Chapter-6 The Fight	English	01:11 AM    03:42 AM    06:12 AM    08:42 AM    11:13 AM    01:43 PM    04:14 PM    06:44 PM    09:14 PM    11:45 PM
General Awareness Programme	Dr. B.R. Ambedkar - Part 1	English/hindi	01:38 AM    04:08 AM    06:38 AM    09:09 AM    11:39 AM    02:09 PM    04:40 PM    07:10 PM    09:41 PM
Mathematics	Chapter-4, Practical Geometry	English	01:55 AM    04:25 AM    06:56 AM    09:26 AM    11:56 AM    02:27 PM    04:57 PM    07:27 PM    09:58 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	02:19 AM    04:49 AM    07:19 AM    09:50 AM    12:20 PM    02:50 PM    05:21 PM    07:51 PM    10:22 PM
Vocational Video	Identification of trees	English/hindi	02:19 AM    04:50 AM    07:20 AM    09:51 AM    12:21 PM    02:51 PM    05:22 PM    07:52 PM    10:22 PM
<b>मंगलवार, 23 जनवरी 2024</b> <b>Tuesday, 23 January 2024</b>			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM



			03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Programme	Plastic Bag Demon	English	12:30 AM    03:00 AM    05:30 AM    08:00 AM    10:30 AM    01:00 PM    03:30 PM    06:00 PM    08:30 PM    11:00 PM
Hindi	दूरवा पाठ 5: नाटक में नाटक	Hindi	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
Geography	Geography Map Video-Learning to read Map	English	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
General Awareness Programme	Dr. B.R. Ambedkar - Part 2	English/hindi	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:43 PM    09:13 PM    11:43 PM
General Awareness	Reproductive Health and HIV Prevention	English	01:36 AM    04:06 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Science	Chapter-8 Cell - Structure and Functions	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
Story Telling	Story Telling: Meena - 9 I love School	Hindi	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
Vocational Video	Hand tools	English/hindi	02:14 AM    04:44 AM    07:14 AM    09:44 AM    12:14 PM    02:44 PM    05:14 PM    07:44 PM    10:14 PM
बुधवार, 24 जनवरी 2024 Wednesday, 24 January 2024			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM



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General Awareness Programme	Jaliawallah Bagh- the struggle	English	12:36 AM    03:06 AM    05:36 AM    08:06 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	12:49 AM    03:19 AM    05:49 AM    08:19 AM    10:49 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Sanskrit	पाठ 4: सदैव पुरतो निधेहि चरणम्	Sanskrit/ hindi	12:52 AM    03:23 AM    05:53 AM    08:23 AM    10:53 AM    01:23 PM    03:53 PM    06:24 PM    08:54 PM    11:24 PM
General	Azadi ki Amrit Kahaniyan:(Basanti Devi :jal)	English	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
History	Ch-9: The Making of the National Movement: 1870s-1947, Part 2	English	01:23 AM    03:53 AM    06:24 AM    08:54 AM    11:24 AM    01:54 PM    04:24 PM    06:54 PM    09:25 PM    11:55 PM
General	आओ सैर करें - पोरबन्दर	Hindi	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Mathematics	Chapter-4, Practical Geometry	English	01:39 AM    04:09 AM    06:40 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:41 PM
सामान्य	आजादी की अमृत कहानियां (पूनम नौटियाल - जीवन )	हिन्दी	02:03 AM    04:33 AM    07:03 AM    09:33 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM    04:35 AM    07:06 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:07 PM
<b>बृहस्पतिवार, 25 जनवरी 2024</b> <b>Thursday, 25 January 2024</b>			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM





Story Telling	भूपति मयादस	Hindi	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:02 PM    03:32 PM    06:03 PM    08:33 PM    11:03 PM
History	पाठ-8: महिलाएं, जाति एवं सुधार	Hindi	12:39 AM    03:09 AM    05:40 AM    08:10 AM    10:40 AM    01:11 PM    03:41 PM    06:11 PM    08:42 PM    11:12 PM
सामान्य	आज़ादी की अमृत कहानियां (हर्षिणी कान्हेकर - अग्नि )	हिन्दी	01:04 AM    03:34 AM    06:05 AM    08:35 AM    11:05 AM    01:36 PM    04:06 PM    06:36 PM    09:07 PM    11:37 PM
English It So Happened	Chapter-6 The Fight	English	01:06 AM    03:37 AM    06:07 AM    08:37 AM    11:08 AM    01:38 PM    04:08 PM    06:39 PM    09:09 PM    11:39 PM
Science	Chapter-8 Cell - Structure and Functions	English	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
General	Azadi ki Amrit Kahaniyan: (Aarohi Pandit : Vayu)	English	01:51 AM    04:22 AM    06:52 AM    09:22 AM    11:53 AM    02:23 PM    04:53 PM    07:24 PM    09:54 PM
General	Azadi ki Amrit Kahaniyan: (Poonam Nautiyal: Jeevan)	English	01:53 AM    04:24 AM    06:54 AM    09:25 AM    11:55 AM    02:25 PM    04:56 PM    07:26 PM    09:56 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:56 AM    04:26 AM    06:56 AM    09:27 AM    11:57 AM    02:28 PM    04:58 PM    07:28 PM    09:59 PM
शुक्रवार, 26 जनवरी 2024 Friday, 26 January 2024			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM    02:28 AM    04:57 AM    07:26 AM    09:55 AM    12:24 PM    02:53 PM    05:22 PM    07:51 PM    10:20 PM
Art, Music, Dance	Navras DEAA Dance Emotions	Hindi/ English	12:29 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:54 PM    03:23 PM    05:52 PM    08:21 PM    10:50 PM



Hindi	पाठ 6: भगवान के डाकिए	Hindi	12:33 AM    03:02 AM    05:31 AM    08:00 AM    10:29 AM    12:58 PM    03:27 PM    05:56 PM    08:25 PM    10:54 PM
Political Science	Unit-1, Chapter-1, The Indian Constitution, Part-2	English	12:43 AM    03:12 AM    05:41 AM    08:10 AM    10:39 AM    01:08 PM    03:37 PM    06:06 PM    08:35 PM    11:04 PM
General Awareness Programme	Maulana Abul Kalam Azad (मौलाना अबुल कलाम आज़ाद)	Hindi	01:22 AM    03:51 AM    06:20 AM    08:49 AM    11:18 AM    01:47 PM    04:16 PM    06:45 PM    09:14 PM    11:43 PM
Mathematics	Chapter-4, Practical Geometry	English	01:51 AM    04:20 AM    06:49 AM    09:18 AM    11:47 AM    02:16 PM    04:45 PM    07:14 PM    09:43 PM
Vocational Video	Ten plants for home decoration	English/hindi	02:15 AM    04:44 AM    07:13 AM    09:42 AM    12:11 PM    02:40 PM    05:09 PM    07:38 PM    10:07 PM
<b>शनिवार, 27 जनवरी 2024</b> <b>Saturday, 27 January 2024</b>			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	Azadi ki Amrit Kahaniyan: (Anshu Jamsenpa :Parvat)	English	12:30 AM    03:00 AM    05:30 AM    08:00 AM    10:30 AM    01:00 PM    03:30 PM    06:00 PM    08:30 PM    11:00 PM
Sanskrit	पाठ 4: सदैव पुरतो निधेहि चरणम्	Sanskrit/hindi	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM



Geography	Geography Map Video- Learning to read Map	English	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:14 PM    06:44 PM    09:14 PM    11:44 PM
EVS	Wild life Conservation	English	01:22 AM    03:52 AM    06:22 AM    08:52 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
General	Parts of Flower	Hindi/ English	01:43 AM    04:13 AM    06:43 AM    09:13 AM    11:43 AM    02:13 PM    04:43 PM    07:13 PM    09:43 PM
Art/Craft	Why Seasons Happen	English	01:48 AM    04:18 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:18 PM    09:48 PM
Science	Chapter-8 Cell - Structure and Functions	English	01:51 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Art, Music, Dance	Nature in Dance Movements	Hindi/ English	02:10 AM    04:40 AM    07:10 AM    09:40 AM    12:10 PM    02:40 PM    05:10 PM    07:40 PM    10:10 PM
Art, Music, Dance	Kala Utsav - 2022 -Dance- Classical(Girl)Telangana	English/hind i	02:17 AM    04:47 AM    07:18 AM    09:48 AM    12:18 PM    02:48 PM    05:18 PM    07:48 PM    10:18 PM
Vocational Video	Preparing ORS at Home	English/hind i	02:24 AM    04:54 AM    07:24 AM    09:54 AM    12:24 PM    02:54 PM    05:24 PM    07:54 PM    10:24 PM
<b>रविवार, 28 जनवरी 2024</b> <b>Sunday, 28 January 2024</b>			
Physical Education	योग - त्रिकोणासन	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM 
General	Growing up Healthy	Hindi	12:24 AM    02:54 AM    05:25 AM    07:55 AM    10:25 AM    12:56 PM    03:26 PM    05:56 PM    08:27 PM    10:57 PM
General English	Episode 7 Making Requests 1	English	12:28 AM    02:59 AM    05:29 AM    07:59 AM    10:30 AM    01:00 PM



			03:30 PM    06:01 PM    08:31 PM    11:02 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	हिन्दी	12:39 AM    03:10 AM    05:40 AM    08:10 AM    10:41 AM    01:11 PM    03:42 PM    06:12 PM    08:42 PM    11:13 PM
General English	Episode 8 Making Requests 2	English	12:40 AM    03:10 AM    05:41 AM    08:11 AM    10:42 AM    01:12 PM    03:42 PM    06:13 PM    08:43 PM    11:13 PM
Political Science	पाठ 1: भारतीय संविधान	Hindi	12:48 AM    03:18 AM    05:49 AM    08:19 AM    10:49 AM    01:20 PM    03:50 PM    06:20 PM    08:51 PM    11:21 PM
EVS	SOIL POLLUTION	English	01:30 AM    04:00 AM    06:31 AM    09:01 AM    11:31 AM    02:02 PM    04:32 PM    07:03 PM    09:33 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	01:52 AM    04:22 AM    06:52 AM    09:23 AM    11:53 AM    02:24 PM    04:54 PM    07:24 PM    09:55 PM
History	Ch-9: The Making of the National Movement: 1870s-1947, Part 2	English	01:53 AM    04:23 AM    06:53 AM    09:24 AM    11:54 AM    02:25 PM    04:55 PM    07:25 PM    09:56 PM
EVS	DISASTER MANAGEMENT	English	02:04 AM    04:34 AM    07:05 AM    09:35 AM    12:06 PM    02:36 PM    05:06 PM    07:37 PM    10:07 PM
Vocational Video	Changing tap washer	English/hindi	02:23 AM    04:53 AM    07:24 AM    09:54 AM    12:24 PM    02:55 PM    05:25 PM    07:56 PM    10:26 PM
<b>सोमवार, 29 जनवरी 2024</b> <b>Monday, 29 January 2024</b>			
Science	पाठ-12 घर्षण	Hindi	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:34 PM
Geography	पाठ 2: भूमि; मृदा; जल; प्राकृतिक वनस्पति और वन्य जीवन संसाधन	Hindi	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:32 AM    01:02 PM



			03:33 PM    06:03 PM    08:34 PM    11:05 PM
EVS	Water Pollution	English	12:58 AM    03:29 AM    05:59 AM    08:30 AM    11:00 AM    01:31 PM    04:01 PM    06:32 PM    09:02 PM    11:33 PM
English It So Happened	Chapter-7 The Open Window	English	01:22 AM    03:53 AM    06:23 AM    08:54 AM    11:24 AM    01:55 PM    04:25 PM    06:56 PM    09:26 PM    11:57 PM
General English	Episode 1 Greeting a Friend	English	01:35 AM    04:06 AM    06:36 AM    09:07 AM    11:37 AM    02:08 PM    04:38 PM    07:09 PM    09:39 PM
Mathematics	Chapter 5- Data Handling	English	01:43 AM    04:14 AM    06:44 AM    09:15 AM    11:45 AM    02:16 PM    04:46 PM    07:17 PM    09:48 PM
General	Safe Use of Internet	Hindi	02:08 AM    04:38 AM    07:09 AM    09:39 AM    12:10 PM    02:40 PM    05:11 PM    07:41 PM    10:12 PM
General	Safe Use of Internet	English	02:14 AM    04:44 AM    07:15 AM    09:45 AM    12:16 PM    02:46 PM    05:17 PM    07:47 PM    10:18 PM
Vocational Video	Identification of trees	English/hindi	02:20 AM    04:50 AM    07:21 AM    09:51 AM    12:22 PM    02:52 PM    05:23 PM    07:53 PM    10:24 PM
<b>मंगलवार, 30 जनवरी 2024</b> <b>Tuesday, 30 January 2024</b>			
General Awareness Programme	Petrol Pump	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:01 PM    10:31 PM
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:21 AM    02:51 AM    05:21 AM    07:51 AM    10:22 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
General	आओ सैर करें - राजघाट	Hindi	12:46 AM    03:17 AM    05:47 AM    08:17 AM    10:47 AM    01:17 PM    03:47 PM    06:17 PM    08:48 PM    11:18 PM



General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Hindi	दूर्वा पाठ-6: सागर यात्रा	Hindi	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
General	सरदार वल्लभ भाई पटेल	Hindi	01:35 AM    04:05 AM    06:35 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Geography	Geography Map Video- Scale of a Map	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:39 PM    07:09 PM    09:40 PM
General Awareness Programme	Migratory Birds	English	01:48 AM    04:18 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:19 PM    09:49 PM
General	आओ सैर करें - सेवाग्राम	Hindi	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Science	Chapter-9 Reproduction In Animals	English	01:59 AM    04:29 AM    06:59 AM    09:29 AM    11:59 AM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
Vocational Video	Hand tools	English/hindi	02:14 AM    04:45 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:16 PM
<b>बुधवार, 31 जनवरी 2024</b> <b>Wednesday, 31 January 2024</b>			
Science	पाठ-12 घर्षण	Hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    03:02 PM    05:32 PM    08:03 PM    10:33 PM    12:32 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:37 PM    05:08 PM    07:38 PM    10:09 PM



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History	Ch-9: The Making of the National Movement: 1870s - 1947, Part 3	English	03:40 AM    11:43 PM    09:13 PM    06:42 PM    04:12 PM    11:11 AM    08:41 AM    06:10 AM    01:10 AM    01:42 PM
General	E-Waste Management: Film 1	English	06:59 AM    10:01 PM    07:31 PM    05:00 PM    02:30 PM    12:00 PM    09:29 AM    04:28 AM    01:58 AM
Mathematics	Chapter 5- Data Handling	English	11:35 AM    09:37 PM    07:06 PM    04:36 PM    02:06 PM    09:05 AM    06:34 AM    04:04 AM    01:34 AM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान वरिष्ठ नागरिक क्या करें - क्या ना करें	हिन्दी	01:02 PM    11:03 PM    08:33 PM    06:03 PM    03:32 PM    10:31 AM    08:01 AM    05:31 AM    03:00 AM    12:30 AM
Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	01:03 PM    11:04 PM    08:34 PM    06:03 PM    03:33 PM    10:32 AM    08:02 AM    05:31 AM    03:01 AM    12:31 AM
Sanskrit	पाठ 5: कण्टकेनैव कण्टकम्	Sanskrit	01:17 PM    11:19 PM    08:49 PM    06:18 PM    03:48 PM    10:47 AM    08:17 AM    05:46 AM    03:16 AM    12:45 AM

